

Mechanobiology and Mechanics in Cardiovascular Disease

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Cardiovascular disease is the main cause of death globally. Arterial stiffening significantly contributes to the progression of cardiovascular disease [1-3] including atherosclerosis, coronary heart disease, hypertension and stroke. The molecular mechanisms governing arterial stiffening and the phenotypic changes in vascular smooth muscle cells associated with the stiffening process are critical areas in cardiovascular biology, mechanics and pathology. Evidence suggests that arterial stiffness can drive aberrant vascular smooth muscle cell dedifferentiation, migration, and proliferation within the vessel wall [4-9]. Yet, the underlying mechanisms regulating arterial stiffening and the molecular changes within vascular smooth muscle cells associated with the stiffening process remain unclear.

Vascular smooth muscle cells are highly, but not terminally, differentiated cells and constitute a major component of the biomechanically active cell layer in the media of arteries. In response to vascular injury, vascular smooth muscle cells play a major role in neointima formation when they transition from a contractile state to a synthetic state in which they exhibit increased migration, proliferation, and extracellular matrix protein production (i.e. collagen, fibronectin and lysyl oxidase) [8-11]. Vascular smooth muscle cell dedifferentiation, migration and proliferation occur during vascular development and tissue repair in response to vascular injury. Deregulation of vascular smooth muscle cell phenotype can lead to the progression of cardiovascular disease. The difference between physiological and pathological migration and proliferation has been attributed to a failure to cease migration and proliferation once tissue repair has been completed. Thus, many research laboratories use primary cell culture of vascular smooth muscle cells to study the role of matrix stiffness-mediated mechanosensing in regulating vascular smooth muscle cell behaviours.

To explore how stiffness affects vascular smooth muscle cell function, many laboratories have adapted the use of engineered extracellular matrix protein-coated polyacrylamide hydrogels of biologically relevant stiffness to mimic *in vivo* patho-physiological microenvironments. The main advantages of this compliant/deformable substrate system are that 1) the polyacrylamide hydrogels are biologically inert as adhesive polymer surfaces and only the extracellular matrix proteins, such as fibronectin and collagen that are covalently bound to their surface, can function as cellular ligands, and 2) the stiffness can be easily controlled by changing the relative ratio of acrylamide to bis-acrylamide to mimic the stiffness levels of most biological tissues. This system has been used in many mechanobiology studies to investigate the role of extracellular matrix stiffness on vascular smooth muscle cell proliferation [4,7,12], migration [13,14], stiffness [7,12,15,16], cell-cell adhesion [12], cyclooxygenase-2 regulation [5,17] and extracellular matrix production (i.e. collagen, fibronectin, and lysyl oxidase) [5,18]. These studies have highlighted the importance of extracellular matrix stiffness and biomechanical signals in regulating key cellular processes in cell/vascular biology, aging [18] and diseases including atherosclerosis [5,19] and fibrosis [20]. Yet, the underlying mechanisms regulating vascular stiffening and the molecular changes within vascular smooth muscle cells associated with the stiffening process remain unclear. Thus, current research themes are to identify signalling pathways by which physiological arterial stiffness

controls vascular smooth muscle cell function and to determine how pathological arterial stiffness disrupts that control which contributes to the progression of cardiovascular disease. These research findings will be significantly relevant for clinical revascularization procedures (angioplasty and stenting), where the risk of restenosis attributable to neointimal formation may be mitigated by targeting certain mechano sensitive proteins to maintain lumen diameter, vessel function, and physiological arterial stiffness. Thus, current and future work by researchers may lead to new therapies for treating cardiovascular disease.

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