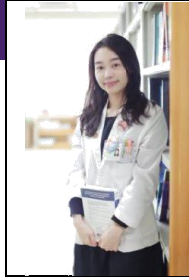


Systematic review of Efficacy of CBT and ICBT for menopausal symptoms in patients diagnosed with breast cancer

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Abstract: Being diagnosed with breast cancer has always been the number one cancer in Taiwanese women, and many patients have symptoms such as hot flashes, night sweats and vaginal atrophy after treatments. The study integrated cognitive behavioral therapy (CBT) into patients with breast cancer and improves discomfort. CBT is particularly suitable for breast cancer care, which can improve the physical and psychological problems of patients with breast cancer and improve their quality of life. However, cognitive behavioral research has some limitations, that is, the experimental group can not be blind, so clinical trials may cause some bias.



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