

Increased STI/UTI prevalence rates in Uganda

Kiyemba Ronald

Kitanda Health Community, Uganda



Abstract

Statement of Problem: On average, a typical Ugandan female will have an infection once a month. And in outpatients departments out of every 10 females will complain of symptoms pointing to infection. Most of these infections are more of community acquired than nosocomial. By 2011, a report was published and the prevalence rate stood at 13.3%, and it keeps going high every year. So much funds have been spent on antibiotics which could have been avoided, some of the key points to note. In the urban settings where populations are rising, shared toilet settings which play a great role in its spread due to the female anatomy as opposed to the rural settings which have the pit latrines which are of less threat abuse. Where they're poorly controlled by the system highly humid and high temperatures which favored buildup of bacteria leading to these infections. The country's location at the equator, making it highly humid and high temperatures which favored buildup of bacteria leading to these infections. Promiscuous nature due to culture, where one has multiple sexual partners, and the middle aged citizens having several partners at ago. Antibiotic abuse, where they're poorly controlled by the systems, self-medication is so rampant as the antibiotics are easy to reach and the infections end up being poorly managed, leading to reoccurrence and resistance. High levels of poverty directly connecting to poor personal hygiene where the population can't steer clear of the infections. Limited access to health services leading to those untreated spreading it further.

Conclusion: Government should improve awareness, and educate more its citizens on prevention and control of these infections, monitoring antibiotic sales as this will greatly lead to reduction and elimination of recurring infections. African homesteads using locally available herbal therapy through the family concept.

Biography:

Kiyemba Ronald is a Coach for Uganda Cycling National Teams. He has completed his degree in Sports Science. He is the President of Kitanda Care for HIV/AIDS and UTI infections control. His interests are the methods of reducing HIV/AIDS and other infectious diseases from the communities.

[7th International Congress on Infectious Diseases](#); Berlin, Germany- February 24-25, 2020.

Abstract Citation:

Kiyemba Ronald, Increased STI/UTI prevalence rates in Uganda, Infection Congress 2020, 7th International Congress on Infectious Diseases; Berlin, Germany- February 24-25, 2020 (<https://infectioncongress.infectiousconferences.com/abstract/2020/increased-sti-uti-prevalence-rates-in-uganda>)

