

Management of Neurological Rehabilitation in Patients

Zulfiqar Ali*

Department of physiotherapy, Bahria University, Pakistan

INTRODUCTION

Neurological rehabilitation may be a program that has been designed to assist people whose nervous systems are suffering from disorders, injuries, or diseases. The patients are going to be under the supervision of a doctor and therefore the process can help improve the wellbeing, reduce symptoms and improve the function of the affected patient by addressing neurological problems.

It is actually a sort of physical restoration. We will trace back neurological physical restoration to the 1950s when neurophysiology approaches were first being developed. Within the 1980s early attempts to develop better treatment methods were conducted. With increased knowledge about the brain, people were ready to scientifically design therapies that were effective. Key concepts of neurological rehabilitation or neurological physiotherapy were successfully developed by the planet Health Organization within the year 1980. The three key concepts laid out by the planet Health Organization were handicap, impairment, and disability. Over the years these terms may need been modernized, but the essence of the concepts have remained an equivalent

Most Common Neurological Disorders

Neurological disorders are diseases that affect the brain, the spine and therefore the nerves that connect them. There are over 600 diseases that affect the system nervosum. The foremost common ones are listed below during this nervous disorder list we've put together:

- Amyotrophic lateral sclerosis: This disease is usually referred to as ALS and can cause progressive degeneration of the nerve cells that are on top of things of muscle movements. This disease is additionally referred to as Lou Gehrig's disease, ALS is that the commonest efferent neuron disease in adults with over 5,000 diagnosed with ALS per annum within the USA alone. It mostly affects individuals between the ages of 40 and 60 but also can affect other ages.

- Epilepsy: this is often a nervous disorder whose symptoms are recurring seizures. Their seizures are caused when the nerves within the brain behave abnormally. Nearly 150,000 people develop this condition per annum within the USA, almost a 3rd of them are children.

Other common neurological disorders are a stroke, Arteriovenous Malformation, brain aneurysm, brain tumors, Dural arteriovenous fistula, MS, peripheral neuropathy, post-herpetic neuralgia, and medulla spinalis tumor.

Neurological Symptoms

There are many sorts of neurological disorders and every has its own characteristic symptoms. However, there are a couple of symptoms that are prevalent among most neurological disorders.

- Seizures
- Reduced cognitive and motor skills
- Weakness within the muscles
- Lowered awareness about surrounding and decreased attention
- Complete or partial paralysis of the body
- Loss of sensation across the entire body or during a few places

Treat Neurological diseases?

The treatment for neurological diseases is as varied because the diseases themselves. Whether patients suffering from a nervous disorder are often cured or not depends on what sort of disease that's affecting the patient. Aside from the implementation of a cure, you'll improve the lives of the affected patient by a couple of rehabilitation techniques. These include changes in lifestyle and therefore the introduction of physiotherapy and pain management practices. They could even be prescribed medications to enhance the patient's condition. People suffering from behavioral neurological issues are often treated with cognitive behavioral therapy. Cognitive behavioral therapy is extremely helpful for people suffering from ADHD, anxiety, and similar mood disorders.

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**Author for correspondence: Zulfiqar Ali, Department of physiotherapy, Bahria University, Pakistan , E-mail: Zulfiarali22@gmail.com

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