

Editorial Note on a Nasal Fracture (Broken Nose)

Simon Aritra*

Department of Oral and Maxillofacial Surgery, Yeungnam University College of Medicine, Daegu, Korea

Description

A broken nose is also known as a nasal fracture. It is a break or crack in a bone on our nose, regularly the bone over the bridge of our nose. We will possibly have a nose bleed and shortly locate it hard to respire *via* our nose. Swelling develops in both outside and inside the nose, and one can get darkish bruises around eyes (black eyes). Nasal fractures can have an effect on each bone and cartilage. A collection of blood (known as a septal hematoma) may sometimes form shape at the nasal septum, a wall made of bone and cartilage in the nose that separates the sides of the nose.

Nasal fractures or damaged nose can also additionally end result from facial accidents in touch sports activities or falls. Injuries affecting the tooth and mouth may have an effect on the nose. To assist from a damaged nose, put on a defensive equipment to protect face whilst collaborating in touch sports activities. If we have been struck with inside the nose, it is essential to look a medical doctor to test for septal hematoma. Seeing a primary care or an emergency room medical doctor is normally the great manner to decide when we have a septal hematoma or different related troubles out of the accident. If a septal hematoma is present, it needs to be handled right away to save us worse troubles from growing with inside the nose. If we watch our nose can be damaged, we ought to see an ENT (ears, nose, and throat) specialist, or otolaryngologist, within one week of the damage. If it is visible inside 1 to 2 weeks (one week for children), it could be viable to cure the nose immediately. If we wait longer than weeks, we will possibly want to attend several months earlier than our nose may be surgically straightened and fixed. An untreated damaged nose can go away leaving us with an unwanted look, in addition to everlasting respiratory difficulty. Signs and symptoms of a damaged nose:

- Pain or tenderness, especially whilst touching the nose
- Swelling of our nose and surrounding areas
- Bleeding out of nose
- Bruising around nose or eyes
- Crooked or misshapen nose

- Difficulty respiratory *via* nose
- Discharge of mucus out of the nose
- Feeling that one or each of nasal passages are blocked
- Displaced bone and/or cartilage (nasal septum)
- Changes in the arrival (shape) of the nose
- Nose bleed
- Difficulty respiratory *via* nose
- Collection of blood (septal hematoma)
- Swelling and bruising of nose and eyelids

A damaged nose may even be as a result of walking into a fixed object, consisting of a door or wall, or through rough, wrestling-kind play. Any activity that will increase our risk of a facial damage will also increase our risk of a damaged nose. Such sports can also additionally include: Playing touch sports activities, consisting of soccer and hockey, especially without a helmet that has a face mask, Engaging in a bodily fight, Riding a bicycle, Lifting weights, especially in case we do not use a spotter, Riding in a motor automobile, especially without a seat belt.

However, many conditions require widespread anesthesia, in particular if the septum has additionally been damaged. A physician can come up with nearby anesthesia, reposition the damaged bones into region, after which maintain them with inside the proper region with a plastic, plaster, or steel solid. In the primary weeks after the damage, a physician can also additionally provide this sort of restore, or a comparable method the usage of widespread anesthesia with inside the working room. If we got several months for the repair, its miles regularly viable to alternate the arrival of our nose as we prefer *via* mixed nasal fracture.

How to cite this article: Aritra, Simon. "Editorial Note on a Nasal Fracture (Broken Nose)." *J Trauma Treat* 10 (2021) : e017.

*Address for Correspondence: Dr. Simon Aritra, Department of Oral and Maxillofacial Surgery, Yeungnam University College of Medicine, Daegu, Korea, E-mail: aritrasimon@hotmail.kr

Copyright: © 2021 Aritra S. This is an open-access article distributed under the terms of the creative commons attribution license which permits unrestricted use, distribution and reproduction in any medium, provided the original author and source are credited.