

# Editorial Note on Unani Medicine

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## Editorial Note

Unani medicine, also called Unani Tibb, Arabian medicine, or Islamic medicine, a traditional system of healing and health maintenance observed in South Asia. The origins of Unani medicine are found in the doctrines of the ancient Greek physicians Hippocrates and Galen. Unani system of medicine is a great healing art as well as science. It treats a person as a whole not as a group of individual parts. It is aimed at treating body, mind and soul. This system is based on Hippocratic theory of four humors viz. blood, phlegm, yellow bile and black bile. The Unani system of medicine gets its name from Unan where it originated. The system is research-based and incorporates a large number of drugs from Ayurveda and Siddha. According to this system, what is the reason behind one's ailment and how can it be cured. Health is affected by our surrounding conditions.

The Unani System of Medicine offers treatment of diseases related to all the systems and organs of the human body. The treatments for chronic ailments and diseases of skin, liver, musculo-skeletal and reproductive systems, immunological and lifestyle disorders have been found to be highly effective and acceptable. Unani medicine originated in Greece and is primarily based on

the principles propounded by the ancient Greek practitioners Hippocrates and Galen. Over the subsequent centuries, a number of Arab and Persian scholars enriched the system, among them Ibn Sina, who is also known as Avicenna. Both Bachelor of Ayurvedic Medicine and Surgery and Bachelor of Unani Medicine and Surgery courses have subjects that cover modern practice of medicine and surgery. Moreover, M.S/M.D (ayurveda) and MS/MD (Unani) will be allowed to perform those surgeries that they have studied, the official said. The Unani System of Medicine has a long and impressive record in India. It was introduced in India by the Arabs and Persians sometime during the eighth century. Allopathy was the term coined by Samuel Hahnemann to denote a system of medicine that is opposed to homoeopathy, which he founded

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