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Editor's note

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In This Issue

The current issue of *The International Journal of Neurorehabilitation* highlights a multitude of disciplines including multiple sclerosis, Parkinson disease, and stroke in the context of neurorehabilatory modalities.

In this issue, Vesa et al. examined the effects of a short-term computer-based mindfulness program [1]. Partakers describing themselves as 'stressed' were recruited for the study. Measures of stress, anxiety and depressive symptomatology were assessed prior to and after the two-week trial. Results of the study indicated that such computer-based mindfulness programs may potentially serve as an effective modality to treat individuals exhibiting stress.

Cavallo et al. investigated the characteristics of interpersonal and social relations of spinal cord injury patients established within a hospital's spinal unit [2]. Kaneko et al., found that a visually induced kinesthetic illusion may exhibit a positive effect in patients with stroke [3].

Weerasekara et al [4]. demonstrated that awareness of proper handling of spinal cord injury patients did not differ in regards to age, gender, or level of engagement in sports among 243 school athletes. However, researchers found that there was a deficient level of awareness with regards to the handling of spinal cord injury patients in emergent situations.

Furthermore, this issue presents various reviews such as Naumes et al., Exercise and Myasthenia Gravis: A Review of the Literature to Promote Safety, Engagement, and Function [5]. Various commentaries were also published such as Sayce et al., Spasticity Diagnosis and Treatment in the United States – A Priority for Our Aging Population. Lastly, editorials were published by our excellent editorial board such as Zeilig and Shiller, Advanced Technology to Enhance Rehabilitation Outcomes: Parkinson Disease [6]. Thus, the current issue of *The International Journal of Neurorehabilitation* engages the neurorehabilitation community with a diverse array of disciplines and informative conclusions for bench-side and bed-side professionals.

References

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4. Weerasekara RMIM, Banneheka BMHSK, Sivananthawerl T, Fahim ACM (2016) Awareness among School Athletes about "The Handling and Transferring Techniques of a Suspected Spinal Cord Injured Athlete". Int J Neurorehabilitation 3: 217.
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6. Zeilig G, Shiller AD (2016) Advanced Technology to Enhance Rehabilitation Outcomes: Parkinson's Disease. Int J Neurorehabilitation 3: e124.

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