**Open Access** 

# Impact of COVID-19 Pandemic on Elective Surgery: Lessons Learned and Future Preparedness

#### John Smith\*

Department of Surgery, University of London Senate House, Malet St, London WC1E 7HU, UK

### Introduction

The COVID-19 pandemic has impacted all aspects of healthcare, including elective surgeries. As hospitals and healthcare systems struggled to manage the influx of COVID-19 patients, many elective surgeries were postponed or cancelled to conserve resources and limit exposure to the virus. As we emerge from the pandemic, it is important to reflect on the impact of this disruption on elective surgery and to identify lessons learned and future preparedness measures. One of the most significant impacts of the COVID-19 pandemic on elective surgery has been the backlog of cases that have accumulated over the past year. Patients who had their surgeries postponed or cancelled are now waiting longer for care, which can have significant impacts on their health and quality of life. Healthcare systems must develop strategies to manage this backlog and prioritize patients based on their clinical needs [1].

### **Description**

Another lesson learned from the pandemic is the importance of preparedness for future disruptions. Healthcare systems must develop and implement plans for managing elective surgeries during times of crisis, such as pandemics, natural disasters, or other events that could disrupt normal operations. These plans should include strategies for conserving resources, prioritizing patients, and ensuring the safety of healthcare workers and patients. The pandemic has also highlighted the need for healthcare systems to embrace technology and innovation. Telemedicine and virtual consultations can help to reduce the need for in-person visits, which can help to reduce the risk of infection and increase access to care for patients who may have difficulty traveling to medical appointments.

Finally, the COVID-19 pandemic has underscored the importance of collaboration and cooperation among healthcare providers, healthcare systems, and government agencies. Effective communication and collaboration can help to ensure that patients receive the care they need, while also ensuring the safety of healthcare workers and the broader community. The COVID-19 pandemic has significantly impacted elective surgery worldwide. Hospitals and healthcare systems have struggled to manage the surge of COVID-19 patients, leading to the postponement or cancellation of many elective surgeries to conserve resources and limit exposure to the virus. This disruption has had a significant impact on patients, healthcare systems, and healthcare providers. As we emerge from the pandemic, it is important to reflect on the impact of this disruption on elective surgery and to identify lessons learned and future preparedness measures.

#### The impact of covid-19 on elective surgery

The impact of the COVID-19 pandemic on elective surgery has been significant. Many hospitals and healthcare systems around the world have suspended or cancelled elective surgeries to conserve resources and limit

\*Address for Correspondence: John Smith, Department of surgery, University of London Senate House, Malet St, London WC1E 7HU, UK; E-mail: johnsmith@gmail.com

**Copyright:** © 2023 Smith J. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Received: 01 March, 2023; Manuscript No. JOS-23-94270; Editor Assigned: 03 March, 2023; PreQC No. P-94270; Reviewed: 17 March, 2023; QC No. Q-94270; Revised: 22 March, 2023, Manuscript No. R-94270; Published: 29 March, 2023, DOI: 10.37421/1584-9341.2023.19.88

exposure to the virus. This disruption has had a significant impact on patients, who have had to delay their surgeries, often causing pain, discomfort, and anxiety. It has also had an impact on healthcare systems, as they have struggled to manage the surge of COVID-19 patients, while also dealing with the backlog of elective surgeries. Healthcare providers have also been impacted, as they have had to adapt to new protocols and procedures to ensure their safety and that of their patients.

#### The backlog of elective surgeries

One of the most significant impacts of the COVID-19 pandemic on elective surgery has been the backlog of cases that have accumulated over the past year. Patients who had their surgeries postponed or cancelled are now waiting longer for care, which can have significant impacts on their health and quality of life. The backlog of elective surgeries is a significant challenge for healthcare systems worldwide, as they struggle to manage the surge of COVID-19 patients, while also ensuring that patients receive the care they need.

Healthcare systems must develop strategies to manage the backlog of elective surgeries and prioritize patients based on their clinical needs. Strategies may include the use of alternative facilities to perform surgeries, increasing staffing levels, and implementing innovative approaches to surgery, such as the use of robotics or telemedicine. Healthcare providers must also work together to ensure that patients receive the care they need in a timely and efficient manner. The COVID-19 pandemic has highlighted the importance of preparedness for future disruptions. Healthcare systems must develop and implement plans for managing elective surgeries during times of crisis, such as pandemics, natural disasters, or other events that could disrupt normal operations. These plans should include strategies for conserving resources, prioritizing patients, and ensuring the safety of healthcare workers and patients. Healthcare providers must also be trained and prepared to adapt to changing circumstances and implement new protocols and procedures to ensure their safety and that of their patients. The pandemic has also highlighted the need for healthcare systems to embrace technology and innovation. Telemedicine and virtual consultations can help to reduce the need for in-person visits, which can help to reduce the risk of infection and increase access to care for patients who may have difficulty traveling to medical appointments. The use of robotics and other innovative technologies can also help to increase the efficiency and safety of surgical procedures. Finally, the COVID-19 pandemic has underscored the importance of collaboration and cooperation among healthcare providers, healthcare systems, and government agencies. Effective communication and collaboration can help to ensure that patients receive the care they need, while also ensuring the safety of healthcare workers and the broader community. Healthcare systems and providers must work together to develop and implement effective strategies for managing elective surgeries during times of crisis [2-5].

### Conclusion

The COVID-19 pandemic has had a significant impact on elective surgery worldwide. Healthcare systems must develop strategies to manage the backlog of elective surgeries and prioritize patients based on their clinical needs. They must also be prepared for future disruptions and embrace technology and innovation to improve efficiency and safety. Collaboration and cooperation the impact of the COVID-19 pandemic on elective surgery has been significant, but it has also provided important lessons for the future. Healthcare systems must develop and implement plans for managing elective surgeries during times of crisis, embrace technology and innovation, and prioritize collaboration and cooperation among healthcare providers and government agencies. By doing so, we can ensure that patients receive the care they need, while also ensuring the safety of healthcare workers and the broader community

## Acknowledgement

None.

### **Conflict of Interest**

None.

### References

 Rosenbaum, Lisa. "The untold toll—the pandemic's effects on patients without Covid-19." N Engl J Med 382 (2020): 2368-2371.

- Malhotra, Naveen, Sukhminder Jit Singh Bajwa, Muralidhar Joshi and Lalit Mehdiratta, et al. "Second wave of COVID-19 pandemic and the surge of mucormycosis: Lessons learnt and future preparedness: Indian Society of Anaesthesiologists (ISA National) Advisory and Position Statement." Indian J Anaesth 65 (2021): 427.
- Schrack, Jennifer A, Amal A. Wanigatunga and Stephen P. Juraschek. "After the COVID-19 pandemic: The next wave of health challenges for older adults." J Gerontol A 75 (2020): e121-e122.
- Spinelli, Antonino and Gianluca Pellino. "COVID-19 pandemic: Perspectives on an unfolding crisis." Br J Surg 107 (2020): 785-787.
- Prachand, Vivek N, Ross Milner, Peter Angelos and Mitchell C. Posner, et al. "Medically necessary, time-sensitive procedures: Scoring system to ethically and efficiently manage resource scarcity and provider risk during the COVID-19 pandemic." J Am Coll Surg 231 (2020): 281-288.

How to cite this article: Smith, John. "Impact of COVID-19 Pandemic on Elective Surgery: Lessons Learned and Future Preparedness." *J Surg* 19 (2023): 88.