



## *Idiopathic Chylopericardium; a rare entity*

Seema Jaga, Joseph Namey, Christiano Caldeira

### *Abstract*

Idiopathic chylopericardium is a rare clinical condition that consist of pericardial effusion composed of high concentrations of triglycerides known as chyle. It may occur as a result of chest trauma, mediastinal neoplasms, mediastinal tuberculosis, mediastinal radiotherapy, and thrombosis of the subclavian vein or can be idiopathic. We hereby present a case that illustrates a healthy female fitness trainer in her 50s who presented with dyspnea that progressively worsened to the point where she was referred to a Cardiologist. Subsequently, chylopericardium was diagnosed with pericardiocentesis. She successfully responded to two and a half weeks of continuous drainage and low fat diet. It has only been a month since discharge. In conclusion, this case demonstrates an rare condition to help elucidate medical literature.



### *Biography:*

Seema Jaga completed her M.D. from Medical University of Sofia. She is currently a second year Internal Medicine resident at Largo Medical Center with aspirations of becoming a Cardiologist.

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