

Review Article

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Spagyric Medicine: Purification of Body, Mind and Spirit

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Abstract

Spagyrics is a distinct branch of Alchemy, the medieval chemistry based on astrology, pseudoscience, mythology and spirituality as the fundamentals for health and medicine but Alchemists were often misquoted as black magicians who searched for ways to transform base metals into gold, but they were actually exploring the key to physical, mental and spiritual health and originated many chemical processing methods that are still relevant today. Alchemical practices and philosophy can be found in all the world's great traditional medical systems like Ayurveda, Siddha, Spagyric Homeopathy, etc. This article will discuss how alchemical philosophical ideas influenced and contributed to significant changes in holistic medical science.

Keywords: Spagyrics; Electrohomeopathic; Spirituality

Introduction

Spagyric (pron.: /spəˈdʒɪrɪk/) is a name given to the production of herbal medicines using alchemical procedures. Originated from Greek: Spao, to tear open, + ageiro, to collect. It is a term coined by Paracelsus. These procedures involve fermentation, distillation and the extraction of mineral components from the ash of the plant. These processes were in use in medieval alchemy generally for the separation and purification of metals from ores, and salts from brines and other aqueous solutions.

The three primal alchemical properties and their correspondence in spagyric remedy are:

- Mercury=water elements, representing the life essence of the plant, the very alcohol extract of the plant is the carrier of the life essence.
- Salt=earth element, representing the vegetable salts extracted from calcined ashes of plant body.
- Sulphur=fire element, virtue of plant, representing the volatile oil essence of the plant. (Source: Wikipedia)

The medicines are prepared by a specific process called the 'cohobation' which was introduced by Dr. Theoparastus Von Honheim (Paracelsus) in which the living energies of the plant remain in the essences so obtained. Spagyric remedies were originally created by fermenting parts of wild herbs. This process produced concentrated aromatic solutions that were extracted and separated from the plant matter. After fermentation, the plant material was distilled, and the remainder dried and burned. The ashes were extracted and purified via distillation and crystallized, then recombined with the concentrated solution. As a result, the finished spagyric essence contained the mineral constituent parts of the plant which preserves the vital energies of the plant stored up in the essences so obtained. Because of the distillation process Spagyric medicines retain the electrolyte properties of the plants and this is critical to the healing process [1].

A distinct branch of healing science emerged from Spagyrics is Electrohomeopathy, developed by 18th century Italian herbalist Count Cesare Mattei. Mattei influenced by Spagyrics begin to treat the patients by making the medicine with a unique process of Cohobation and ultimately coined a new concept of health and disease through the principle that, Life is in the Blood and Lymph and disease in its Vitiations and the medicine is placed between two classes of phenomenon disease and the normal state of the organism. Electrohomeopathic medicines are also referred to as the Spagyric Homeopathic medicines,

which are recognized in German as well as American Homeopathic pharmacopoeias [2].

Our consciousness, emotions and apprehension influence our neuro-immuno-endocrine system. In several traditional medicines, incl. Ayurveda, Homeopathy and Acupuncture disease is considered to originate as a disruption of the life force or the core information matrix. If there is a disorder in the information level, diseases will occur. Inhuman body brain is the core information matrix. Everything in our universe is inter-connected by information-subtle-energy wave fields. Owing to the arrangement in space, each cell knows what is happening to the other cell. The human development in the womb starts with a single cell. How does it know that it needs to develop? Information thus can be placed and shared or transmitted on the energy wave.

Any imbalance of the life force comes from well within our own consciousness. Health could be obtained by removing the distracted information level or consciousness [3].

The psychological phenomena are the total of the emotional, thought, connection and spiritual emotions. The changes and events in these worlds are projected onto our somatic body (Sigmund Freud, Carl Gustav Jung).

The cell is the basic structural and functional unit of all known living organisms. It is the smallest unit of life that is classified as a living thing, and is often called the 'building block of life'. The Pineal Gland is often referred to as the seat of the spirit or the central level or state of consciousness. According to the Indian Spiritual Chakra system, the pineal gland is part of the physical system corresponding to the Anja chakra which can be viewed as a platform where all consciousness meets. The seat of the spirit is the Anahata chakra which corresponds to the heart, which, surprising enough, has a much stronger magnetic field.

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Physically the gene is merely a collection of proteins, how to control the DNA depends on the kind of information transmitted on the morphogenetic field [4].

With the advancement of quantum physics it has been established that everything in our universe is vibrating energy in a state of potential, and all humans, animals, are unique living systems with a unique energy field. Our bodies are connected to the external energy fields.

William A Tiller, Ph.D., of Stanford University, states that every substance and organism radiates and absorbs energy via a unique wave field, which then exhibits certain geometrical frequency and radiation characteristics.

The life force gives immediate signals about our energy fields' disturbance, e.g. through the various symptoms through our bodily systems, i.e., pulse, face, meridians, iris, aura, etc. Unless it is understood and responded, they appear in our physical bodies after some time and cause ailments.

When our energy field is in balance and clear and flowing in a healthy pattern, we feel healthy and energetic. The blockages in our energy field are caused by unhealthy life styles, stress, drugs, negative thoughts, mental and emotional disturbances, etc. An unhealthy living or working environment or unhappy marital relationship can prevent the flow of energy too. It is opined that negative planetary positions within our astrological birth charts can cause negative influences on our energy field as well as in our health. Studies have proved that astrological planetary positions are linked between the date of birth (or the date of conception) and a great variety of human health conditions, such as, diseases, abnormalities, personality traits, as well as states of health. Professor Janet Currie and Dr. Hannes Schwandt from Princeton University reported in the Proceedings of the National Academy of Sciences, adds to growing evidence that the timing of pregnancy can influence the health of the baby [5].

Current scientific experiments have confirmed that living things are connected with the world's energy field. NASA researchers developed a method of detection to measure the living being's energy and information fields, and their errors. In addition to the bio resonance testing equipment called NLP panel has already been used in the diagnostics, it is able to detect, explore and reveal past shocking events in our being's information field back to decades [6].

According to quantum physics, all energy is matter and all matter is energy and thus substance does not exist in itself as principle at all, because everything in our universe is energy.

Quantum physics recognized that all living things are just energy and its various forms of manifestation which explains the holistic connection between the mind-body-spirit, the trinity of health. In 1970, David Cohen of MIT, using a Squid magnetometer enabled to measure magnetic fields around the head produced by brain activities.

We can measure the energy field created by the brain, using electroencephalography which proves that the brain radiates information energy fields.

The micronutrients enriched spagyric medicines when applied therapeutically transmit information of the trace elements and are able to penetrate and correct the energy level in the living organisms. Based on the principle of quantum physics, subtle energy information of spagyric essences influence and harmonize the elemental information levels of the consciousness, emotions, behavior, thoughts, connections, soul and spirit, from DNA to cells, it harmonize our energy fields.

Current scientific research provides explanations for how the remedies act on the body and why they are so effective. The existence of "Water Geometry" as well as water's stability, even after it has been converted into steam, was proven in both Pennsylvania and Berkeley Universities, USA in 1995 and 1996. Following distillation, purification and other production steps, the plants, minerals and metals are transformed into a spagyric tincture. During the course of the production processes the "life energy" contained within the plant, mineral or metal is released from its attachment to material. This energy is comprised of three different active energies: Sal (salt), Sulfur (sulphur), and Mercurius (mercury). Louis Kervran [7] was able to scientifically prove that, specific enzymes cause the transmutation of certain elements such as potassium, hydrogen, magnesium and oxygen into calcium. In the same manner, sodium and hydrogen are transmuted into magnesium, and sodium and oxygen can change into potassium. This phenomenon, which to a certain extent is a natural "alchemical" process, is known as "Biological Transmutation" or the "Kervran Effect" [7].

Research published in the British Homeopathic Journal by Professor RR Sharma demonstrated that the energetic information contained in homeopathic medicines is able to cross the blood-brain barrier in a matter of approximately 8 seconds and thus deliver therapeutic effects in a deep manner.

Dr. Peter Schleicher, immunologist from Munich opined, that spagyric medicines are "effective in influencing and activating" PNEI regulation mechanisms. Scientific experiments at the Atomic Institute in Vienna showed that different plants contain different radiation patterns. Every plant possesses a quite individual field of radiation: a particular 'energy fingerprint'. In a fraction of a second this radiation power senses the 'information' embedded in our body's immune system, which is directly linked to the hormone system and connected with emotion [8].

Spagyric medicines can effectively correct the human temperament and its connected information-energy level. Chelation or hunger for micronutrients or trace elements hinders the optimization of health because of its regulatory and stimulatory influence on enzyme systems; spagyric medicines retrieve missing mineral's information to restore the mind-body-spirit balance [2,8].

Spagyric Medicine trigger at the quantum level, and deliver the correct information to activate self-regulation of bodily systems and mechanisms and enhancing its footprint through deep penetration and regulation of cellular functioning which influence at the deepest informational state, respectively the DNAs and RNAs, the higher states of emotional and physical health, thus, influence limbic activity, then hypothalamus and pituitary gland, and finally the sexual organs and adrenal glands, and provides the basis of self-sustainable health.

According to Dr. Peter Schleicher, all levels of this PNI hierarchy can be given regulatory impulses through the help of high quality spagyric medicines [9].

Even the so-called spontaneous healing of life-threatening diseases such as cancer almost always corresponds with spiritual and mental processes in which there are major changes in the patient's "inner attitude".

Will the Spagyric sand *bioengineering* be an unprecedented *scientific* adventure of the future?

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