

# The Roots of Human Rights and the Role of Social Psychology

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## Abstract

Since the 1930s the field of social psychology has built a distinctive reputation for its work in understanding human rights and advancement of the cause. The focus of the field is interested in the processes of the way we think and behave in relation to other individuals, in group relationships, one-on-one, and how we think, developing a point of views, and how attitudes impact the way we interrelate with each other. Social psychologists in the 1930s also focused on issues associated with prejudice and discrimination in various locations in Europe and the United States. The United Nations Human Rights Office of the High Commissioner (2018) defines human rights as moral principles innate to all humans, whatever their nationality, location, gender, ethnic origins, religion, language, or other statuses.

**Keywords:** Social psychology •Ethnic origins •Religion •Population • Human Rights •Nationality

## Introduction

The sphere of social psychology has an important place in the investigation of how humans interact and treat each other. There is well established research evidence in social psychology, which focuses on human rights. Recently, researchers have concentrated on human rights abuses. Velez investigated the intersecting paths of psychology and human rights. The professional development plan will assist staff in their reflection on product knowledge, facilitating information about educational services, communications, demonstration of leadership, and cultural awareness.

## History of racism

The primary research question is: "Can a professional development plan and assessment process impact organizational learning and growth?" Through the professional development process, assessments, leadership, and feedback, an employee of New Horizons can reflect on organizational policies and procedures they have addressed, actions to reach developmental they have taken goals, evidence of outcomes, and resources they may need to continue to improve. Issues such as social media usage could be evaluated by implementing an effective professional development plan and assessment module so employees can reflect on how well they understand agency guidelines on using social media and opportunities for improvement.

A good PDP is not just the responsibility of a human resource department but should be in the DNA of the whole organization. Professional development should be an intrinsic part of standard operating procedures. Part of the issues with social media usage in this organization is the lack of professional development in this area. Leadership teams that support professional development of personnel can ensure triumphant long-term service for the agency. A PDP should not be a once a year appraisal. A PDP can help to establish training and developmental needs. PDPs should focus on the following:

- Congruent competencies
- Specialized competencies

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- Informal and formal assessments
- Continual education programs (internal and external)
- Understanding professional and ethical guidelines

## Characteristics of organizational problems

Since New Horizons has no formal professional development module for employees, it is difficult to evaluate how employees are progressing toward specific goals, such as proper usage of social media as a communication tool for reaching clients concerning the education and treatment of autistic children.

Seguin suggested a professional development program for nurses to address clinical problems and increase employee retention. The purpose of this program was to have active staff nurses establish, direct, and reflect on their practices for developing leadership, increasing knowledge, facilitate learning to help new nurses and to reflect on their practice. Seguin implied that the professional development plan helped their organization reduce time to obtain electrocardiograms for patients, decrease the likelihood of triage bottlenecks, which delay critical treatments, increased nursing staff empowerment, and retention. A well-organized professional development plan can serve New Horizons in the same capacity for management, education, administration, communication, and agency guidelines [1].

Lovering suggested social media could be a powerful tool for business. However, establishing a professional plan for employees is necessary to avoid the negative effects of social media. Lovering implied that two of the most considerable problems with improper uses of social media are tracking negative or misleading statements and accidental dispensation of confidential information. Tracking negative or misleading statements can be an enormous problem for companies, with social media it can be an added burden. However, training employees on policies and procedures associated with social media can help to prevent this problem. Using a professional development plan and assessments can help to reinforce the guidelines and allow for the employee to reflect on how well they understand and utilize best practice in using social media [2].

Unauthorized employees speaking on the agencies behalf is another difficult area to monitor for companies. The improper uses of social media make it even more challenging. A greater dependence on social media can bring with it an array of organizational concerns. Nevertheless, a professional

Yigit and Bagceci evaluated the contributions of action research to teachers' professional development. The professional development was essential for organizational goals and policies. The study consisted of six educators that appraised the usage of action research in professional development. Establishing an effective PDP is a significant factor to ensure the efficiency of improvements at any level. Yigit and Bagceci suggested that a development plan can help professionals assist clients to improve their skills, realize their potential, and acquire knowledge. It is essential that employees have the confidence, skills, and awareness to reach professional goals. A productive PDP can help to affirm this process at New Horizons. The researchers suggested that the teachers in their study conveyed that action research had a productive impact on their professional development in the following ways:

- Knowledge of field
- Discipline
- Positive impact on learners
- Methodologies
- Conscious of actions
- Job description

Yigit and Bagceci suggested that action research is a cycle of inquiry. This cycle of action can be used to identify problems or weaknesses. The action research approach coordinates well with a PDP. The chart below compares the steps involved in both general action research and professional development action steps: With New Horizons' concerns about the uses of social media, it is essential that an action research study be utilized to collect data on how a PDP and assessment process will serve the agency's needs with this matter.

Castro-Garcés and Martínez-Granada suggested that action research focuses on driving change in a context study. The collection of data in an action research approach begins with a question that leads to an investigation and establishing techniques for collecting data. Once the data is collected, it must be interpreted to develop and implement an action plan to address the problem. The researchers implied it would be essential to appraise the current plan to assess new problems. Then the most important part of the process, reflection [3,4].

The reflection process should involve the following questions:

- What does the data tell us?
- What changes could be instituted?

The action research approach is a cyclical process to ensure an ongoing enrichment mechanism to engage problems and information to enact change. Using an action research design for collecting data is an appropriate methodology process to pilot this study because it will allow the staff at New Horizons to be co-researchers and focus on realizing practical solutions to

developmental and communication issues within the agency. Green and Huntington used an action research approach to collect data in the public healthcare environment to determine a best practice approach in providing safe and effective interventions for clients. The participants in the action research model worked in small professional development communities to classify potential professional development subject matter (social media) and the development of an online learning lesson program for employees. After the staff had taken the online learning activities, the activity would be evaluated to identify areas of learning needs. The key feature of this cyclical process is that information that is obtained from the online assessments could be used to create other learning activities. The feedback that is communicated to the staff will allow them to reflect on their knowledge and opportunities for improvement [5].

### **Solution-based on data collection**

The proposal to use an effective action research learning process can be very valuable to New Horizons. Huh, Lee suggested that action learning distinguishes itself from other learning methods in that necessitate learners to take actions centered on project outcomes. During implementing a solution based on data collection, and reflecting on the ramifications of their actions, the learners are given more opportunities for improvement through learning activities. This solution-based approach has many benefits it encompasses a multifaceted process and a higher level of participation from staff members [6].

The goal in the solution process is to enable staff to be able to collaborate with researchers, establish agendas, build solutions to opportunities for improvements they have identified, and improve their professional progression in an ethical method. The Glossary of Education Reform suggested evaluating our solution based on data collection [6].

We will guide the process by these five learning-centered questions:

- What do employees need to know?
- How will we know that they have obtained it?
- How will they acquire the learning?
- What is the next step if they didn't learn it?
- How will we enrich the learning if they already know it?

(These questions will be the focus during all phases of the online learning activities).

### **Evaluating the solution**

Elwyn and Hocking suggested that a professional development plan (PDP) will only increase when a support system is established for general purposes to establish best practices. However, PDPs are only the beginning of the process. Practitioners should conceptually the uses of this approach as their chance to learn how to learn, to adopt the organizational guidelines, and develop an approach that can be reproduced for future challenges. PDPs will work best where there is effective leadership within an organization. The leadership team should be able to communicate the importance and relevance of the program [7-9].

## Conclusion

Human rights are an essential part of life for all humankind. Psychologists have and will continue to play a critical role in the advancement of a better understanding and effective ways to construct human rights policies. Social psychologists have worked for years in the development of avenues to understand human interactions both positively and negatively. Psychologists have worked to develop human rights education on both the national and international platforms. Social psychologists have worked to improve human rights and civil engagements through human rights education. Social psychologists have increased awareness of human rights and human rights abuses

- Assisted in clarification and maturation of the contributions of psychology related to human rights
- Researched the effects of human rights violations and processes to prevent abuses
- Advised legislative bodies on processes to guarantee accountability and behaviors to advance and secure human rights.

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