

Imaging Features, Differential Diagnosis and Management of Leiomyosarcomas: Case Series and Review of the Literature

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Abstract

Leiomyosarcoma (LMS) is a relatively rare malignant tumor showing smooth-muscle differentiation and accounting for 7-10% of all soft tissue tumors (STTs). LMS occurs most commonly in retroperitoneum and extremities but can potentially involve every site of the body. Diagnosis is finally provided by a histological examination; nevertheless multiplanar imaging can suggest a radiological diagnosis of soft tissue sarcoma prior to biopsy and allow a precise assessment of primary tumor extent and systemic spreading. Computerized tomography (CT) is often the first imaging modality assessment especially for abdominopelvic LMSs and also the cornerstone of staging. CT usually shows a large, heterogeneous and unspecific mass with central areas of hemorrhage or necrosis and peripheral contrast enhancement. Magnetic resonance imaging (MRI) findings are not specific and show a non-fatty mass iso-intense to skeletal muscle on T1-weighted images and high-signal in T2-weighted images with a decreasing rim-to-center pattern of enhancement after gadolinium administration. Imaging also helps in differential diagnosis that mainly concern other STT, gastrointestinal stromal tumors (GISTs), primitive neuroendocrine tumors (PNETs), and lymphomas. Prognosis of LMS is poor and patients should be referred to hospitals with extensive experience in managing sarcomas using multidisciplinary therapeutic approach including surgery, chemotherapy and radiotherapy. The aim of this review is to underline the most important radiological features that could indicate a diagnosis of LMS and in particular to draw the attention to LMSs of the limbs as one of the most frequent location even if often overlooked in literature.

Keywords: Computerized tomography; Leiomyosarcoma; Soft tissue tumors; Gastrointestinal stromal tumors; Primitive neuroendocrine tumors

Introduction

Soft tissue sarcomas (STSs) are rare cancers with mesenchymal differentiation that account for 1% of all malignancies. Leiomyosarcoma (LMS) is a malignant tumor composed of cells showing distinct smooth-muscle differentiation [1,2] and constitutes the second most common STS subtype after liposarcoma, accounting for about 7-10% of all STS [3,4]. In general soft tissue masses are more frequently benign, but STSs with smooth muscle differentiation often display malignant features, with LMSs being usually usually high-grade malignancy neoplasms [5,6].

Incidence of LMS is decreasing because of reclassification of some gastric leiomyosarcomas as gastrointestinal stromal tumors (GIST), provided by immunohistochemistry showing expression of CD34 and c-kit [7,8]. LMSs occur mainly in middle-aged to older adults (5th and 6th decades of life) and can arise from different anatomic sites; the most common is the retroperitoneum (20-75% of cases), followed by peripheral soft tissues (12-41%), most frequently in low extremities; the remainders can involve skin, vessels, head and neck region, trunk, bone, gastrointestinal (non GIST) and genitourinary tract [9,10]. It should be also acknowledged that among women about 40% of LMSs originate from the uterus [11]. Moreover, there are several case reports in the literature describing extremely rare primary locations such as the thyroid gland [12-15], gallbladder [16-18], base of tongue [19,20], liver [21,22], bronchus [23], kidney [24,25] and pancreas [26,27].

According to the French Sarcoma Group's study there are two main categories of LMS, retroperitoneal and peripheral LMS that have both different clinical outcomes and molecular clusters with activation of different biologic pathways [28]. In particular, retroperitoneal LMSs overexpress genes involved in smooth muscle differentiation,

are more common in women and have a poor prognosis, whereas non-retroperitoneal LMSs show overexpression of genes involved in extracellular matrix, wounding, and adhesion pathways, are predominating in men and have a better outcome [29]. Nowadays an etiopathological cause has not been identified yet; however, several risk factors have been associated with STSs development (Table 1).

Between January 2012 and November 2015, at our department 50 patients were newly diagnosed with LMS, accounting for 10% of all diagnosis of soft tissue sarcomas. Regarding tumor sites, despite the higher prevalence of retroperitoneal LMS reported in literature in our experience the most common sites were the limbs, accounting for 56% of the total (50% lower limbs and 6% upper limbs), followed by retroperitoneum (32%), genitourinary tract (6%) and other localizations (6%). LMSs of the limbs are poorly reported in literature and are not meant to be the most frequent among these tumors; nevertheless, according to Gambarotti et al. [4], extremities are the most common site of onset. In our clinical records we found the same results; therefore whenever soft tissue masses of the limbs are firstly found, we suggest that a diagnosis of LMS should be taken into account hence it should not be overlooked.

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| Risk factor | Notes |
|-------------------------|--|
| Ionizing radiation | Higher risk after a fractionated radiation exposure >10Gy |
| Virus (EBV, HHV-8, HIV) | EBV seems implicated in the development of LMS in HIV-infected and transplant patients |
| Chemicals | Dioxin, chlorophenols |
| Hereditary syndromes | Li-Fraumeni syndrome, retinoblastoma, Werner's syndrome, Rothmund-Thompson syndrome, NF1, enchondromatosis |
| Disease | Paget's disease (1% will develop osteosarcoma); Diamond Blackfan anemia (osteosarcoma) |
| Hormones | Female hormone-related factors |

Table 1: Risk factors associated with STS.

Histology

Nowadays the histopathologic diagnosis is the gold standard and it provides information about both the grade and the classification of cancer [29]. Usually biopsy is performed at the end of the pre-operative staging and as it must provide a large tissue sample, performing a large core needle biopsy (Tru-cut) [30]. LMS has the phenotypic features of smooth-muscle differentiation and its typical histologic pattern is intersecting, sharply marginated fascicles of proliferating spindle cells with abundant eosinophilic cytoplasmic and elongated (cigar-shaped) nuclei [31,32]; the tumor can often include areas of hemorrhage and necrosis. The advent of new diagnostic tools, such as immunohistochemistry and molecular genetics/molecular cytogenetic, has improved and validated the morphology-based classification scheme [29]. In particular well-differentiated LMSs are usually positive with muscle markers such as actin and desmin, diffusely positive with calponin, h-caldesmon, and negative with S100, c-kit and CD34 so that many tumors that would have formerly been called high-grade spindle-cell sarcoma can now be classified as LMS [32-37]. Nonetheless, none of these markers are absolutely specific for smooth muscle differentiation [33]. In contrast to GISTs which are positive for c-kit protein in >90% of cases in immunohistochemistry analysis, LMS rarely expresses c-kit and even then, only at low levels [33,38,39].

Diagnostic Imaging

Multiplanar imaging permits a precise assessment of both size and extent of the tumor prior to biopsy.

Typically, once a lesion showing sarcomatous features has been discovered, diagnosis and staging studies are performed simultaneously. CT is the primary imaging modality for the evaluation of abdominopelvic sarcomas (Figure 1), demonstrating which compartments of the retroperitoneum and mesentery are involved and which vessels and organs are encased or displaced. Moreover, CT provides important information about the staging [29]. To rule out pulmonary and hepatic metastases a dynamic contrast-enhanced CT scan of the thorax, abdomen and pelvis with an arterial phase and a hepatic portal venous phase is usually performed.

CT imaging may show a large, heterogeneous and non-specific mass (average 11 cm) [40], with central areas of lower density due to hemorrhage, necrosis or cystic changes; the same features can be seen in liver and lung metastases. In pre-contrast phase high attenuation areas can seldom be seen in cases of recent intra-tumoral hemorrhage [41].

Peripheral moderate contrast enhancement can be observed both in large primary and metastatic tumors because central necrotic portions' lack of an adequate vascularization; smaller tumors can instead be homogeneous [42]. Calcifications are uncommon but



Figure 1: 55-year-old woman with abdominal discomfort. A-B-C. CECT images show a bulky retroperitoneal mass that shows heterogeneous contrast-enhancement. The pathological examination revealed it was a LMS.

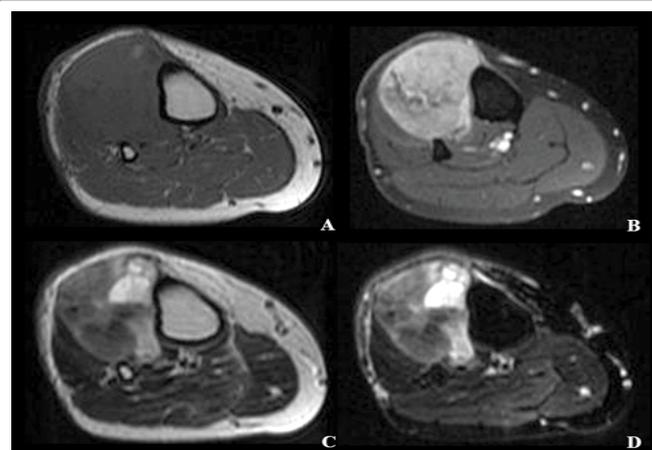


Figure 2: 42-year-old man complaining of a slow-growing tumefaction on his right leg. A-B. T1w-TSE (A) and fatsat T1w-TSE images (B): the lesion appears heterogeneously isointense to skeletal muscle, and it shows strong enhancement after contrast agent administration. (C). On both T2w-TSE and (D) STIR sequences there are high SI areas inside the mass due to necrotic components.

have been reported [43,44]; radiographs may show a soft-tissue mass with detectable mineralization in 12-17% of cases [5,37]. Magnetic resonance imaging (MRI) is the gold standard imaging modality in musculoskeletal tumors evaluation because of its superior soft-tissue contrast, better definition of tumor boundaries (Figure 2) [29] and its multiplanar capabilities. MRI allows a better assessment of the site of origin of a mass, in particular within the pelvis and its involvement with local structures [29,45]. Sequences that are performed in our standard protocol for the assessment of soft tissue lesions are: Turbo Spin Echo T1-weighted, Turbo Spin Echo T2-weighted, STIR (Short Tau Inversion Recovery), dynamic contrast enhanced before and after gadolinium injection VIBE (Volumetric Interpolated Breath-hold Examination) and DWI (Diffusion Weighted Imaging).

Lesions are typically isointense to muscle on T1-weighted images and variably hyperintense relative to muscle on T2-weighted images, with prominent peripheral contrast-enhancement (Figure 3) [37,46].

Large deep lesions can be heterogeneous with areas of liquefaction seen as low-signal intensity regions in T1-weighted images and high-signal in T2-weighted images [29]; on the other hand, superficial lesions which are usually smaller, tend to be more homogeneous. Dynamic contrast-enhanced MRI is often used to try to distinguish benign from malignant lesions: according to Ma and co-workers [47] rim-to-center decreasing enhancement ratio is an additional parameter of malignancy for the MR imaging differentiation of indeterminate musculoskeletal masses (Figure 4). However, MRI findings are nonspecific and reflect a spindle-shaped non-fatty mass with a long T1 and a long T2

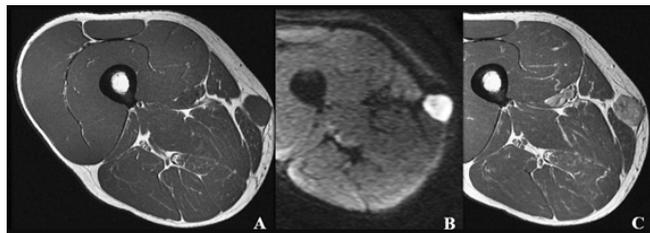


Figure 3: 39-year-old man with a palpable nodule in the right thigh. (A): T1w-TSE image shows a subcutaneous nodule with isointense to skeletal muscle. (B): It is hyperintense on STIR sequence. (C): It reveals moderate but widespread contrast-enhancement after Gd-based contrast agent administration, suggestive of solid and malignant nature.

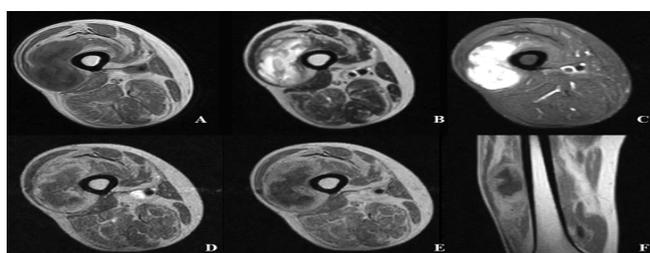


Figure 4: 65-year-old man with a LMS of the thigh. (A): On T1w-TSE image there is a mass in the lateral compartment of the right thigh. The mass appears heterogeneous with a peripheral zone of intermediate SI, and a central zone of lower SI. This central area results brightly hyperintense on T2w-TSE (B) and STIR (C) images, suggesting colliquation. (D-E-F): Both the axial and coronal T1w-TSE images obtained after C.A. administration confirm the presence of a heterogeneous mass with solid and viable tissue in periphery and a necrotic core. The lesion reaches the femoral shaft, but neither the cortex nor the bone marrow seem infiltrated.

relaxation time. Therefore, the main MR imaging features that should raise suspicion of LMS are a mass isointense to skeletal muscle on T1-weighted images and variably hyperintense relative to muscle on T2-weighted images, with contrast-enhancement following gadolinium administration especially in a peripheral rim-like fashion [37,48-52]. There is no clear evidence about the role of diffusion-weighted imaging in the diagnostic pathway of these tumors; according to Sato and co-workers [53], it seems feasible to differentiate leiomyoma from LMS by combining signal intensity on diffusion-weighted imaging and apparent diffusion coefficient (ADC).

Locations

Histologically, soft tissue leiomyosarcomas that arise in different anatomic locations are similar. However, based on the location of the tumor, prognosis and possible treatments can differ. Retroperitoneal LMSs develop insidiously and are generally reported as big masses [54]; one of the major concerns in their radiologic characterization regards the site of origin, in particular whether they are primary from the retroperitoneum or from a retroperitoneal organ [6]. There are few CT signs that may be potentially helpful in differentiating LMSs arising from retroperitoneal space and tumors that develop from retroperitoneal organs: embedded sign, beak sign, “phantom organ” sign and prominent feeding artery sign [6]. A “positive embedded organ” sign identifies a mass arising from a “plastic organ” (i.e. the bowel or veins) [55]. If the organ in question is embedded in the periphery of a larger mass, the mass is likely to arise from that organ (positive embedded organ sign), while if the organ is compressed, the mass doesn't arise from that organ (Figures 5 and 6).

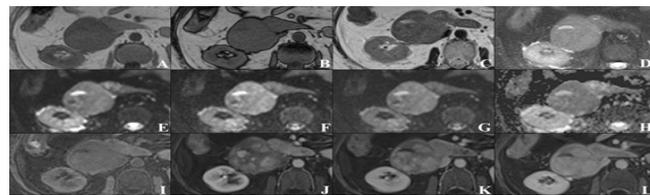


Figure 5: 61-year-old woman with a retroperitoneal LMS who presented with weakness, abdominal discomfort and leg heaviness. (A-B): T1w-GRE in/out of phase: a bulky retroperitoneal mass between the right kidney and inferior vena cava; it shows a pretty homogeneous signal intensity except for a crescent-shaped hypointense area. There is no drop of signal (chemical shift effect) in the out-of-phase sequence suggesting the absence of both fat and water protons in the same voxels. (C-D): It shows an intermediate SI on T2w-TSE sequence that increases on STIR image; the crescent-shaped lacuna reveals high SI suggesting its fluid nature. (E-F-G-H): DwI images with b values of 50-400-1000 s/mm² show high signal intensity also on the high b value image with a low ADC value, in the corresponding ADC map (H), consistent with restricted diffusion. On the contrary the crescent-shaped lacuna shows a progressive decrease in SI going through the b values and a high ADC value, suggesting no restricted diffusion. (I-J-K-L) Precontrast and postcontrast fatsat-T1w-VIBE images: the mass shows heterogeneous contrast-enhancement with inner nodules; moreover, the lesion compresses the inferior vena cava lumen which is still patent suggesting its retroperitoneal origin (negative embedded organ sign).

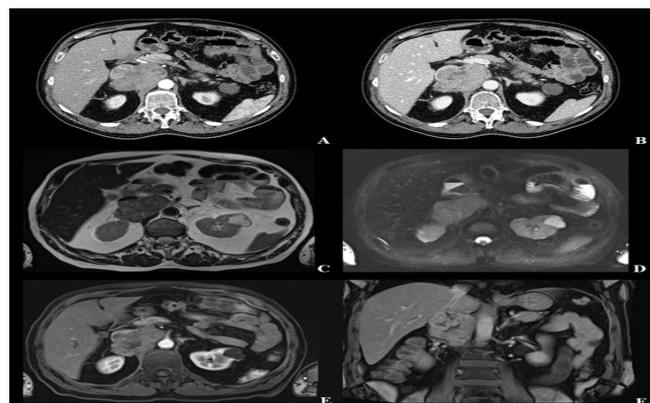


Figure 6: 53-year-old man with a retroperitoneal mass causing lower extremities edema at presentation. (A-B): CT images obtained after IV contrast agent administration in both (A) arterial and (B) portal phases reveal a large retroperitoneal mass adjacent to aorta, in the expected location of IVC. There are partial compression of the IVC lumen, intraluminal tumoral growth along the adventitia of the vessel and extrinsic compression. (C-D-E-F): The neoplasm shows heterogeneous SI on T1w-TSE (C) and high SI on SPAIR T2w-TSE (D) sequences; after IV administration of contrast medium, the tumor reveals increasing contrast-enhancement on arterial (E) and venous (F) phases, with a crescent-shaped residual patent lumen of IVC.

When the edges between the mass and a specific organ are sharp the beak sign is positive. Thus indicating that the origin of the mass comes from this specific organ. Vice-versa, in case of compression, the edges are dull and the beak sign is negative. The phantom organ sign is positive when the mass, originated from a small organ, makes it undetectable. Lastly, the “prominent feeding artery sign” is identified when the caliber of an arterial vessel that supplies a specific organ becomes larger than usual. Retroperitoneal LMSs can often involve inferior vena cava (IVC) and others large venous vessels following three main growth patterns: extra-luminal (62%), both extra- and intra-luminal (33%) and intra-luminal (5%). The ones with an exclusive intra-luminal growth pattern primarily arise from the IVC and can be considered of vascular origin. Thus, when primary IVC tumors have even an extravascular extension as well, it can be difficult to distinguish the initial site of origin [55-59].

CE-CT and CE-MRI, can be useful in identifying the extent of vessel involvement and the presence of intraluminal tumors or neoplastic thrombi; another main distinction to be made concerns the differentiation between intravascular tumors and non-neoplastic thrombi. An MRI can provide important clues to distinguish these two entities (i.e. enlargement of the IVC, the relative high intensity on T2w sequences, and presence or absence of contrast-enhancement; Figure 5) [59]. Moreover, a tumor expands the vessel to a diameter several times its original one, while thrombus never expands the diameter to more than twice its original one [50,60].

In literature, the limbs are reported to be the second-most common site of soft tissue-LMS, particularly buttocks and thighs; they can arise from vascular structures (mainly veins) or hair follicles (erector pili muscle) [4]. Extremity LMSs are usually present as painless slow-growing lesions, which may seem clinically benign.

LMS of the lower limbs, arising from the deep venous system initially present with signs of deep venous thrombosis and exhibit similar prognostic patterns as LMS arising from inferior vena cava and other venous tributaries [61].

Imaging is non-specific: ultrasound reveals a hypoechoic solid mass, which may be ill- or well-defined with marked internal vascularization [62-64]. As for retroperitoneal LMS, the MRI is the best imaging choice for the evaluation of extremity tumors. Large and deep lesions are usually heterogeneous with central areas of necrosis. Superficial ones tend to be smaller and more homogeneous. On MRI images, peripheral LMSs are iso- or hyper-intense to muscle on T1-weighted images and hyperintense on T2-weighted images with mild to intense contrast-enhancement of the viable areas [52]. Calcifications are uncommon (10-20%) on radiographs and CT images [65]. Even if they are not properly classified as soft tissue lesions, uterine LMS account for about 40% of leiomyosarcomas among women; moreover, they represent approximately one-third of uterine sarcomas and 1% of all uterine malignancies. Sarcomatous transformation of a pre-existing leiomyoma occurs but it is uncommon; most of the time LMSs arise independently [66]. Irregular margins of a uterine leiomyoma through MRI imaging suggest a sarcomatous transformation, but the specificity of this finding has not been established. The diagnosis of leiomyosarcomas is established by a pathologist after surgery [67].

Cutaneous LMSs are rare, slow-growing tumors that occur in middle-aged and elderly patients and account for 2-6% of all superficial sarcomas [52]. Superficial cutaneous LMSs arise from the arrectores pilorum muscles and appear as small firm nodules (< 2 cm); they have a good prognosis with a low metastatic risk (10%) though local lymph nodes may be positive and have frequent local recurrence [9,52,65]. Subcutaneous forms arising from small blood vessel walls are usually larger, with frequent local recurrences and metastatic disease (30-50% of cases) [65]. MRI features of superficial LMSs are similar to the ones described for extremity located LMSs. Primary leiomyosarcoma of the bone is extremely rare and should be distinguished from a metastasis of an extra osseous primary site, often the uterus. It appears purely osteolytic with aggressive features but differently from other osteolytic lesions it can also have fibrous or muscle components. The tumor is primary intramedullary in origin but can involve the surrounding soft tissue, typically with a subtle periosteal reaction [28].

Differential Diagnosis

The main differential diagnosis of Soft tissue LMS concerns gastrointestinal stromal tumors (GISTs), Primitive Neuroendocrine Tumors (PNETs), lymphomas and others soft tissue tumors

[31,33,35,36]. Intra-abdominal and pelvic GISTs can show similar imaging features as LMSs but they are most frequently found in the stomach and small bowel. The definitive diagnosis is however provided by an immunohistochemical characterization since they show c-kit expression. PNETs can have intravascular origin such as intravascular LMSs, and they have a non-specific imaging appearance. Lastly, large abdominal or pelvic, necrotic lymphomas can mimic LMSs. (Table 2).

Management of LMSs

Patients with STS should be referred to hospitals with extensive experience in managing sarcomas using multidisciplinary care approach (Figure 7). Surgery is the mainstay of therapy in LMS and only wide or radical resections are defined as adequate. The surgical approach and execution should be planned on the basis of imaging findings. If the lesion is close to the structures such as the vascular-nervous fascia or bone, the fascia covering these structures should be removed (muscle fascia, vascular adventitia, epineurium or periosteum). If these barriers are infiltrated, the underlying structures should be resected en bloc with the tumor.

For LMS involving the inferior vena cava (IVC), and other vascular structures, extensive, en bloc resection of the tumor and the involved vessel is of paramount importance in order to obtain R0 resection margins. As such extensive resection often involves a large amount of collaterals, caval reconstruction should always be considered in order to avoid invalidating lower limbs edema and ameliorate the quality of life [68]. Post-resection margin status plays a significant role in determining prognosis. Surgery with wide negative margins (R0 resection) is the only potentially curative treatment assuring local control of LMSs [67-71]. The administration of other treatment modalities, such as chemotherapy and radiation therapy improves the control of the local disease and the outcome, especially with high-grade STS [4,72,73]. Combination of surgery and chemotherapy seems the most effective treatment in many settings. Though only 50% of patients respond to chemotherapy with less than 10% long-term survival, many promising

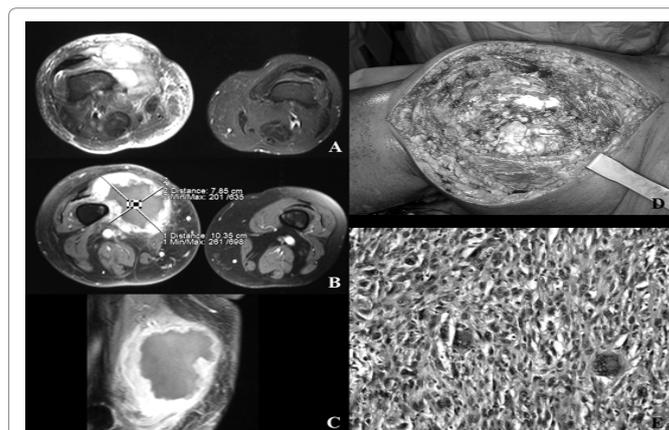


Figure 7: 60-year-old woman with LMS of the thigh who underwent hyperthermic limb perfusion (HLP) with TNF α and L-PAM two months before. (A): T2w-TSE with fat-suppression technique: the lesion shows heterogeneous signal intensity with a hyperintense central area of colligation. (B-C): T1w-TSE with fat-suppression technique after IV administration of Gd-based contrast agent: this sequence reveals peripheral contrast-enhanced solid tissue with an avascular hypointense (necrotic) core. (D): Incisional biopsy: the gross appearance confirms the heterogeneity of this lesion with a peripheral solid component and a central polilobulated necrotic core. (E): High-power view of LMS, with hematoxylin/eosin staining showing bundles of cells with polymorphic-shaped nuclei; the histology confirmed 90% of necrosis and microscopically infiltrated margins.

| Tumor | Sex | Decade | Anatomical sites | Imaging features |
|--|-------|-------------------------------------|---|--|
| LMS | M > F | 5-6th | Extremities (thigh); Retroperitoneum | <ul style="list-style-type: none"> • Non-specific mass; • Large lesions with hemorrhage, necrosis, and cystic changes |
| Leyomioma | M=F | 3rd | Subcutaneous or deep-seated; extensor surfaces of extremities | <ul style="list-style-type: none"> • Mimic LMS; • highly vascular lesions with aggressive behavior; • mulberry-like calcifications; |
| Liposarcoma | M≥F | 5-6th | Abdomen, extremities | <ul style="list-style-type: none"> • Heterogeneous, multi-lobulated, typically well-defined mass of variable US appearance; • Heterogeneous attenuation with thick septa. • Adipose areas; • Non-adipose areas: low T1w, high T2w; • variable CE |
| GIST | M>F | 6-7th | Gastrointestinal tract, mesentery and peritoneum | <ul style="list-style-type: none"> • Exophytic growth pattern • Dominant masses (> outside the organ of origin) • Heterogeneity: may contain areas of hemorrhage, necrosis, or cyst formation • solid components show low SI on T1w, intermediate-to-high SI on T2w, and CE |
| Dermatofibro-sarcoma protuberans | M>F | 3rd-5th | Trunk (50%); extremities | <ul style="list-style-type: none"> • Linear subcutaneous protuberant mass with skin involvement (best appreciate with a long TR sequence) • Non-specific features • Heterogeneity (hemorrhage, necrosis) • Moderate CE |
| Undifferentiated Plemorphic Sarcoma (UPS) | M>>F | 5th | Lower extremities | <ul style="list-style-type: none"> • Large heterogeneous mass; • Intermediate-to-low echogenicity; • Areas of lower attenuation and heterogeneous CE • Intermediate SI on T1w; • High SI on T2w • CE of solid areas |
| Angiosarcoma | M>F | All decades (peak incidence in 7th) | Cutaneous form (Scalp; Face) Extremities; Trunk; Retroperitoneum | <ul style="list-style-type: none"> • Non-specific; • Lymphedema |
| Agio-leiomyoma | M<F | 4-6th | Subcutaneous tissue of extremities (>foot) | <ul style="list-style-type: none"> • <2cm well-defined solitary nodule; • possible areas of myxoid change, calcifications and fat areas • Similar to skeletal muscle on T1w • High or mixed signal on T2w • Marked CE |

Table 2: Leiomyosarcoma: main differential diagnosis among other STT.

new agents are under active investigation or are being explored in pre-clinical models [74,39]. Apart from the standard chemotherapy regimens based on anthracyclines, LMS have been found to respond to other drugs such as trabectedin, dacarbazine, gemcitabine and docetaxel in the advanced setting [75,76].

As for patients with localized disease, though there is no consensus on the current role of adjuvant chemotherapy, generally this is taken into account for large, deep-seated, high grade STS [77]. The standard regimen to be used in the adjuvant setting is based on either doxorubicin or epirubicin and ifosfamide [78], yet in light of the specific sensitivity of some histological subtypes to cytotoxic drugs other than doxorubicin and ifosfamide, a trial led by Italian Sarcoma Group is ongoing also in our Institute comparing standard chemotherapy versus histology-driven chemotherapy.

For the specific histological subtype of LMS, the trial randomizes patients between the standard arm which comprises three courses of (neo) adjuvant chemotherapy with epirubicin and ifosfamide i and the experimental arm, which comprises three courses of dacarbazine and gemcitabine. In the pre-operative setting, after the chemotherapy has been concluded, a further radiological evaluation is carried out for response assessment [30]

Furthermore, patients who are candidates for conservative surgery, including those in which re-excision is planned, should be considered for radiation therapy.

Pre-operative radiation therapy is recommended in locally advanced sarcomas, in order to facilitate the excision and usually starts after the first cycle of neoadjuvant chemotherapy. Adjuvant radiotherapy is administered in high-grade, deep tumors, tumors larger than 5 cm, in case of microscopic marginal resection (tumor close to bone, nerve or vessels) and incomplete surgical excision [30]. Radiotherapy may also be used in the palliative setting of metastatic disease. A close follow-up, including radiological evaluation must be performed, particularly for high-risk LMSs as these tumors have a high incidence of local recurrence.

Prognosis

The prognosis of LMS is poor with an overall survival rate of 35%. The most important prognostic factors are tumor size and anatomic site. Prognosis is worse for tumor dimensions greater than 5 cm and for retroperitoneal tumors [29] that are fatal in the majority of cases with a mortality rate of 85-90% within 2-5 years [5].

Other important prognostic factors that, according to the American Joint Committee on Cancer (AJCC), decrease the survival rate are depth, mitotic rate of >20 per 10 high-power fields (HPF), tumor necrosis of >50% and a high-stage [79]. Surgical margins seem to be the most important predictors of local recurrence with a very low-risk of recurrence when they are microscopically negative [80]. Despite achieving local control through surgery and radiation therapy, up to 30% of patients will experience a recurrence at distant sites [31].

Metastasis from LMS tend to have a hematogenous spread and the most frequently involved organs are the liver and the lung (Figures 8 and 9), occurring in 53% and 47% of patients respectively, followed by other sites (Table 3) [29]. LMSs can also spread within the peritoneum when the tumor grows toward the subserosa from its site of origin, develop a central excavation and perforate into the peritoneal cavity. In these cases, the imaging shows peritoneal leiomyosarcomatosis as multiple, discrete peritoneal or mesenteric masses, with central low-attenuation areas on CT [81]. Retroperitoneal tumors have the highest rate of metastasis (40-50%); metastasis from subcutaneous tumors

occur in about 30% of patients; and hematogenous dissemination from superficial epidermal lesions is extremely rare.

Conclusion

LMSs are relatively frequent among STSs and are considered aggressive neoplasms with a poor outcome. Retroperitoneum and extremities are the most common localizations. Radiologic features are non-specific and the diagnosis is mainly achieved through histopathological examination. In CT imaging suspicion of LMS diagnosis should be considered in the event of a large and heterogeneous mass. MR imaging is the gold standard in soft tissue characterization, tumor site of origin detection and local staging; LMS appears as an iso-intense lesion on T1w images and intermediate to hyper-intense mass on T2w images; both CE-CT and CE-MRI show an intense peripheral enhancement (target sign). Much remains to be learned about the mechanisms underlying the development of the aggressive behavior of this tumor. New targeted therapies may arise from the knowledge of the underlying molecular pathways involved in the pathogenesis of LMS.

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Figure 8: 45-year-old man with LMS of the lower extremities. The chest CECT reveal a solid polilobulated pulmonary nodule with speculated margins in the right upper lobe, showing peripheral enhancement.

| Site | Frequency |
|------------------------|-----------|
| Liver | 53% |
| Lung | 47% |
| Cutaneous tissue | 23% |
| Bone | 18% |
| Lymphnodes | 18% |
| Gastrointestinal tract | 18% |

Table 3: Metastatic sites and their prevalence.



Figure 9: 45-year-old man with LMS of the lower extremities. (A-B-C): On contrast-enhanced CT performed for staging purpose there is a metastatic liver lesion in the VI hepatic segment (white arrow). It shows heterogeneous target-like CE, with a hypodense core and a peripheral hyper-enhancing rim on both arterial (A) and portal phases (B,C).

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