

Looking at PTSD and Other Stressors from Various View Points

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Abstract

This editorial introduces the *Special Issue on Post-Traumatic Stress Disorder*. This issue examines difference presenting problems that can lead to PTSD and reviews and critiques some of the different treatment modalities that exist.

Keywords: Post traumatic stress disorder; Treatment

Description

We begin this issue with examining Post-traumatic stress disorder (PTSD) and child sexual abuse. PTSD is a mental health condition that's triggered by a terrifying event, either experiencing it or witnessing it. The person who develops PTSD may have been the one who was harmed, the harm may have happened to a loved one, or the person may have witnessed a harmful event that happened to loved ones or strangers. The paper proposes a conceptualization of the experience of father-daughter childhood sexual abuse through five traumagenic constructs to further understand the outcomes of it. The uniqueness of childhood sexual abuse compared to other forms of child abuse, in terms of symptoms and treatment principles, is described. The author posits that in order for the therapeutic process to become a corrective experience, the elements of the sexual abuse should be used towards growth rather than towards re-captivity [1]. The second paper examines the Biomedical Diagnosis of Post-Traumatic Stress Disorder and Implications for Care during Complex Emergencies. In this article, the author discusses how a PTSD diagnosis could harm both the community and the individuals affected [2]. In addition, the author details the foregoing phenomenon as medicalization of social and economic problems. The issue continues with an examination of Dissociative Identity Disorder Theory Explaining Serial Murder and Murderers. The author postulates that many psychological explanations tried to explain personality traits among these murderers since the topic started to the interest of the science community. The problem is that either the theoretical explanations did not properly address the serial murder definition, or some of the explanations raised more questions than answers. The author then asserts that one of the most prominent theories to explain the serial murderer and murder is the DID theory, tested in laboratory conditions, showing empirical evidence for its arguments [3].

We continue with PTSD, by taking a look at war-related symptoms. PTSD was first brought to public attention in relation to war veterans, but it can result from a variety of traumatic incidents, such as mugging, rape, torture, being kidnapped or held captive, child abuse, car accidents, train wrecks, plane crashes, bombings, or natural disasters such as floods or earthquakes. In the last decade, rapid progress in research on the mental and biological foundations of PTSD has lead scientists to focus on prevention as a realistic and important goal. This article takes a look at war-related Post Traumatic Stress Disorder being resistant to current treatment and posits that the medical profession needs to give Stellate Ganglion Block (SGB) a chance. The author provides research to support the claim that this new approach is very promising, with a success rate of 70 to 75% a very high compliance, acceptance and minimal risk. Considering severity of PTSD and the lack of effective therapeutic interventions available it is time to dispense with established scientific /medical opinions look at the

available data and apply SGB to the population most at risk of PTSD related complications [4-9].

The next article titled "Silent Gunshots: The Deafening Toll of Gun Violence in America" makes the argument that all senseless gun violence is not an inner city, black, white, or poor issue but an American concern? Without doubt, both sides must come to the table, the powerful gun lobbyists and those who advocate for stricter gun control to make a stance in order to make significant changes and save innocent lives [6].

The Special Guest Editor wishes to express her gratitude to the authors who shared their work and made the sessions successful. We hope you enjoy and are inspired by what follows.

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