

Tiapride Associated Toxic Epidermal Necrolysis in an HIV-Infected Patient

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Abstract

Toxic epidermal necrolysis is a rare but severe and often fatal adverse cutaneous drug reaction. Early diagnosis and prompt discontinuation of the culprit drug is of the utmost importance, making drug causality assessment the mainstay when managing this condition. We present the first reported case of toxic epidermal necrolysis induced by tiapride, in a 43 year-old male Caucasian with a history of liver cirrhosis and HIV infection. This case report should raise awareness on the medical community to a potentially fatal reaction to a frequently prescribed drug in alcoholic patients. It also underlines the importance of further research regarding HIV infection, immune deregulation and adverse cutaneous drug reactions.

Keywords: Tiapride; HIV; Toxic epidermal necrolysis

Abbreviations: TEN: Toxic Epidermal Necrolysis; SJS: Stevens-Johnson Syndrome; BSA: Body Surface Area; SMX/TMP: Sulfamethoxazole/Trimethoprim; MHC: Major Histocompatibility Complex; HAART: Highly Active Antiretroviral Therapy; CMV: Cytomegalovirus; HSV: Herpes Simplex Virus; HBV: Hepatitis B Virus; HCV: Hepatitis C Virus

Introduction

Toxic epidermal necrolysis (TEN) is a severe adverse cutaneous drug reaction characterized by mucosal erosion and epidermal detachment [1]. It is usually distinguished from Stevens-Johnson Syndrome (SJS) by the extent of affected body surface area (BSA): SJS when less than 10% of BSA is affected, TEN when BSA affected is more than 30% and when 10 to 30% of BSA is affected as SJS-TEN overlap [1,2]. TEN is a rare condition, with an estimated incidence of 0.4 to 1.9 per million people annually [3-5]. Reported incidence in HIV infected patients is higher, as much as 1 per 1000 people annually [6]. Some of the most frequently implicated drugs are anti-infective sulfonamides, phenytoin, carbamazepine, phenobarbital and allopurinol [7]. We present the first reported case of TEN attributable to tiapride, a neuroleptic drug mainly used in alcoholic withdrawal syndrome.

Case Report

A 43 year-old male Caucasian was admitted to the emergency room of our tertiary care hospital with a two day history of fever, headache and malaise, followed by bilateral conjunctivitis, oral enanthem and a maculopapular exanthema in the entire body surface, except for the scalp and perineum. He had been admitted to the emergency room of another hospital with acute alcohol intoxication 7 and 5 days earlier, had been treated with intravenous fluids, thiamine and pyridoxine on both occasions and was started on tiapride.

He had HIV infection and alcoholic liver cirrhosis, both diagnosed 6 years earlier when he was also diagnosed with pulmonary tuberculosis and was started on isoniazid, rifampin, pyrazinamide, ethambutol and pyridoxine, as well as highly active anti-retroviral therapy (HAART), sulfamethoxazole/trimethoprim (SMX/TMP) for opportunistic infection prophylaxis and oxazepam for alcohol withdrawal syndrome. He had been treated previously with thiamine, due to several prior episodes of acute alcohol intoxication. He was compliant for 5 years (until 12 months before emergency room admission), when he abandoned follow-up and resumed alcohol consumption. At that time he was on tenofovir, emtricitabine and efavirenz, presented

undetectable blood HIV viral load and a CD4⁺ T lymphocyte count of 312/mm³.

At the emergency room (D1) the patient presented fever (38.8°C), tachycardia (110 hpbm) and tachypnea (24 cpm), as well as oral enanthem, bilateral conjunctivitis and a non-pruriginous coalescent maculopapular exanthema distributed to the face, neck, trunk, limbs, hands and feet, including the palms and soles and sparing the scalp and perineum. Laboratory results were the following: haemoglobin 11.4 g/dL, white blood cell count 35×10⁹/L, thrombocytes 42×10⁹/L, albumin 25.9 g/L, AST 51 U/L, ALT 48 U/L, total bilirubin 8.3 mg/L, urea 1.8 mg/L, creatinine 7 mg/L, aPTT 37 sec, PT 13.7 sec and C-reactive protein 48 mg/L. His CD4⁺ T lymphocyte count was 71/mm³ and HIV viral load was 633.000 copies/mm³. He was admitted to the Infectious Diseases Ward with a diagnosis of suspected TEN associated to tiapride and all medication was discontinued. On D2 after admission, due to cutaneous tenderness and dorsal bullae, the patient started intravenous corticosteroids. On D4, diffuse bullae formation was observed and positive Nicholsky sign localized to the dorsum was elicited. A skin biopsy was performed on D5, confirming epidermal necrosis and detachment as well as discrete inflammatory infiltrate in the superficial dermis. Blood, sputum and urine cultures were all negative. Serological testing revealed past infection by CMV, HSV1, *Mycoplasma pneumoniae* and *Chlamydia pneumoniae* and no prior contact with HSV2, HBV, HCV, *Treponema pallidum* or *Toxoplasma gondii*. Serum cryptococcal and CMV antigens were negative. Peripheral blood polymerase chain reaction for HSV1 and 2, CMV, *Mycoplasma pneumoniae* and *Chlamydia pneumoniae* were negative. Clinical worsening ensued with sheet like epidermal sloughing which eventually covered about 90% of total body surface (Figures 1 and 2). On D7 corticosteroids were discontinued. The patient was transferred to the Burn Unit where hemodynamic stability was maintained with

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Figure 1: The patient upon transfer to the Burn Intensive Care Unit. Notice sheet like epidermal sloughing of the trunk and left arm.



Figure 2: Close-up of the patient's hand upon transfer to the Burn Unit. Notice epidermal detachment originating a glove-like appearance.

fluid therapy and inotropic support. Neither invasive mechanical ventilation nor parenteral nutrition was required. Wound care, under intravenous sedation and analgesia, was performed with the use of topical antiseptics and hydrotherapy on a daily basis. No surgical debridement was necessary. Gradual clinical improvement with progressive cutaneous healing and re-epidermization occurred and the patient was transferred to the Infectious Diseases ward on D70. Oxazepam, SMX/TMP and HAART with emtricitabine, tenofovir, lopinavir and ritonavir were reintroduced. The patient was discharged on D106 with no sequelae apart from minor cutaneous scarring. He resumed outpatient follow-up and achieved undetectable HIV viral load, alongside with sustained alcohol abstinence.

Discussion

The present case report raises some interesting questions: was this TEN? If so, which was the culprit drug? Why would an HIV infected, immunocompromised patient develop a T-cell mediated disease? Why would a benzamide antipsychotic drug with a sulfonamide moiety cause TEN in a patient which had not developed TEN under treatment with a high-risk drug such as sulfamethoxazole? This patient's clinical findings, such as a prodrome of fever and malaise, onset and type of rash, mucosal involvement, positive Nicholsky sign and epidermal detachment extension were all consistent with TEN and a skin biopsy revealing full-thickness epidermal necrosis seems to have confirmed it [1,8,9]. Rarer causes of TEN such as *Mycoplasma pneumoniae* infection, CMV reactivation or contrast agent administration were ruled out [10]. Off all the medication the patient received in the

weeks ahead the onset of reaction, tiapride was the only one to which he had never been exposed to before. Since cutaneous testing or re-introduction was not done, as they were deemed unnecessary risks, drug causality was assessed using the ALDEN algorithm, with a result of "possible" [11]. Several mechanisms have been proposed to explain increased incidence of TEN and SJS in HIV infected patients [6]. Genetic predisposition seems to play an important role in adverse drug reactions, as is the case in the association between abacavir hypersensitivity and the presence of class I major histocompatibility complex (MHC) allele HLA-B5701 [12]. Other possible explanations include viral infection and reactivation, increased use of certain drugs, immune reconstitution, elevated serum IgE levels, a Th2 type of cytokine pattern, slow acetylation and decreased anti-oxidant levels [13-16]. Our case report seems to contradict some of these hypotheses. This patient had no acute viral infection or reactivation, HAART had not been started and, therefore, no immune reconstitution occurred. Type 1 hypersensitivity responses are not attributable to the sulfonamide functional group. However it is not known whether T-cell-mediated TEN is related to the sulfonamide moiety [17]. Our clinical report suggests that the immune determinant for TEN may also be different from the sulfonamide functional group because our patient was later treated with SMX/TMP without any adverse effect. Though we cannot advance a completely satisfactory overall explanation, it is worth noticing that in this case report TEN occurred during severe immunosuppression, due to exposure to an unsuspected drug and not while the patient was on HAART, with increasing CD4+ cell count and exposed to "high-risk" drugs such as SMX/TMP [7,11].

Conclusion

This is the first reported case of TEN attributable to tiapride. As it is a frequently used medication in alcoholic patients the medical community as a whole should be aware of this occurrence. Adverse cutaneous drug reactions in HIV infected patients are yet to be thoroughly understood, though the pathophysiologic mechanism seems to be multifactorial.

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