



Rediscovering herbal contraceptives in Ayurveda – Windows of research via ethnopharmacological research

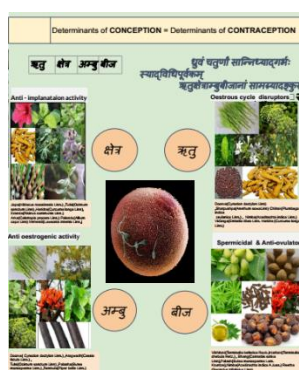
Charu Sharma *, Sujata Kadam, Meenakshi Pandey

All India Institute of Ayurveda, India

Abstract

In the time you read the title, there would have been 4 live-births around the globe. 210 million pregnancies occur worldwide each year, of which, 40% are unplanned. Current researches are centred around immunocontraceptives, molecular condoms but there is an immense quest for completely safe and used friendly contraceptive. Ethnopharmacological-Driven Drug Development becomes the need of the hour to establish noble solutions for global concerns. This review article is a methodology to analyze the pharmacological aspect of contraceptives along with evaluating the current scenario of researches in the drug development process of contraceptives. This article summarizes the results of various classical references and researches related to drug discoveries of contraceptives. This article deals with future leads to herbal contraceptives and presents an interdisciplinary model of research.

Image



Biography

The author is a research scholar in Department of Gynecology and Obstetrics (Ayurveda) in All India Institute of Ayurveda, New Delhi. She has achieved awards like "Jivaka Award" and "Young Scholar Award 2018."

Publications

Sharma M, Mandal SK, Sharma C, Rai S, More A. Ayurvedic management of moderate COVID-19 infection: A case report. J Ayurveda Case Rep 2020;3:46-50

Sharma, Charu & Bhardwaj, Sachin. (2020). "All India AYUSH post graduation entrance exam - Right method to choose the right minds for Ayurveda?". Journal of Ayurveda and Integrative Medicine. 11. 10.1016/j.jaim.2019.12.002.

2nd World Congress on Complementary and Alternative Medicine
Webinar | February 26, 2021

Citation: Charu Sharma, Rediscovering herbal contraceptives in Ayurveda – Windows of research via ethnopharmacological research, CAM Therapies 2021, 2nd World Congress on Complementary and Alternative Medicine, Webinar | February 26, 2021, 2472-1042 -06-03