

Influence of Polymorphisms on Mycophenolate Mofetil - Induced Diarrhoea in Renal Transplanted Children

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Abstract

Purpose: The objective of this study was to investigate the factors involved in mycophenolate mofetil (MMF) disposition on the risk of diarrhoea in renal transplanted children.

Methods: Patients' characteristics, immunosuppression and polymorphisms of *UGT1A8*, *UGT1A9*, *UGT2B7*, *ABCC2*, *IMPDH1*, and *IMPDH2* genes were explored. Statistical analyses were performed using logistic regression.

Results: Eighty three renal transplanted patients were included and 28/83 (33%) developed diarrhoea requiring MMF discontinuation or switched to the enteric-coated formulation EC-MPS during follow-up. In the multivariate analysis, the risk of diarrhoea was significantly higher in *ABCC2*-24CC wild-type patients carrying *IMPDH2* IVS7 + 10 T>C variant.

Conclusion: *IMPDH2* (IVS7+10T>C) and *ABCC2* (c.-24C>T) are biomarkers associated with diarrhoea in children treated with MMF.

Keywords: Mycophenolate Mofetil • Diarrhoea • Pharmacogenetics • Pharmacokinetics • Paediatric • Renal Transplantation

Introduction

Mycophenolate mofetil (MMF), the prodrug of mycophenolate acid (MPA), is an anti-proliferative agent used in paediatric renal transplantation as immunosuppressive drug combined with calcineurin inhibitors (cyclosporine or tacrolimus) and corticosteroids. After oral administration, MMF is rapidly de-esterified in the stomach resulting in two compounds, N-[2-hydroxyethyl]-morpholine and acid mycophenolic (MPA), a potent, selective, uncompetitive and reversible inhibitor of Inosine 5'-Monophosphate Deshydrogenase (*IMPDH*). This enzyme is involved in the *de novo* pathway of guanosine nucleotides synthesis in B and T lymphocytes and exists in two isoforms, *IMPDH1* and *IMPDH2*. MPA affinity has higher for the *IMPDH2* isoform which is expressed in activated T and B lymphocytes [1].

MMF is metabolised to inactive MPA-phenyl-glucuronide (MPAG), mainly by *UGT1A9* in the liver, kidney, gastrointestinal tract and by *UGT1A7*, *1A8* and *1A10* in the enterocytes. The majority of MPAG is excreted by the kidney but to a lesser extent into the bile via *MRP2* (*ABCC2* gene) and *BCRP* (*ABCG2* gene) and then deconjugated into MPA by intestinal bacterial flora, through enterohepatic circulation. *UGT2B7* is also involved in the metabolism of MPA producing, in the liver and the intestine, the acyl glucuronide (AcMPAG), a pharmacologically active metabolite, potentially toxic [2,3] (Figure 1).

MMF is frequently associated with digestive disorders, in particular diarrhoea, after transplantation resulting in non-compliance, MMF discontinuation or a switch to the enteric-coated formulation of mycophenolate

sodium (EC-MPS), delaying the absorption of MPA [4,5]. Stopping MMF or reducing dosage have been associated with an increased risk of acute rejection and graft loss [6,7]. Gastrointestinal disorders are more frequent in renal transplanted children compared to adults (54.5% versus 21.6% respectively) but their mechanism of diarrhoea has not been elucidated yet [8].

The aim of this study was to investigate, the potential impact of pharmacogenetic variants affecting MMF disposition and effect in the occurrence of diarrhoea in renal transplanted children. Polymorphisms of the genes encoding 1) enzymes involved in MPA metabolism (*UGT1A8*, *UGT1A9*, *UGT2B7*), 2) efflux transporter involved in the biliary excretion (*ABCC2*), 3) MPA target (*IMPDH1* and *IMPDH2*) were analysed.

Research Methodology

Study design

The present study included all children who had a renal transplantation between 2004 and 2014 in the department of Paediatric Nephrology - Robert Debré hospital and received MMF since transplantation a part of their immunosuppressive regimen. Children were excluded from the study if : 1) it was a second transplantation, 2) MMF was not part of the initial immunosuppressive regimen, 3) the associated anti-calcineurin changed during the observation period 4) consent from both parents was not obtained for genetic testing.

Data were collected from the day of transplantation to identify the cases corresponding to patients who developed digestive pain or episodes of diarrhoea and the control patients. According to our management procedure, patients who develop digestive disorders while receiving MMF are discussed during staff meetings and MMF discontinuation decided upon medical decision, after 8 to 10 days of symptomatology, also based on clinical examination. Cases were defined as patients who had MMF discontinuation and controls included all patients who did not experience this side effect during the follow-up period of 4 years. Approval was obtained from the local Ethics Committee according to the French Law (CEERB-RD 2014/288). Informed consent was obtained from all individual participants included in the study.

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Received 22 July 2020; **Accepted** 31 July 2020; **Published** 07 August 2020

demographic variables (age, sex, BMI), number of mismatches, donor status ($P > 0.05$) (Table 2).

There was no difference between the 2 groups in the number of patients treated with tacrolimus or cyclosporine ($n=25/65$, 38.5% versus $n=3/18$, 16.7%, respectively) or in the MMF doses (1031 ± 503 mg/m²/day versus 800 ± 0.01 mg/m²/day), when diarrhoea occurred. However, modifications of treatment due to diarrhoea tend to occur later in patients receiving cyclosporine than in patients co-treated with tacrolimus but the difference was not significant ($0.3 [0.1 - 1.7]$ years versus $0.2 [0.03 - 2.7]$ years, $P > 0.05$).

Diarrhoea and pharmacogenetic biomarkers of MMF disposition

According to univariate logistic regression, there was no association between severe diarrhoea and *UGT1A8*, *UGT1A9*, *IMPDH1* gene variants

(Table 2). In contrast, variants of *UGT2B7*, *IMPDH2*, *ABCC2* genes were associated with the occurrence of diarrhoea. The analysis of *UGT2B7* -900G>A variants showed that heterozygous (OR=4.1, 95% CI=0.8- 20.6, $P=0.05$) and homozygous (OR=5.6, 95% CI=1.1-29.4, $P=0.04$, respectively) mutated patients were at higher risk to develop diarrhoea requiring treatment modification that wild-type patients ($n=82$).

There was no homozygous mutated (CC) patients for the variant *IMPDH2* IVS7 + 10 T>C, but heterozygous had a risk 7.3 times higher than wild-types (95% CI 1.4-38.7; $P=0.02$). By contrast, the risk of diarrhoea was increased in wild-type *ABCC2* -24CC patients compared to carriers of mutated allele *ABCC2* -24T but the difference was not significant ($P=0.10$).

In group 1 of patients presenting with diarrhoea, Kaplan Meier analysis showed a higher incidence in carriers of *UGT2B7* -900G>A variant compared with wild-types (Log-rank test, $P=0.028$ and $P=0.073$ for homozygous AA

Table 1. Demographics, treatment, and genetic characteristics of patients.

Variables	Cases (n=28)	Controls (n=55)	Statistical test
Gender (boys/ girls)	19 (67.9%)/9 (32.1%)	32 (58.2%)/23 (41.8%)	NS ^a
Age (years)	10.5 ± 4.6	11.1 ± 5.4	NS ^b
Weight (kg)	32.9 ± 15.8	35.2 ± 16.6	NS ^b
BMI (kg/m ²)	17.8 ± 3.3	18.0 ± 2.8	NS ^b
Mismatches (n, %)			
0	0	1 (1.8%)	
1-2	7 (26.9%)	10 (18.2%)	
3-4	17 (65.4%)	41 (74.5%)	NS ^a
>4	2 (7.7%)	3 (5.5%)	
Donor status (deceased, n, %)	19 (73.1%)	40 (78.4%)	
Number of acute rejections (n, %)			
0	23 (82.1%)	34 (61.8%)	
1-2	5 (17.9%)	19 (34.5%)	
>2	0	2 (3.6%)	NS ^a
Treatment			
Initial doses MMF (mg/m ² /day)	1232.6 ± 444.3	1270 ± 529.7	NS ^b
CsA/Tac during follow up	3 (10.7%)/ 25 (89.3%)	15 (27.3%)/40 (72.7%)	NS ^a
Genotype			
UGT1A8*2 rs1042597			
CC	18 (64.3%)	35 (63.6%)	
CG	8 (28.6%)	17 (30.9%)	NS ^a
GG	2 (7.1%)	3 (5.5%)	
UGT1A9 rs178868320			
CC	26 (92.9%)	50 (90.9%)	
CT	1 (3.6%)	5 (9.1%)	NS ^a
TT	1 (3.6%)	0	
UGT2B7 rs7438135			
GG	2 (7.4%)	15 (27.3%)	
GA	13 (48.1%)	24 (43.6%)	P<0.05 ^a
AA	12 (44.4%)	16 (29.1%)	
ABCC2 rs717620			
CC	21 (75.0%)	31 (56.4%)	
CT	6 (21.4%)	21 (38.2%)	P<0.05 ^a
TT	1 (3.6%)	3 (5.5%)	
IMPDH1 rs2278924			
CC	23 (82.1%)	41 (74.5%)	
CT	5 (17.9%)	14 (25.5%)	NS ^a
TT	0	0	
IMPDH2 rs11706052			
TT	22 (78.6%)	53 (96.4%)	
TC	6 (21.4%)	2 (3.6%)	P<0.05 ^a
CC	0	0	

Note: The values are shown as effective and percentages. BMI Body Mass Index; CsA Cyclosporine ; MMF Mycophenolate Mofetil; Tac Tacrolimus
^a=Chi² test performed between both groups ; ^b=Man-Whitney test performed between both groups

and for heterozygous GA respectively) (Figure 2a). Similar results were observed for heterozygous patients for the variant *IMPDH2* IVS7 + 10 T>C (Figure 2b) (log-rank test, $P=0.022$). Kaplan Meier analysis also demonstrated that incidence of diarrhoea was higher in wild-type *ABCC2* 24CC compared to carriers of one mutated allele T ($P=0.048$) (Figure 2c). The incidence of the different other SNPs in *UGT1A8*, *UGT1A9* and *IMPDH1* was not different between the two groups (log-rank test, $P > 0.05$) (data not shown).

Multivariate analysis

The multivariate analysis included the 3 genotypes *IMPDH2* IVS7 + 10 T>C, *UGT2B7* -900G>A and *ABCC2* -24C>T, significantly associated with the risk of diarrhoea in Kaplan Meier analysis and the calcineurin inhibitor (either cyclosporin or tacrolimus) already identified as risk factor was added. The final model retained the type of calcineurin inhibitors and two genotypes *IMPDH2* IVS7 + 10 T>C and *ABCC2* -24C>T, as shown in Table 3.

The AUCs of the ROC curves, calculated to evaluate the ability to predict diarrhoea were 0.589 and 0.593, for carriers of the variant *IMPDH2* IVS7 + 10 T>C and for homozygous patients *ABCC2* -24CC respectively (Table 4). When patients carrying *ABCC2* 24CC genotype and one *IMPDH2* IVS7 +10TC allele, the ROC AUC was 0.760 ($P < 0.0001$) (Figure 3).

Discussion

This pilot study investigated the factors potentially associated with the risk of diarrhoea during MMF treatment in renal transplanted children. We demonstrated that carrier of the *IMPDH2* IVS7 + 10 T>C variant and homozygous wildtypes for *ABCC2* -24C had a higher risk to develop diarrhoea.

Digestive disorders and predominantly diarrhoeas are frequent after renal transplantation in patients receiving MMF as part of immunosuppression regimen and result in dehydration, weight loss, increased creatinine concentrations and fluctuations in immunosuppressive concentrations. These consequences influence graft outcome and patients survival [9,10]. In this paediatric population, diarrhoea occurred in 33.7% of children, as already reported to previous studies [11,12]. In clinical practice, MMF is usually stopped and either switch to enteric-coated mycophenolate sodium (EC-MPS) or interrupted and immunosuppression regimen modified. EC-MPS is an enteric preparation of MMF with a significant beneficence on digestive disorders, when compared to MMF [13-15]. In rats, the administration of EC-MPS reduced gastro-intestinal injury compared to MMF and the authors suggested such observation to be related to differences in the pharmacokinetics of the two formulations [16]. The recommended dosage of MMF is 600 mg/m² in children over 2 years of age twice daily. Data on pharmacokinetics, efficacy and safety of EC-MPS are sparse in children and adolescents; however, use in first line immunosuppression is becoming more frequent at the initial paediatric oral dose of 600 mg/m² twice a day [17-19].

Many hypotheses have been made to elucidate the mechanisms of MMF

digestive disorders, 1) MPA may have a direct impact on enterocytes, by inhibiting *IMPDH*, by modulating the local immune response with an increased susceptibility to infections and oxidative stress or through local metabolism, 2) when administered orally, MMF is hydrolysed by carboxylesterases (CES-2) to MPA and one of them, the N- (2-hydroxyethyl) morpholine, may cause local irritation of the intestinal wall, 3) The MPA glucuroconjugate metabolite, AcMPAG formed by *UGT2B7* and *UGT1A9* may contribute to toxicity by stimulating interleukin-6 and tumor necrosis factor alpha [20-23].

Interindividual differences in drug disposition resulting in high exposure and the potential role of genetic and clinical factors influencing the pharmacokinetics of MMF have been investigated but results remain contradictory. To our knowledge, very few studies searched for risk factors, including patients' characteristics and pharmacogenetic variants known to influence MMF metabolism and disposition and the occurrence of severe diarrhoea requiring modifications of MMF treatment. Age, gender, donor characteristics, mismatches were not associated with occurrence of diarrhoea in this study. The potential role of the anti-calcineurin, either cyclosporine or tacrolimus has been extensively investigated. Similarly to previous studies, MMF tends to be more frequently discontinued because of severe diarrhoea in children co-treated with tacrolimus than with cyclosporine even though the doses of MMF did not differ between the two groups [24-26]. Cyclosporine is known to inhibit *MRP2* (encoded by *ABCC2* gene) reducing the MPAG excretion by decreasing enterohepatic recirculation and increasing metabolites concentrations [27]. In addition, cyclosporine reduces MPA bioavailability by approximately 20% in treated patients while increased MPA trough concentrations and AUCs were observed in patients co-treated with tacrolimus, suggesting a role of tacrolimus entero-hepatic recirculation and higher exposure in wild-type *ABCC2* patients [28-30]. However, although significant in the univariate analysis, the type of anti-calcineurin was not retained in the multivariate analysis. Additional drugs are known to influence the pharmacokinetics of MMF: Proton pump inhibitors reducing MMF bioavailability, anti-acids impacting metabolism/entero-hepatic cycle, corticosteroids promoting activation of *UGT* genes [17].

In this study, the impact of SNPs known to be involved in the MPA metabolic pathways and influencing the MMF clinical outcomes has been investigated. *UGTs* and *ABCC2* genes encode enzymes involved in MPA metabolism whereas *IMPDH1/2* plays a central role in the pharmacodynamic of MMF. Previous studies have shown a significant association between gastro-intestinal disorders under MMF therapy and *UGTs* (1A8*2, *UGT1A9* c.-2152C>T) or *ABCC2* (c.-24C>T) variants in adult renal transplanted patients or *IMPDH1* in cardiac transplanted children [11,31-34]. In addition, the potential impact of different variants on the pharmacokinetics or pharmacodynamics of MMF is also reported. Indeed, Winnicki et al. showed a reduced MMF activity on lymphocytes in healthy voluntary adult carriers of the *IMPDH2* IVS7 + 10 T>C, rs11706052 [35]. Gene variants of *UGT2B7* gene are known to play a role in the pharmacokinetics of MPA but data on *UGT2B7* c.-900G>A are limited. A recent published review summarized the SNPs influencing the MMF clinical outcomes and supports the selection of these SNPs in our study [36].

Table 2. Univariate logistic regression of potential risk factors of diarrhoea.

Covariates	Category	OR (95% CI)	P-value
Age (years)	Per unit increase	0.98 (0.89 – 1.7)	0.60
Gender	Boys vs. girls	0.66 (0.25 – 1.72)	0.39
BMI (kg/m ²)	Per unit increase	0.97 (0.83 – 1.14)	0.73
Donor status	Deceased vs. not deceased	1.34 (0.45 – 4.0)	0.60
Mismatches	Per unit increase	0.79 (0.49 – 1.28)	0.33
Doses MMF (mg/m ² /day)	Per unit increase	1.00 (1.00 - 1.00)	0.74
<i>UGT1A8</i> *2 rs1042597	CC vs. CG/GG	0.97 (0.38 – 2.51)	0.95
<i>UGT1A9</i> rs178868320	CC vs. CT/TT	0.77 (0.14 – 4.24)	0.76
<i>UGT2B7</i> rs7438135	GG vs. GA	4.06 (0.80 – 20.6)	0.05
	GG vs. AA	5.63 (1.08 – 29.4)	0.04
<i>ABCC2</i> rs717620	CC vs. CT/TT	0.43 (0.16 – 1.18)	0.10
<i>IMPDH1</i> rs2278924	CC vs. CT	0.64 (0.20 – 1.99)	0.44
<i>IMPDH2</i> rs11706052	TT vs. TC	7.23 (1.35 – 38.6)	0.02

Note: BMI Body Mass Index; MMF Mycophenolate Mofetil; OR Odds ratio; CI Confidence Interval

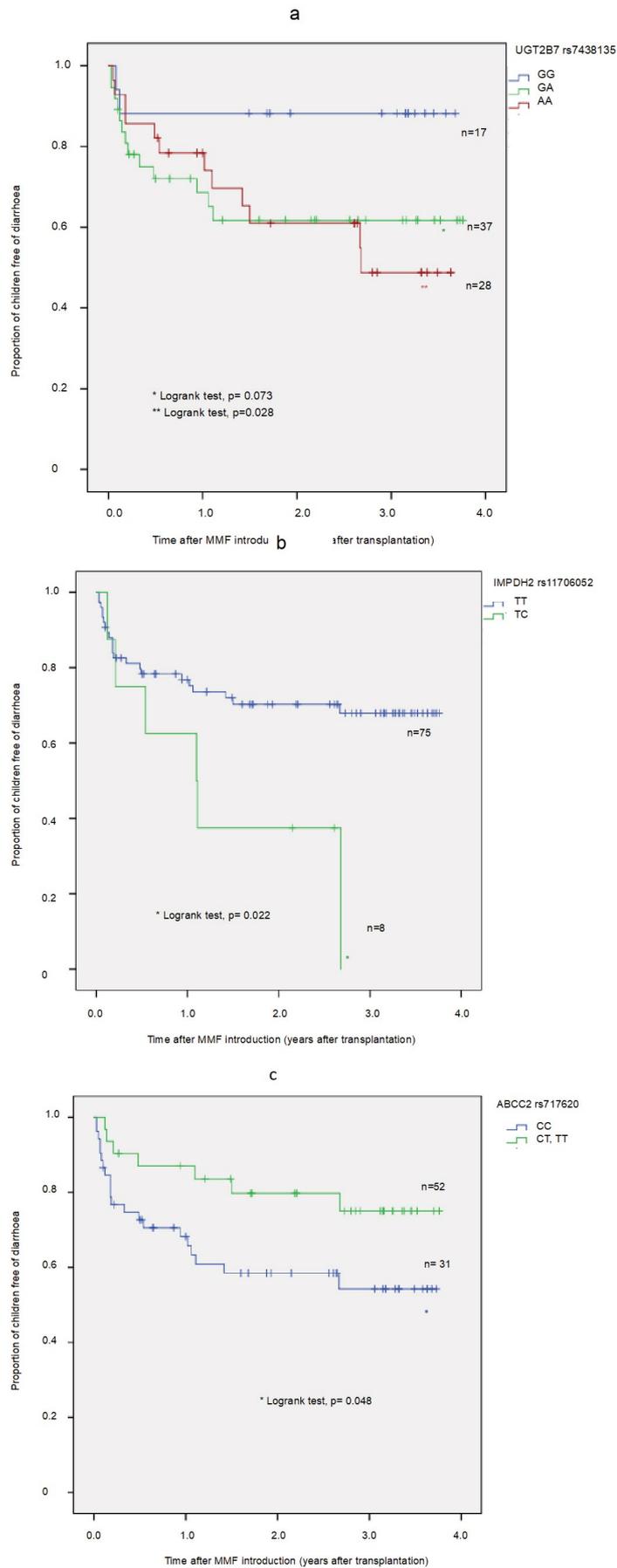


Figure 2. Kaplan Meier analysis at the time of diarrhoea resulting in MMF discontinuation according to genotype of patients: (a) UGT2B7 rs7438135: homozygous mutated patients AA versus heterozygous GA versus homozygous wildtypes GG (b) IMPDH2 rs11706052: heterozygous TC versus homozygous wildtypes TT (c) ABCC2 rs717620: heterozygous and mutated patients CT; TT versus homozygous wildtypes CC.

Table 3. Multivariate logistic regression analysis.

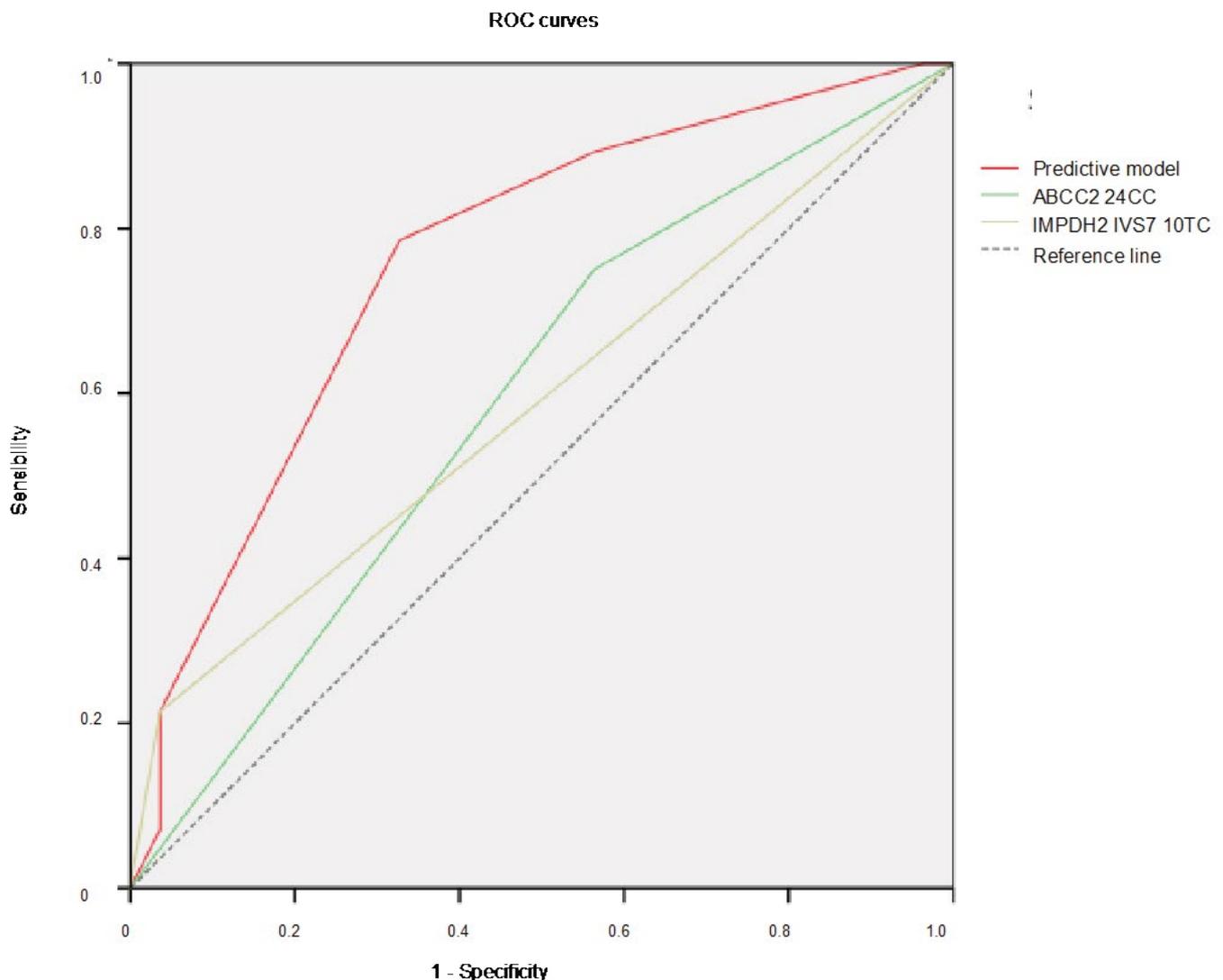
Covariates	Category	B	ES	Wald	OR (95% CI)	P-value
Tac vs. CsA	-	-1.273	0.721	3.112	0.28 (0.068 – 1.15)	0.078
IMPDH2 rs11706052	TC vs. TT	2.106	0.922	5.223	8.22 (1.35 – 50.0)	0.022
ABCC2 rs717620	CC versus CT;TT	1.317	0.592	4.949	3.73 (1.17 – 11.9)	0.026

Note: B Coefficient; CsA Cyclosporine ; ES Standard Error; Tac Tacrolimus; OR Odds ratio

Table 4. Predictive model of the risk of diarrhoea.

Variables	AUC	SE	P-value	95% CI	
				Lower	Upper
ABCC2 24 CC	0.593	0.065	0.167	0.466	0.720
IMPDH2 IVS7 + 10TC	0.589	0.069	1.187	0.453	0.725
Both genotypes	0.760	0.055	<0.0001	0.652	0.868

Note: AUC: Area Under Curve; CI: Confidence Interval; SE: Standard Error

**Figure 3.** ROC curves of ABCC2 24CC (AUC=0.593), IMPDH2 IVS7 10TC (AUC=0.589), predictive model (AUC=0.760)

This is the first report showing those renal transplanted children who carried the mutated allele *IMPDH2* IVS7 + 10 T>C have a higher risk of diarrhoea than wild-type patients. This variant is associated with an increased *IMPDH2* activity [41] and an 50% inhibition of the antiproliferative effect of MPA on lymphocytes [35,37]. The mechanism explaining diarrhoea in carriers of this variant need to be elucidated.

We also report that children carriers of mutated allele *ABCC2* -24T had a reduced risk to develop diarrhoea. *ABCC2* gene encodes MRP2, an organic

anion transporter involved in the enterohepatic circulation of MPA and its metabolites. In the literature, results are contradictory as this variant either increased or decreased *ABCC2* expression or activity [31,38]. The incidence of gastro-intestinal disorders and diarrhoea was higher in carriers of *ABCC2* -24T allele, but here again these results need to be confirmed [39,40].

Similarly to Yang et al., the occurrence of diarrhoea is higher in renal transplanted children carriers of *UGT2B7* -900G>A, but this variant was not retained in the multivariate analysis. The impact of this variant might be related

to the significantly higher AcMPAG levels [33,41]. This would need to be further investigated, as the number of children tested here is relatively low. The following UGT variants, namely *UGT1A8**2 and *UGT1A9* -2152C>T, involved in MMF metabolism had no impact on the occurrence of diarrhoea [12,42-45].

Study Limitations

Only severe cases were selected, defined as requiring discontinuation of MMF with possible underestimation of the real incidence of this adverse event. Potential additional risk factors were not analysed: 1) ethnicity, resulting from the difference of metabolism between Caucasians and Americans, Africans, 2) associated medications that, besides immunosuppressants, are always variable and information difficult to collect, 3) associated diseases, such as diabetes mellitus modifying *IMPDH2* activity; 4) renal function as renal insufficiency modifies enterohepatic recirculation, alters the binding and elimination of MPAG, 5) MPA exposure and cumulated doses of MMF were not analysed but exposure was monitored to maintain MPA in the recommended therapeutic range (30-60 µg.h/mL) [46-51]. Future studies in a larger population will have to consider all these factors [52].

Conclusion

This exploratory study demonstrates that homozygous *ABCC2* -24CC carriers of the *IMPDH2* IVS7 + 10 T>C variant and treated with either cyclosporine or tacrolimus has an increased risk of diarrhoea after renal transplantation. Taking the biomarkers into account could reduce the incidence of severe diarrhoea after renal transplantation. Many drugs that are substrates of MRP2, may increase this risk when given in association. It is far too early to recommend genotyping before transplantation but if our data are confirmed, it will contribute to select an adequate immunosuppressive therapy with cyclosporine and EC-MPS to reduce the risk of gastrointestinal disorders.

Acknowledgments

P. Lancia, T. Adam de Beaumais, E. Jacqz Aigrain designed the study. The authors thank Dr. C. Dossier and V. Baudouin in department of Pediatric Nephrology - Robert Debré hospital for her help in study organisation, Yves Medard, Department of Pediatric Pharmacology and Pharmacogenetics - Robert Debré Hospital for technical expertise in molecular biology and Pr. T. Ulinski, Department of Pediatric Nephrology - Trousseau Hospital for his collaboration.

Funding

This study was partially supported by the European Union Seventh framework Programme FP7/2007-2013-Global Research in Paediatrics Network (Grant No. 261060).

Conflict of Interest

All authors declare no conflict of interest.

Ethical Approval

All procedures were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. The project fulfils the requirement of the "Commission Nationale Informatique et Liberté" (2014), and approval was obtained from the local Ethics committee CEERB (2016/287).

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How to cite this article: Lancia, Pauline, T De Beaumais, Claire Dossier and Véronique Baudouin, et al. "Influence of Polymorphisms on Mycophenolate Mofetil - Induced Diarrhoea in Renal Transplanted Children." *J Mol Genet Med* 14 (2020): 460
doi: 10.37421/jmgen.2020.14.460