

Novel Antiprotozoal Drugs: Tackling Resistance and Neglected Diseases

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Introduction

The urgent need for novel antiprotozoal drugs is underscored by the escalating challenge of drug resistance in infections such as malaria, leishmaniasis, and Chagas disease. Research is actively exploring new therapeutic avenues, including the targeting of parasitic metabolic pathways, the exploitation of host-pathogen interactions, and the investigation of natural products and repurposed drugs. Advancements in medicinal chemistry and molecular biology are crucial for accelerating the discovery pipeline and developing effective treatments for these neglected tropical diseases [1].

Leishmaniasis, a vector-borne parasitic disease, presents significant therapeutic challenges due to the limitations of existing drugs, including their toxicity and the emergence of parasite resistance. Future directions in leishmaniasis treatment involve identifying new drug targets, such as parasite-specific enzymes and signaling pathways, and exploring combination therapies and host-directed approaches to enhance efficacy and overcome resistance [2].

Antimalarial drug resistance, particularly in *Plasmodium falciparum*, poses a grave threat to global public health. Understanding the molecular mechanisms of resistance to current drugs like artemisinin is paramount. Strategies to counter this threat include developing drugs that target different parasite lifecycle stages, employing combination therapies, and advancing vaccine development, alongside robust surveillance systems to guide interventions [3].

The exploration of novel chemical scaffolds has become a focal point in the discovery of new antiprotozoal agents. Medicinal chemistry efforts are concentrated on identifying potent compounds and optimizing their structure-activity relationships and pharmacokinetic properties for clinical application. Computational approaches and high-throughput screening are instrumental in accelerating this process and exploring diverse chemical spaces to combat existing resistance [4].

Nanotechnology offers promising solutions for enhancing the delivery and efficacy of antiprotozoal drugs. Nanocarriers can improve drug solubility, stability, and targeted delivery to parasitic sites, thereby reducing systemic toxicity and potentially overcoming drug resistance by increasing intracellular drug concentrations. This approach holds significant potential for treating diseases like African trypanosomiasis and leishmaniasis [5].

Drug repurposing presents an attractive strategy for developing new treatments for neglected tropical diseases, including protozoal infections. By exploring existing drugs approved for other conditions, a faster and less expensive route to novel antiprotozoal therapies can be established. This approach is particularly valuable for diseases prevalent in low-resource settings where effective and affordable treatments are urgently needed [6].

Identifying novel drug targets within protozoan parasites is a critical area of research. Advanced techniques in genomics, proteomics, and metabolomics are providing deeper insights into parasitic biology and metabolism, revealing essential pathways and molecules unique to these pathogens. Targeting these vulnerabilities can lead to the development of highly specific antiprotozoal drugs that combat resistance and minimize host toxicity [7].

Understanding host-pathogen interactions offers a paradigm shift in antiprotozoal drug discovery. By elucidating the intricate relationship between the parasite and its host, vulnerabilities can be identified and exploited. Strategies include targeting parasite entry or exit mechanisms, modulating host immune responses, and disrupting parasite survival within host cells, potentially leading to novel classes of antiprotozoal agents [8].

Natural products continue to be a rich source of potential antiprotozoal drugs, owing to their vast biodiversity and historical medicinal use. Research involves isolating and characterizing compounds from plants and microbes, evaluating their activity against protozoal infections, and identifying novel mechanisms of action to overcome drug resistance. This approach offers a sustainable avenue for drug discovery [9].

The development of effective drugs for human African trypanosomiasis (HAT) remains a significant challenge. Current treatments have limitations, necessitating the search for novel, safer, and more effective therapies. Research focuses on identifying new drug targets and chemical entities active against *Trypanosoma brucei*, with an emphasis on orally bioavailable drugs and interventions that can penetrate the central nervous system for late-stage disease treatment [10].

Description

The global health landscape is increasingly concerned with the development of novel antiprotozoal drugs due to the pervasive issue of drug resistance in parasitic diseases like malaria, leishmaniasis, and Chagas disease. Current research efforts are multifaceted, aiming to identify new therapeutic targets within parasitic metabolic pathways, leverage the complex interplay of host-pathogen interactions, and repurpose existing drugs and explore natural product-derived compounds. The acceleration of the drug discovery and development pipeline relies heavily on interdisciplinary approaches that integrate medicinal chemistry, molecular biology, and clinical research to combat these neglected tropical diseases effectively [1].

Leishmaniasis, a debilitating parasitic disease, continues to pose a substantial therapeutic challenge, primarily due to the inherent limitations of current treatment options, which include significant toxicity profiles and the growing phenomenon of parasite resistance. Consequently, there is an urgent and persistent need to de-

velop safer and more efficacious alternative therapies. Future research is critically examining novel drug targets, such as parasite-specific enzymes and vital cellular signaling pathways, alongside the potential of employing combination therapies and innovative host-directed strategies to improve treatment outcomes [2].

A primary concern in the fight against malaria is the emergence and spread of drug resistance in *Plasmodium falciparum*, the most virulent malaria parasite. This phenomenon severely compromises the efficacy of established antimalarial drugs, including artemisinin and its derivatives. To combat this escalating crisis, strategies under active investigation involve the development of new drugs that target different stages of the parasite's lifecycle, the judicious use of combination therapies, and the advancement of vaccine technologies. Furthermore, robust surveillance systems are indispensable for monitoring resistance patterns and informing public health interventions [3].

In the realm of antiprotozoal drug discovery, the exploration of novel chemical scaffolds represents a highly promising avenue. Recent advancements in medicinal chemistry are focused on identifying compounds that exhibit potent activity against a range of protozoan parasites. Critical to this endeavor is the systematic review of structure-activity relationships (SAR) for lead compounds and the subsequent optimization of their pharmacokinetic and pharmacodynamic properties to ensure clinical viability. Computational approaches and high-throughput screening are pivotal in accelerating the identification of such candidates and exploring diverse chemical spaces to surmount existing drug resistance mechanisms [4].

The application of nanotechnology in the field of antiprotozoal chemotherapy presents a transformative opportunity to enhance drug delivery and therapeutic efficacy. By utilizing sophisticated nanocarriers, such as liposomes and various nanoparticle formulations, researchers aim to improve drug solubility, enhance stability, and achieve targeted delivery to the specific sites of parasitic infection. This strategy is expected to mitigate systemic toxicity and overcome drug resistance by enabling higher intracellular drug concentrations within the infected host cells [5].

Drug repurposing has emerged as a particularly valuable strategy for the development of new therapeutic agents for neglected tropical diseases, including those caused by protozoa. This approach involves investigating the antiprotozoal potential of existing drugs that have already been approved for other medical conditions. Such a strategy offers a potentially faster and more cost-effective pathway to new treatments, addressing the significant unmet medical need for effective and affordable antiprotozoal therapies, especially in resource-limited regions [6].

The identification of novel drug targets within protozoan parasites is a cornerstone of modern antiprotozoal drug development. The use of cutting-edge techniques in genomics, proteomics, and metabolomics allows for a profound understanding of parasitic biology, metabolism, and essential life processes. By pinpointing unique pathways and molecules critical for parasite survival, researchers can develop highly specific antiprotozoal drugs that minimize host toxicity and effectively combat existing resistance mechanisms [7].

Investigating host-pathogen interactions offers a unique and promising paradigm for antiprotozoal drug discovery. Understanding the intricate molecular dialogue and dependencies between the protozoan parasite and its mammalian host can reveal critical vulnerabilities that can be therapeutically exploited. Strategies include targeting essential parasite processes like entry into or exit from host cells, manipulating host immune responses to achieve parasite clearance, or disrupting parasite survival mechanisms within the host environment [8].

Natural products, derived from a vast array of plants, microbes, and marine organisms, continue to be a significant reservoir for the discovery of new antiprotozoal agents. Their complex and diverse chemical structures often provide unique mechanisms of action that can overcome established drug resistance. Research focuses on the isolation, characterization, and biological evaluation of these com-

pounds against various protozoal infections, offering a sustainable and promising source for novel drug candidates [9].

The development of effective and safe drugs for human African trypanosomiasis (HAT), commonly known as sleeping sickness, remains a critical public health priority. Current treatments are often associated with significant toxicity and complex administration regimens, highlighting the urgent need for novel, safer, and more efficacious therapies. Research efforts are actively exploring new drug targets and chemical entities with potent activity against *Trypanosoma brucei*, the causative agent of HAT, with a focus on improving oral bioavailability and developing interventions capable of reaching the central nervous system to treat advanced stages of the disease [10].

Conclusion

The urgent need for novel antiprotozoal drugs is driven by increasing drug resistance in diseases like malaria and leishmaniasis. Current research focuses on targeting parasitic pathways, exploiting host-pathogen interactions, and exploring natural products and repurposed drugs. Nanotechnology is improving drug delivery and efficacy, while novel chemical scaffolds and drug targets are being investigated. Understanding parasite biology through advanced techniques is key to developing specific and effective treatments. Drug repurposing offers a faster route to new therapies, particularly for neglected tropical diseases. Overcoming resistance in malaria and developing treatments for human African trypanosomiasis are critical areas of ongoing research.

Acknowledgement

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Conflict of Interest

None.

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