A Special Issue: Spinal Cord Injury & Rehabilitation

Zhang Tong*

Department of Neurological and Neurorehabilitation Center, Beijing BoAi Hospital of China Rehabilitation Research Center, China

International Journal of Neurorehabilitation is an Open Access journal with rapid peer-reviewed publishes in the field like Addiction, Neurointensive Care, Rehabilitation, Epilepsy, Stroke, etc.

International Journal of Neurorehabilitation is happy to announce its Special Issue on A “Spinal Cord Injury & Rehabilitation” and releases in Dec 30, 2020.

The spinal cord is a collection of nerves that travels from the bottom of the brain down your back. There are 31 pairs of nerves that leave the spinal cord. These nerves allow your brain to give command and bring back information from your body to your brain.

The spinal cord runs through the spinal canal. This canal is surrounded by the bones in your neck and back called vertebrae, which make up your backbone. The vertebrae help to protect the spinal cord from injury.

Spinal cord is very sensitive to injury causes due to trauma and seen most common in young people. Spinal cord does not have the ability to repair itself when it is damaged. Spinal cord injuries are complete or incomplete. Complete spinal cord injury have loss of sensation and loss of muscle function in the body below the level of the injury. Incomplete spinal cord injury few functions remain below the level of the injury.

There is no cure for spinal cord injury. Rehabilitation helps to in recovery of spinal cord injury. Rehabilitation therapy was led by specialized doctors like physiatrist, occupational therapists, rehabilitation psychologists, recreational therapists, nutritionists, social workers, vocational counsellors and other specialists.

Physical therapy includes exercise, occupational therapy helps in redeveloping the fine motor skills; vocational rehabilitation helps in basic skill works, recreation therapy helps in building their abilities to participate in recreational or athletic activities at their level of mobility.

We are proud to announce that our journal successfully completed 6 issue releases and planning to release 7 in this year 2020. More cooperation from authors, editors and reviewers and their flawless support will boost the journal to reach more heights in future.

We would like to invite authors, editors to make special issue as a grand success with your knowledge. This is an open invitation to all editors and authors for our special issue.

How to cite this article: Tong Z. "A Special Issue: Spinal Cord Injury & Rehabilitation". Int J Neurorehabilitation Eng 7 (2020) doi: 10.37421/ijn.2020.7.e003