Obese Manage, Multidisciplinary Medication

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Abstract
Obesity is a prevalence metabolic phenotype that affects social and physical nature of human beings. For obese people, life-style management plays key roles. A small proportion of obesity persons are ineffective by lifestyle controls. Multidisciplinary medication is required.

Keywords: Obesity • Endocrinology • Human Genome • Inflammatory Factors • Mental Disorder • Metabolic Disorders

Introduction
In modern society, human image (body features and physical characters) plays key role for social and economic communication and well-beings. Obesity is a prevalence metabolic and physiological disorder caused by host-environmental consequences [1-6]. For most obese people, life-style management (exercise and food limitation) plays key roles for obesity manage. However, a small proportion of obesity persons are ineffective by lifestyle therapy [7]. In these special cases, in depth scientific and biomedical exploration is indispensable.

Multidisciplinary Medication
Currently, obesity control is divided into two domains; life-style and medicine. Both of them are focused on some nutritional categories. To reduce body-weight for refractory patients, different medical disciplines are associated Table 1.

Pathological Study
Given the complexity characters of human obesity, a great variety of pathophysiological molecules and pathways may be identified;

Table 1. Different medical disciplines associated with human obesity.

<table>
<thead>
<tr>
<th>Disciplines</th>
<th>Molecules and pathways</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biochemical</td>
<td>Biologically active substance</td>
</tr>
<tr>
<td>Nutrition</td>
<td>Calculation of energy and calorie</td>
</tr>
<tr>
<td>Social</td>
<td>Communication skills and frequency</td>
</tr>
<tr>
<td>Physiology</td>
<td>Vitality and function</td>
</tr>
<tr>
<td>Pathology</td>
<td>Genetics &amp; hormone</td>
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<tr>
<td>Psychiatry</td>
<td>Depression and cognitive impair</td>
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<tr>
<td>Pharmacology</td>
<td>Drug development and application</td>
</tr>
<tr>
<td>Surgery</td>
<td>Gastric and tumor</td>
</tr>
<tr>
<td>Metabolic</td>
<td>Different types of hormone</td>
</tr>
<tr>
<td>Nursery</td>
<td>Physical or spiritual</td>
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</tbody>
</table>

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