



The Role of Well-Being, Spirituality, and Religiosity for Successful Aging in Late Life: A Brief Review

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Abstract: Much research has highlighted the aging process as a global, multi-faceted issue, focusing on modifiable factors that can improve physical health and psychosocial well-being in late life. This is particularly true for both developed and developing countries, which are likely to face long-term issues in health and psychosocial care as the aging of their population increases. This paper aims to review recent advances in our knowledge of middle and late-life well-being in order to better understand the role of well-being and spirituality/religiosity across adulthood. The results of the selected studies allow us to conclude that subjective well-being and religious practices are significant determinants shaping the overall psychological well-being, life satisfaction, and social functioning of the older population. Limitations and implications of the study will also be discussed.



Biography: Mrs. Seethalakshmi research interest on Pediatric/Geriatric/Sport Cardiology and she is from Coimbatore, India,

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2 Teaching Ethics in Classroom Settings: Nursing Faculty Perceptions in Baccalaureate Programs
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