

# An Overview of Heredity

Samuel Wilson\*

Department of Human Genetics Rm 2/38, Strathcona Anatomy & Dentistry Building, Canada

## Commentary

Eye colour is an inherited characteristic in humans: a person may receive the "brown-eye trait" from one of their parents. Genes govern inherited traits, and an organism's genotype refers to the entire set of genes contained within its genome. The entire set of observable qualities of an organism's structure and behaviour is referred to as its phenotype. These characteristics are the result of the genotype's interaction with the environment. As a result, many characteristics of an organism's phenotypic are not passed down from generation to generation. Sun-tanned skin, for example, is the result of a person's genotype interacting with sunshine; consequently, suntans are not handed down to children. Some people, however, tan more easily than others because to genetic differences: a conspicuous example is persons with albinism, who do not tan at all and are extremely vulnerable to sunburn. DNA, a molecule that encodes genetic information, is known to convey heritable qualities from one generation to the next. DNA is a lengthy polymer made up of four different bases that can be swapped out. The genetic information is specified by the nucleic acid sequence (the sequence of bases along a particular DNA molecule), which is similar to a sequence of letters spelling out a passage of text. The DNA of a cell is replicated before it splits by mitosis, so that each of the ensuing two cells inherits the DNA sequence. A gene is a segment of a DNA molecule that determines a single functional unit; different genes have distinct base sequences. Chromosomes are condensed structures made up of long strands of DNA found within cells. Homologous chromosomes, which contain a unique combination of DNA sequences that code for genes, are inherited by organisms from their parents. A locus is the precise position of a DNA sequence within a chromosome. Alleles are various versions of a DNA sequence that differ between individuals at a specific locus. Mutations can cause DNA sequences to alter, resulting in new alleles. If a gene is mutated, the new allele may impact the trait that the gene regulates, changing the organism's phenotype.

While this straightforward correlation between an allele and a feature works in certain circumstances, most traits are more complicated and are governed by several interacting genes both within and between organisms. Complex interactions between genetic networks and cell communication, according to developmental biologists, can rise to heritable variants that could explain some of the mechanics of developmental plasticity and canalization. Recent discoveries have verified significant cases of heritable alterations that cannot be explained by the DNA molecule's direct action. These events are classified as epigenetic inheritance systems, which evolve throughout time in a causal or autonomous manner. Although research into the modes and mechanisms of epigenetic inheritance is still in its early stages, it has sparked a lot of interest recently because it broadens the scope of heredity and evolutionary biology in general. At the organismic level, epigenetic inheritance mechanisms have been revealed in DNA methylation marking chromatin, self-

sustaining metabolic loops, gene silencing by RNA interference, and the three-dimensional structure of proteins (such as prions). Heritability can also happen on a much wider scale. The regular and recurring behaviours of organisms in their environment, for example, define ecological inheritance through the process of niche formation. This leaves an effect legacy that influences and feeds back into succeeding generations' selection regimes. Descendants inherit genes as well as environmental factors resulting from predecessors' ecological activity. Inheritance of cultural features, group heritability, and symbiogenesis are instances of heritability in evolution that are not directly controlled by genes. These forms of heredity that operate above the gene are grouped together under the umbrella term of multilevel or hierarchical selection, which has sparked heated discussion throughout evolutionary science's history [1-5].

One of the primary flaws in Charles Darwin's theory of evolution, which he introduced in 1859, was the lack of an underlying mechanism for heredity. Darwin believed in a mix of inherited and acquired features being passed down (pangenesis). Blending inheritance would result in population uniformity in just a few generations, removing variance from a population where natural selection may act. As a result, several Lamarckian ideas were adopted by Darwin in later versions of *On the Origin of Species* and his following biological writings. Rather than proposing mechanisms, Darwin's primary approach to heredity was to define how it looked to work (noting that features that were not exhibited clearly in the parent at the time of reproduction may be inherited, that certain traits could be sex-linked, etc.). Francis Galton, Darwin's cousin, took Darwin's first concept of inheritance and drastically changed it, laying the foundation for the biometric school of heredity. Galton discovered no evidence to back up Darwin's pangenesis theory, which relied on acquired features.

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\*Address for Correspondence: Samuel Wilson . Department of Human Genetics Rm 2/38, Strathcona Anatomy & Dentistry Building, Canada, Email: samson@uh.edu.in

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