

## Sports Medicine conference scheduled on November 23-24, 2020 at Barcelona, Spain

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Sports medicine is a branch of medicine that deals with physical fitness and the treatment and prevention of injuries related to sports and exercise. Although most sports teams have employed team physicians for many years, it is only since the late 20th century that sports medicine has emerged as a distinct field of health care. Sports medicine physicians have completed medical school, specialized in residency training, and then specialize further in sports medicine or 'sports and exercise medicine' (the preferred term). Specialization in sports medicine may be a doctor's first specialty (as in Australia, Netherlands, Norway, Italy). It may also be a sub-specialty or second specialization following a specialization such as psychiatry, family medicine, paediatrics or orthopedic surgery. The various approaches reflect the medical culture in different countries. Specializing in the treatment of athletes and other physically active individuals, sports and exercise medicine physicians have extensive education in musculoskeletal medicine. SEM doctors treat injuries such as muscle, ligament, tendon and bone problems, but may also treat chronic illnesses that can affect physical performance, such as asthma and diabetes. SEM doctors also advise on managing and preventing injuries.

The **Sports Medicine 2020** is an event that aims to explore the ways to innovate in the field of Physical Education, and to find new catalysts for better industrial development at Barcelona, Spain on November 23-24, 2020. The conference will serve as a platform to bring together leading chemists with different specialties such as Physical Education, Fitness etc. Sports Medicine 2020 will discuss on the topics such as Physiotherapy, Fitness, Athlete Counseling, Sports Medicine, and Sports Dentistry.

5th International Conference on Sports Medicine and Fitness, 2019 was inaugurated followed by the keynote session by Ari Gronich, Achieve Health USA, Performance Therapy Academy, USA with the title "3 steps to high performance mastery: Master your skills, partnerships, and lifestyle".

Supported through the organizing committee network of renowned scientific and professional expert such as Ari Gronich, Founder and CEO, Achieve Health USA LLC, USA, James Stoxen, President, Team Doctors Chicago, USA, Dario Furnari, Sports Director, University of Exeter, United Kingdom, Mick Walsh, CEO, Author & Educator, The Learning Curve, Australia, Gonzalo Santellan, CEO, Sante Medical Services, Spain, Alan Rankin, PAR Physiotherapy, United Kingdom, it provided a platform for collaboration among colleagues, vendors and academia to reveal new innovations, solutions, ideas and emerging technologies in **Sports Medicine and Fitness**.

The GDP is projected to rise by 2.5 percent in 2019, 1.9 percent in 2020 and 1.8 percent in 2021. The metabolomics industry will be source of strength, with growth of 2.5 percent in 2019 and 3.0 percent in 2020. In fact, chemical industry growth will exceed that of the US economy through 2024. Global Physical Education Conferences going to be held during January 2020 to December 2020 at various cities in Europe (London, Barcelona, Madrid, Valencia, Rome, Milan, Berlin, Frankfurt, Vienna, Zurich, Dublin, Edinburgh....And Many More...!!

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