

## Cosmetology & Cosmetics: Vaser Liposuction My experience of 200 patients

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### Abstract

I am presenting my experience of Vaser liposuction in 200 patients with a longest follow up of one and half years. Since April 2010 Vaser liposuction was used for mega liposuctions and body contouring, breast reductions, gynaecomastia. The advantages and merits along with side effects are described. In the breast reductions especially in unmarried girls vaser liposuction is good for volume reduction of 2- 4inches and minimal mastopexy. Even in grade four where there is more than 1000 gms reduction its useful as surgical excision becomes easy to execute. The scar less breast reduction was favored by many young women. In gynecomastia post operative results are more acceptable to the patient as the morbidity of the traditional liposuction is minimal. For mega liposuction of more than five liters the surgical time is reduced remarkably for the patient and for the surgeon. The repeat liposuction procedures were easy to perform especially in men and results are gratifying as contour changes are seen within few days of procedure. In Hypothyroidism patients the mega liposuctions are around 10 liters and surgical time was three hours. The blood transfusions were needed for few patients as late as 2 to 3 weeks post operative period. Most of the patients were done under general anesthesia / sedation with anesthetic cover. Patients are kept in ICU for 24 hours if the suction exceeds more 5 liters or associated with co morbid conditions. The complications that were noticed were seroma which needed aspiration more than twice in the post operative period .Two patients had organized hematoma which needed excision under local anesthesia. Bruising and swelling persisted more than 10 days in breast reduction patients but settled well with conservative treatment .Tingling and numbness persisted for more than two months in few patients

### Biography

Lakshmi Salem graduated in M.B.B.S., from Guntur Medical College in the year 1972. She has done her MS (Surg) & M Ch (Pl Surg) from P G I Chandigarh. Further completed training in Plastic Surgery from U K 1984 for 5 years. She has started a Hospital for Plastic Surgery in Vijayawada since 1984 and also started consultancy practice in Cosmetic Surgery in Hyderabad since 1995. Presently she has confined to Cosmetic Surgery in Hyderabad. She presented 25 papers in National conferences and 9 papers in International conferences. She also conducted 4 workshops in various Cosmetic Surgery procedures and free camps in Plastic & Reconstructive Surgery. She is past President of Association of Andhra Pradesh 2010.

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