

Editorial on Integrative Medicine in Oncology

Sai Shradha*

Department of Microbiology, Jawaharlal Nehru Technological University, Hyderabad, Telangana, India

Editorial

The final definition for integrative oncology is: "Integrative oncology is a patient-centered, evidence-informed field of cancer care that utilizes mind and body practices, natural products, and/or lifestyle modifications from different traditions alongside conventional cancer treatments. Integrative medicine is a combination of medical treatments for cancer and complementary therapies to cope with the symptoms and side effects. There is evidence that suggest some mind and body approaches, such as acupuncture, massage therapy, music therapy, meditation and mindfulness-based stress reduction, and yoga may help to manage some symptoms of cancer and side effects of treatment.

An integrative approach to cancer care treats the disease with surgery, chemotherapy and other conventional tools, while also supporting patients' strength, stamina and quality of life with evidence-informed therapies. CAM therapies such as acupuncture, yoga, meditation, and guided imagery are increasingly integrated into today's conventional treatment of heart disease, cancer, and other serious illnesses and scientific evidence supports this approach to health and healing.

Integrative medicine is a combination of medical treatments for cancer and complementary therapies to cope with the symptoms and side effects. You may sometimes hear integrative medicine called complementary and alternative medicine or CAM. However, there are no true "alternatives" to cancer treatment. Integrative medicine, which encompasses a broad spectrum of medical treatment methods and care systems, has developed into a distinct medical specialty as more and more physicians have embraced it as an approach to patient care, and as the public has become educated about its

foundational concepts.

Integrative medicine, which encompasses a broad spectrum of medical treatment methods and care systems, has developed into a distinct medical specialty as more and more physicians have embraced it as an approach to patient care, and as the public has become educated about its foundational concepts. In rare cases, some people may survive for several months or even a year with stage 4 cancer, with or without treatment. Some studies have found that attempting to aggressively treat cancer that has reached stage 4 can actually lead to a drop in the quality of the patient's remaining life. Naturopathic physicians: These are also called Naturopathic Doctors (ND) or Doctors of Naturopathic Medicine (NMD).

They usually attend an accredited four-year, graduate-level school. There they study basic sciences similar to those studied in conventional medical school. Chiropractic care has been shown to be beneficial for a variety of bodily ailments and can also be beneficial during cancer treatment. Complementary and alternative medicines are medicines and health practices that are not usually used by doctors to treat cancer. Complementary medicine is used in addition to standard treatments. Alternative medicine is used instead of standard treatments.

Integrative Medicine (IM) is healing-oriented medicine that takes account of the whole person, including all aspects of lifestyle. It emphasizes the therapeutic relationship between practitioner and patient, is informed by evidence, and makes use of all appropriate therapies. Holistic, or alternative, medicine is different from integrative medicine because it is used instead of conventional Western practices and can even have an active rejection of medical treatments

How to cite this article: Shradha, Sai. "Editorial on Integrative Medicine in Oncology." *Alt Integr Med* 10 (2021): 354.

***Address for Correspondence:** Sai Shradha, Department of Microbiology, Jawaharlal Nehru Technological University, Hyderabad, Telangana, India, E-mail: devshotsaishradha@gmail.com

Copyright: © 2021 Shradha S. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Received 08 September 2021; **Accepted** 13 September 2021; **Published** 18 September 2021