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# The Link between DNA Integrity and Post-mortem Interval Accuracy

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#### Introduction

The ability to determine the Post-Mortem Interval (PMI), or the time that has elapsed since a person's death, is a critical task in forensic science. Accurately estimating the PMI helps investigators piece together the circumstances surrounding a death, and is crucial in criminal cases, particularly homicides, where the timing of death can provide vital clues. Traditional methods of PMI estimation, such as body temperature, rigor mortis, and decomposition stages, have limitations in terms of their reliability and the time windows in which they can be applied. However, advancements in molecular biology have opened new avenues for more precise estimations of PMI, particularly through the study of DNA integrity. DNA, the fundamental molecule that encodes genetic information, is remarkably stable under certain conditions, but it also undergoes degradation after death. This degradation is influenced by various environmental factors and the passage of time. Researchers have found that analyzing the integrity of DNA from biological tissues or fluids can provide valuable information about the PMI. The state of DNA can act as a molecular clock, helping forensic scientists estimate the time since death with greater accuracy. This article explores the link between DNA integrity and PMI accuracy, discussing the mechanisms of DNA degradation, methods used to assess DNA quality, and the potential for this approach to enhance the reliability of PMI estimations [1].

After death, the body undergoes various biochemical processes, one of which is the breakdown of DNA. The integrity of DNA is compromised by enzymatic activity, microbial action, and environmental factors such as temperature, humidity, and exposure to air. The process of DNA degradation is complex and involves multiple stages, including fragmentation, oxidation, and chemical modifications. One of the main drivers of DNA degradation after death is the action of nucleases, enzymes that break down nucleic acids. These enzymes are present in the body during life, but after death, they continue to function until the cells cease to be metabolically active. Nucleases from the host cells, as well as those from microorganisms present in the environment or within the body, can rapidly degrade DNA into smaller fragments. The rate of degradation depends on factors such as temperature, the presence of microbial organisms, and the condition of the body [2].

# **Description**

At the molecular level, DNA undergoes fragmentation, wherein long strands of DNA are broken into smaller pieces, eventually making it difficult to retrieve full-length sequences for analysis. In addition, chemical modifications such as base oxidation and deamination can further impair the quality of DNA. These modifications can lead to the loss of information at certain loci, making it harder to identify and analyze the genetic material. The rate at which DNA degrades after death is influenced by several factors. These factors can either slow down or accelerate the process of degradation, and understanding their impact is crucial for accurate PMI estimations. Temperature plays a significant role in

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the rate of DNA degradation. In colder environments, the degradation process is slowed down, as biochemical reactions, including enzymatic breakdown, occur at a slower rate. Conversely, in warmer temperatures, these processes are accelerated, leading to faster degradation of DNA. This principle is central to the concept of "temperature-dependent decay," which forms the basis for many traditional PMI estimation techniques. Forensic scientists often use the temperature of the environment in which a body is found to make inferences about the PMI. However, DNA degradation has been shown to follow more complex patterns than simply correlating with ambient temperature. For example, while DNA in colder environments may persist for longer periods, it may still degrade due to factors such as microbial contamination or the chemical environment within the body [3].

After death, microorganisms, including bacteria and fungi, begin to break down the tissues of the body. This process, known as decomposition, is driven in part by the action of microbial communities. The microbial load in and around the body can influence the rate at which DNA degrades. In particular, bacteria that enter the body through the digestive tract or skin can degrade DNA rapidly, as they produce enzymes that break down DNA. Studies have shown that microbial activity is an important determinant of DNA degradation, and the presence of particular bacterial species may provide useful markers for estimating the PMI. However, microbial activity is variable and influenced by environmental factors, making it a challenging variable to account for in DNAbased PMI estimations. The integrity of DNA varies across different tissue types. Some tissues, such as bone and teeth, tend to preserve DNA better than soft tissues, such as liver, muscle, or brain. This difference is primarily due to the composition of these tissues and the fact that hard tissues are more resistant to microbial and enzymatic degradation. Therefore, when attempting to estimate the PMI using DNA, it is essential to consider the source of the DNA sample. Hard tissues may provide more reliable results over longer periods, while soft tissues are more susceptible to rapid degradation [4].

Environmental factors such as humidity, exposure to sunlight, and the presence of water can significantly influence DNA degradation. For instance, bodies exposed to water may experience accelerated degradation due to the increased activity of waterborne bacteria and the potential for DNA to be washed away or diluted. Conversely, bodies buried in soil or those in relatively dry environments may preserve DNA for longer periods. These environmental variables must be taken into account when interpreting DNA results for PMI estimation. Various techniques have been developed to assess the integrity of DNA and estimate the PMI based on molecular markers. These methods are highly sensitive and capable of detecting even small amounts of DNA in degraded or damaged samples. Below are some of the most common methods used to assess DNA quality and its potential for use in PMI estimation. The first step in any DNA analysis is to quantify the amount of DNA present in a sample. In degraded samples, the amount of intact DNA available for analysis may be low, and a quantitative assessment can provide information about the extent of degradation. Quantification is often performed using techniques like quantitative PCR (qPCR), which measures the abundance of specific DNA sequences [5].

#### Conclusion

The relationship between DNA integrity and post-mortem interval accuracy has become an essential area of study in forensic science. DNA degradation after death follows a complex and variable pattern, influenced by environmental conditions, microbial activity, and the type of tissue sampled. By analyzing the degree of DNA fragmentation and chemical modifications, forensic scientists can make more accurate estimations of the time since death. While challenges remain, such as the variability of degradation patterns and the limitations of

Perry W. J Forensic Med, Volume 10:01, 2025

current technology in analyzing heavily degraded samples, advancements in DNA analysis methods hold great promise for improving the accuracy of PMI estimation. As technology continues to evolve, DNA-based methods are likely to play an increasingly important role in forensic investigations, providing valuable insights into the circumstances surrounding death and helping to solve complex criminal cases. The continued refinement of these techniques will be crucial in ensuring that DNA integrity remains a reliable tool for estimating the post-mortem interval with greater precision.

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### **Conflict of Interest**

The author declares there is no conflict of interest associated with this manuscript.

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