

# Ultra-Small Superparamagnetic Iron Oxide Nanoparticles Made to Order

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## Abstract

A fast, efficient and green microwave-assisted synthesis of ultra-small, superparamagnetic iron oxide nanoparticles is reported. By controlling the temperature and heating mode of a polyol reduction using triethylene glycol (TREG) as a green, high-boiling solvent, ultra-small nanoparticles (2-4 nm) exhibiting robust superparamagnetic behavior were obtained. The sizes of the nanoparticles were determined by TEM and DLS measurements. Using a ligand exchange process, the TREG molecules on the surface of the smallest nanoparticles (2 nm) were successfully replaced with Alendronate, an anti-cancer drug molecule, effectively transforming the nanoparticles into a potential theranostic agent.

**Keywords:** Iron oxide nanoparticles; Polyol synthesis; Microwave; Nanocarriers; Drug delivery

## Introduction

Superparamagnetic iron oxide nanoparticles (SPIONs) with tailored surface chemistry have emerged as a promising nanomaterial for numerous biomedical applications [1-6] including MRI [7-10], tissue repair [11], immunoassay [12,13], detoxification of biological fluids [11], hyperthermia [14], drug delivery [15], and cell manipulation [16-18]. In general, to be most effective, the nanoparticles must have high magnetization values. To be nontoxic and biocompatible, they must be small and have a narrow size distribution [19-22]. Both magnetization and size are strongly determined by the method of nanoparticle synthesis, and many protocols have been explored such as co-precipitation [23], sol-gel [24], thermal decomposition [25], micro emulsion [26], and hydrothermal methods [27,28]. However, in contrast to these well-established approaches, the use of microwave irradiation represents a relatively new strategy for nanoparticle synthesis and surface functionalization [29-32].

Microwave-assisted chemistry boasts competitive advantages over conventional methods and is becoming increasingly popular in all areas of synthesis [33]. This unique technology allows reactions to proceed in very short times, and often with higher selectivity, yield, and energy efficiency than methods that rely on conventional heating [34]. Advantages of microwave-assisted nanomaterials synthesis have been demonstrated with polymer microspheres [35], metallic nanoparticles [36], metal oxides [37], and quantum-dots [38]. The application of the microwave technique to iron oxide nanoparticle fabrication is due, and, in fact, several microwave-assisted syntheses of iron oxide nanoparticles have been reported; however, in these preliminary cases, the protocols have either required toxic additives [39], or the nanoparticles that were produced lacked monodispersity [39], or required a phase transfer step to confer water solubility [40].

The polyol synthesis (which is also known as the thermal decomposition method) of metal oxide nanoparticles is a forced hydrolysis of transition metal salts [40-43]. Polyols are used as solvents because (i) they can act as reducing polar solvents and (ii) their high boiling points allow for the solubilization and reduction of a large number of metal salts. For example, decomposition of the iron oxide precursor, iron (III) acetyl acetonate (Fe(acac)<sub>3</sub>) in triethylene glycol (TREG) gives access to high quality, superparamagnetic, and

monodisperse iron oxide nanoparticles [44-46]. TREG solvent has been widely used as a green solvent for various organic syntheses due to its low toxicity [47]. However, despite the fact that TREG itself is practical and environmentally benign, many procedures that rely on it as a solvent also involve severe reaction conditions including elevated temperatures (up to 200°C), long reaction times (some more than 10 hours), and/or uncommon equipment such as a sealed autoclave [47].

In this paper, we describe a fast, convenient, and green, synthetic route to ultra-small superparamagnetic iron oxide nanoparticles (2-4 nm) that combines the advantages of both the microwave chemistry and the polyol synthesis. We also provide a comparison between nanoparticles prepared by this combined technique and those produced by a method involving conventional thermal decomposition. Also, we note that our microwave-assisted method provides nanoparticles that are stable, and easily dispersed in water and that functionalization of the surface of these nanoparticles with alendronate (Scheme 1), an antitumor molecule, was successful, making them a potential material for drug delivery and release.

## Materials and Methods

Tri(ethylene glycol) (TREG, 99%), iron(III) acetylacetonate (Fe(acac)<sub>3</sub>, 97%), and ethyl acetate were purchased from Sigma-Aldrich and used as received.

## Synthesis of (4-Amino-1-hydroxy-1-phosphonobutyl) phosphonic acid (Alendronate)

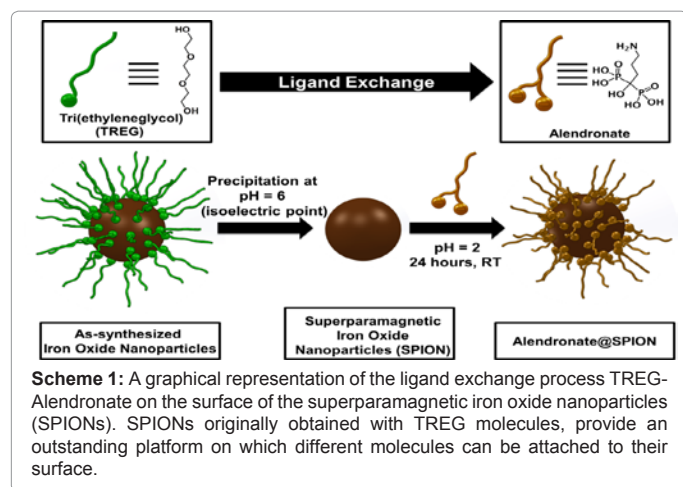
Alendronate was synthesized according to the general procedure [48] for linear aliphatic BPs and characterized by <sup>1</sup>H and <sup>31</sup>P NMR. 4-aminobutyric acid (150 mmol) and phosphorous acid (150 mmol)

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**Received** December 11, 2012; **Accepted** December 18, 2012; **Published** December 21, 2012

**Citation:** Benyettou F, Milosevic I, Olsen JC, Motte L, Trabolssi A (2012) Ultra-Small Superparamagnetic Iron Oxide Nanoparticles Made to Order. J Bioanal Biomed S5: 006. doi:10.4172/1948-593X.S5-006

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were introduced in a three-necked round-bottom flask under inert atmosphere followed by 30 ml of methane sulfonic acid. After heating at 65°C for 1 h, phosphorus trichloride was added slowly and the reaction was allowed to proceed overnight at 65°C. The resulting yellow viscous reaction mixture was cooled to room temperature, and quenched with 500 ml of ice-cold water. The pH was adjusted to 4.3 with an aqueous NaOH solution (0.5 M), and the obtained white precipitate was collected by filtration. This solid was washed five times with a mixture of methanol/water (95:5) and freeze-dried to finally obtain alendronate (82%). RMN  $^{31}\text{P}$  { $^1\text{H}$ } (80.9 MHz,  $\text{H}_3\text{PO}_4/\text{D}_2\text{O}$ ): 18.47. RMN  $^1\text{H}$  (500 MHz,  $\text{D}_2\text{O}$ ): 3.046 (m, 2H), 2.017 (m, 4H). I.R.: 1540, 1172, 1052  $\text{cm}^{-1}$ .

### Synthesis of iron oxide nanoparticles

Water-soluble iron oxide nanoparticles were prepared by the thermal decomposition process.  $\text{Fe}(\text{acac})_3$  ( $10^{-3}$  M) was dissolved in 5 ml of hydrophilic TREG media magnetically stirred without a flow of argon and then quickly heated to the desired temperature. The solution was cooled with an ice bath. The nanoparticles were precipitated by addition of 10 ml of ethyl acetate and then isolated by centrifugation at 4000 rpm for 20 min. The obtained precipitate was re-dispersed in water and further precipitated, followed by centrifugation. This washing procedure was repeated 5 times. The washed particles were dispersed in acidic water to obtain a stable aqueous ferrofluid suspension. The temperature of the reaction was varied in order to study its effect on the nanoparticles size and magnetism.

Synthetic details of the two methods used for the fabrication of iron oxide nanoparticle, (conventional heating and microwave synthesis), are detailed below.

#### Synthesis carried out in conventional heating

The reaction mixture was first heated to a desired temperature and then heated for a specified time. After heating, the resulting precipitate was cleaned by following the procedure described above and re-dispersed in acidic water ( $\text{HCl}$ ,  $10^{-2}$  M) to form a clear brown colloidal dispersion.

#### Synthesis realized under microwaves heating

The homogeneous dispersion of  $\text{Fe}(\text{acac})_3$  in TREG was transferred into a 10 ml vessel with a crimp cap, heated by microwave irradiation of 2.45 GHz (CEM Discovery, CEM Inc. USA), and the other reaction parameters were modulated, applying a maximum power of 300 W.

The power was automatically adjusted to heat the sample to the set reaction parameters (temperature and time). The precipitate obtained was separated by adding brine (10 mL), followed by centrifugation at 4000 rpm for 20 min. The supernatant from this first centrifugation was discharged and the precipitate was dispersed in 10 mL of ethyl acetate and centrifuged again at 4000 rpm for 20 min. The precipitate was re-dispersed in acidic water ( $\text{HCl}$ ,  $10^{-2}$  M) to form a clear orange colloidal dispersion.

#### Nanoparticle surface functionalization with alendronate

The nanoparticles were precipitated at pH 6 and cleaned to remove excess TREG. This procedure was repeated 5 times. Alendronate (40 mg) was solubilized in 1 ml of water and the solution was added drop-wise to the cleaned nanoparticles, and the pH was adjusted to 2. The reaction mixture was stirred for 1 hour at room temperature. The Alendronate coated particles were cleaned by repeated precipitations at pH=2.

#### Nanoparticle characterization

Size and morphology of the nanoparticles were determined by transmission electron microscopy (TEM, FEI CM10 Microscope) and dynamic light scattering (DLS) (Zetasizer Nano-ZS, Malvern Instruments). Each sample was analyzed at room temperature with diluted ferrofluid ( $[\text{Fe}]=10^{-3}$  mol.L $^{-1}$ ) at pH=2. Surface coating of the nanoparticles were characterized by Fourier transform infrared spectroscopy (FTIR, Varian 3100). Magnetic properties of the nanoparticles were studied using a MIAtek reader (Magnetic Immunoassays Technology), which measured a signal proportional to the third derivative of magnetization at zero magnetic field. The detection method was based on the nonlinear magnetization of SPION. An alternating magnetic field was applied to the sample at two different frequencies  $f_1=100$  kHz and  $f_2=100$  Hz having amplitudes of 10 and 200 Oe, respectively. The response of the sample was measured at combinatorial frequencies, e.g.,  $f=f_1 \pm 2f_2$  [49]. The weight percentage of Alendronate molecules on the surface of the nanoparticles was determined by thermogravimetric analysis (TGA). Solid samples (10 mg) under  $\text{N}_2(\text{g})$  flux were characterized with a SDT Q600 TA Instruments analyzer at a heating rate of 5°C/min over a temperature range of 35-700°C.

### Results and Discussion

#### Nanoparticle size and shape

The influence of reaction temperature and heating mode on nanoparticle size was studied. Figures 1A and 1B show the TEM images of the nanoparticles obtained after reactions (15 minutes each) that were carried out at different temperatures and with different heating methods (conventional or microwave).

Under conventional heating, nanoparticles having an average diameter of 1 nm were detected only in reactions performed at temperatures of 175°C or greater, figure 1A. Typically, polyol syntheses are performed at higher temperatures (250-350°C), and for a longer times (~10 hours). Under these conditions, the size of the nanoparticles can be tuned within the range of 4 nm to approximately 50 nm [50,51]. In contrast, our results show that under microwave heating (15 minutes,  $[\text{Fe}(\text{acac})_3]=10^{-3}$  M), the kinetics of nanoparticle formation are altered. As shown in figure 1B, globular nanoparticles with a diameter of 2 nm were formed at temperatures as low as 140°C. When the reaction temperature was raised, the size of the nanoparticles (which retained the same spherical morphology) increased linearly (Figure 1C). Such

experiments show that microwave heating, causes faster nucleation and leads to highly uniform nanoparticles, highlighting the key role that temperature plays in nanoparticle formation and growth [52]. Furthermore, these results suggest that nucleation rate is more sensitive to temperature variation than growth rate, which essentially depends on the reaction time [53]. Finally, with microwave heating, the temperature is homogeneous in the reactor vessel which may explain the narrow size distribution of the particles produced (Figure 1B, inset). Thus, a moderate temperature (140°C) and a short reaction time (15 min) under microwave heating were sufficient to produce small (2 nm), monodisperse iron oxide nanoparticles.

Figure 1C shows DLS size measurements (made in aqueous acidic solution) of the microwave-produced nanoparticles. The hydrodynamic sizes of the nanoparticles increases from 4 nm at 140°C to 7 nm at 200°C. The sizes measured by DLS are slightly larger than those measured by TEM, a difference that can be explained by the presence of TREG molecules and the hydrogen bonded water molecules on the nanoparticle surface.

Microwave heating was found to have a noticeable effect on nanoparticle size in polyol synthesis and allowed short reaction times and greater control if the size of the iron oxide nanoparticle.

### Magnetic characterization

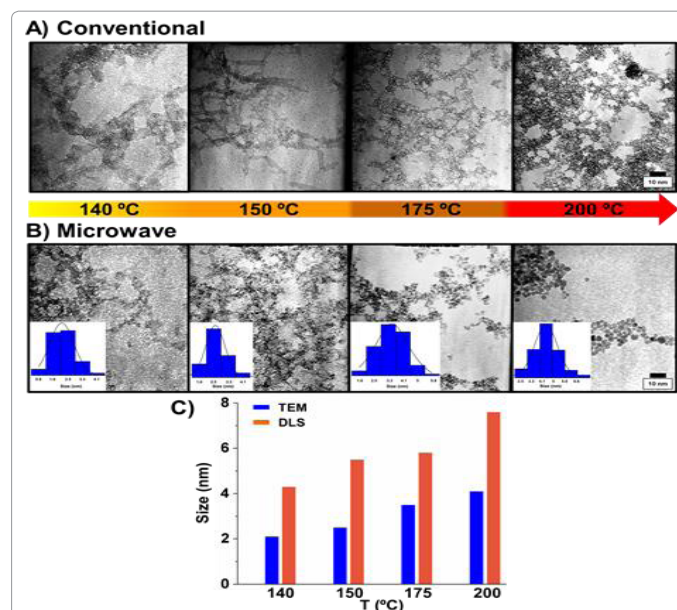
Measurement of the magnetic properties of the nanoparticles was carried out using a MIAtek reader (Magnetic Immunoassays Technology). Figure 2 shows the signal proportional to the third derivative of magnetization at zero magnetic field and room temperature of nanoparticles produced by conventional or microwave heating. The nanoparticles produced by conventional heating were found to have lower magnetism which can be explained by their smaller size [53]. Typically, nanoparticles with 2 to 30 nm in size are expected to be superparamagnetic. In contrast, the MIAtek signals of the particles synthesized by microwave heating were dramatically enhanced from 400 to 23,000 MIAtek units/mg, for reaction temperatures that ranged from 140 to 200°C, respectively. This increase in signal intensity is likely a consequence of the particles increased size, their decreased surface to volume ratio, as well as modification of their crystalline phase. These results provide evidence for what we believe is the first example of a microwave-assisted synthesis of ultra-small superparamagnetic iron oxide nanoparticles (2-4 nm).

### Surface chemistry and reactivity

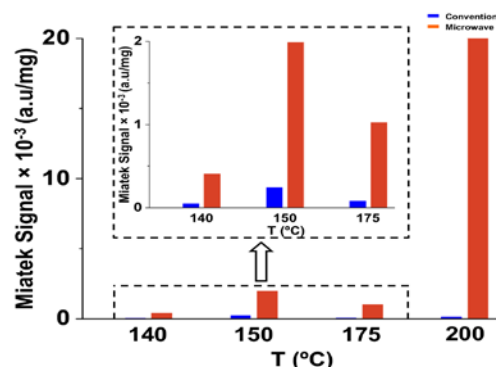
The as-synthesized nanoparticles were first characterized by FTIR (Figure 3A). The peaks at 2962–2809, 1632, 1455, 1350, 1251 and 1063  $\text{cm}^{-1}$  are characteristic of the C–H stretching, O–H stretching, C–H bending, C–O bending and O–H bending vibrations, respectively, and are attributed to the adsorbed TREG molecules on the particles surface [45]. A FTIR spectrum (Figure 3B) of a sample of cleaned nanoparticles lacks these signals and indicates that the TREG was removed from the particles surface.

The cleaned surface of the microwave-synthesized (140°C, 15 minutes, 2 nm) nanoparticles was functionalized with Alendronate. The passivation process was performed in acidic media (pH 2) at room temperature, and the nanoparticles' surface was characterized by FTIR and TGA.

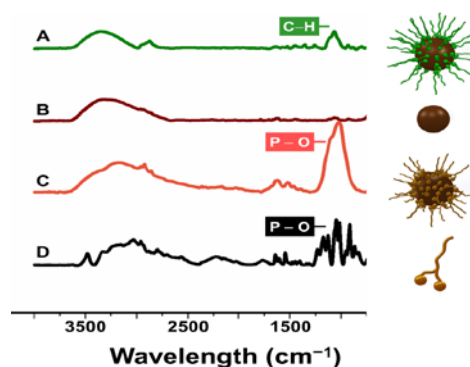
The FTIR spectra of the nanoparticles coated with Alendronate (Figure 3C) as compared to the free Alendronate (Figure 3D) show large differences within the P–O stretching region (1200–900  $\text{cm}^{-1}$ ), indicating



**Figure 1:** TEM images of the products of reactions carried out at different temperatures for 15 minutes using A) conventional and B) microwave heating. C) TEM (blue) versus DLS (orange) size measurements of the microwave-produced nanoparticles. B inset/size distribution of the particles produced under microwave heating at different temperature for 15 minutes.

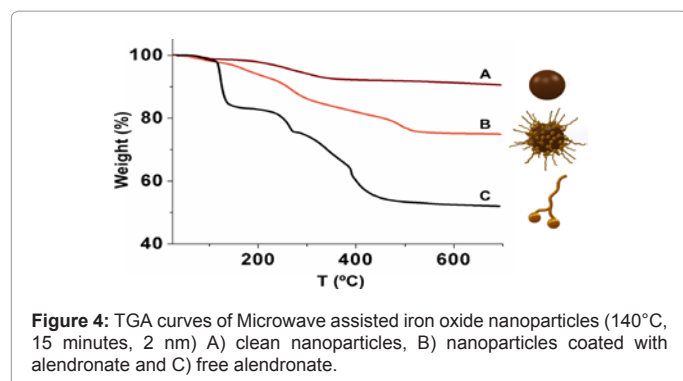


**Figure 2:** MIAtek signal of the obtained nanoparticles at different temperature using conventional (blue) vs. microwave (orange) heating.



**Figure 3:** FTIR spectra of microwave assisted iron oxide nanoparticles (140°C, 15 minutes, 2 nm) A) as-synthesized nanoparticles, B) clean nanoparticles, C) nanoparticles coated with alendronate, and D) free alendronate.





successful adsorption of phosphonic acids onto the iron oxide surface. Moreover, the amine bending vibration band ( $1540\text{ cm}^{-1}$ ) for Alendronate was not affected.

In order to quantify the amount of Alendronate on the surface of the nanoparticles, TGA of the Alendronate coated ones as well as free Alendronate molecule are shown in figures 4A and 4B, respectively. The 200-500°C temperature range was chosen as the Alendronate desorption zone. Below 200°C, the slight weight loss is due to solvent evaporation. Above 500°C, weight loss is due to iron oxide. The TGA curve (Figure 4B) of the nanoparticles coated with Alendronate shows two different weight losses (Figure 4C), one at 100°C corresponding to water removal (2.36%) and a second one characteristic of Alendronate combustion (20.68%). Finally, the residual weight corresponds to iron oxides (75.96%). Using these weight loss percentage values, we calculated that there were on average 10 Alendronate molecules bound to each nanoparticle.

## Conclusion

We have developed a new, fast and green synthetic route to ultra-small, superparamagnetic iron oxide nanoparticles via microwave heating. Iron oxide nanoparticles with small hydrodynamic sizes (2-4 nm), reasonable polydispersity, and excellent magnetic properties have been synthesized using moderate reaction temperature (140°C) and very fast reaction time (15 min). We have also demonstrated the strong influence that temperature and uniform microwave heating on nanoparticles formation. The nanoparticles obtained were easily dispersible in water and their surface was coated with biocompatible molecules, in particular, Alendronate, an anticancer drug of the bisphosphonate family. The sum of these results strongly motivates us to consider these nanoparticles as potential drug carriers and simultaneously to assess their properties as MRI contrast agents.

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