Factors affecting readiness for hospital discharge and the relationship with chronic disease self-efficacy in depression patients
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ABSTRACT-To evaluate the factors affecting readiness for hospital discharge (RHD) and the relationship with chronic disease self-efficacy in depression patients.
Depression is a disease that requires long-term management, high suicide rate, high recurrence rate, and heavy disease burden. High rate of relapse causes serious mental and economic burden. Evaluation of RHD in terms of patient safety is important.
Descriptive and cross-sectional study.
The study was carried out with 370 depression patients who were scheduled to be discharged within 2 days in China between October 2016 - August 2017. The Readiness for Hospital Discharge Scale (RHDS), Quality of discharge teaching scale (QDTS) and Chronic Disease Self-Efficacy Scale were used.

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