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Factors affecting readiness for hospital discharge and the relationship with chronic disease self-efficacy in depression patients

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ABSTRACT-To evaluate the factors affecting readiness for hospital discharge (RHD) and the relationship with chronic disease self-efficacy in depression patients.

Depression is a disease that requires long-term management, high suicide rate, high recurrence rate, and heavy disease burden. High rate of relapse causes serious mental and economic burden. Evaluation of RHD in terms of patient safety is important.

Descriptive and cross-sectional study.

The study was carried out with 370 depression patients who were scheduled to be discharged within 2 days in China between October 2016 -August 2017. The Readiness for Hospital Discharge Scale (RHDS), Quality of discharge teaching scale (QDTS) and Chronic Disease Self-Efficacy Scale were used.



Publication of speakers –

Biography – Mengmeng W has completed her Bachelor at the age of 23 years from Sichuan University and now she is studying for a master in Sichuan University. She has published 2 papers in reputed journals.

1. Effects of enhanced caregiver training program on cancer caregiver's self-efficacy, preparedness, and psychological well-being.
2. Self-care behaviour and factors associated with patient outcomes following same-day discharge percutaneous coronary intervention.
3. Strategies to enhance chronic disease self-management: how can we apply this to stroke?
4. The self-stigma of mental illness: Implications for self-esteem and self-efficacy.
5. Self-efficacy and social adjustment of patients with mood disorder

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