

# Reducing Coagulation Test Usage in a Primary Medicine Setting

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## Introduction

Family medicine is a primary care medical speciality that provides ongoing and comprehensive health care to individuals and families of various ages, genders, diseases, and body parts. A family physician is a specialist who is usually a primary care physician. It's commonly referred to as general practice, and a general practitioner is a practitioner who specialises in general practice. Historically, every doctor who graduated from a medical school and worked in the community used to fill this job. Since the 1950s, however, family medicine / general practice has evolved into a distinct speciality with unique training requirements adapted to each country. The titles of the specialties reflect their holistic character and/or their familial heritage.

A variety of acute, chronic, and preventative medical services are provided by family physicians. They provide preventative treatment, such as routine checks, health-risk assessments, immunisation and screening tests, and individualised counselling on how to live a healthy lifestyle, in addition to diagnosing and treating sickness. Chronic illness is also managed by family physicians, which frequently coordinate care with various subspecialists. Many family physicians in the United States deliver infants and provide prenatal care. In the United States, family physicians see more patients with back pain than any other type of physician, including orthopedists and neurosurgeons [1].

As an integrative entity, family medicine is constantly being developed, researched, and taught. While family practice adheres to the general practice tradition, it differs significantly from it. Family practice residencies arose in response to a perceived need for well-trained generalists among the general population, medical profession, and government. Family practice residents undergo intensive training in comprehensive and continuous outpatient medicine for people of all ages, in addition to broad hospital training. Family practice involves strict continuing medical education, board certification, and board recertification requirements every seven years. The first practice to require recertification was family practice [2].

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common. Family physicians, on the other hand, limit their practise to office visits and coordinate complete treatment for their patients in a multispecialty group [3].

## Description

In the heart of Toronto, the Department of Family and Community Medicine (DFCM) at SMH operates as an academic family practise. Using a family health team paradigm, a multidisciplinary team offers thorough primary care. The department has a hospital location as well as five clinic locations around the neighbourhood. All age groups are represented among the locations' more than 48,000 patients, of whom 16% are 65 years of age or older and 55% are older than 40. Patients make up 52 percent of the population. Over 30% of people identify as being in the quintile with the lowest income. Patients on a roster make their own appointments with their primary care physician (or nurse practitioner) or another member of the family health team. There were more than 90,000 doctors and nurse practitioners in 2019 [4].

A variety of acute and chronic medical disorders are treated in patients. The family practise clinical teams are strongly motivated to increase the quality of care, academically successful, and well-organized. In order to reduce the frequency of unwarranted coagulation tests in the outpatient context, the DFCM was an excellent target to examine the usage of a BAT. In the SMH family practise context, we predicted that multimodal, sequential, iterative quality improvement interventions would reduce the frequency of coagulation orders by more than 50% and successfully direct referrals for bleeding disorders.

Inconsistent findings have been reported in previous research regarding the impact of nurse education level, gender, years of work experience, personal experience with illness, or a family-centered work environment on nurses' abilities or attitudes toward families. More study is required to fully understand the impact of nurse characteristics on family involvement practises in acute-critical care settings, despite some early insights into nurse-related drivers of family engagement. For personalised implementation and quality improvement initiatives, more study is required, specifically on the impact of nurse characteristics on self-perceived abilities in interacting with families and attitudes toward engaging and supporting families in critical care units [5].

## Conclusion

Based on a description of the SPM hypotheses about the expected outcomes of the SPM were first developed for this study. They were then debated in two steering committees for the SPM, one in charge of the national evaluation and the other of the national training of trainers. The basic premise was that systemic practise should lessen child abuse and neglect, reduce the overall need for child protection, and enhance family dynamics and a kid's subjective well-being. These objectives were anticipated to be accomplished by the systemic approach by increasing the amount and calibre of child protection practise. Relationship-based service was to be provided. Social workers were anticipated to interact with families and children on a more frequent basis than usual.

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## Conflict of Interest

None.

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