

## Health and Management 2020 : Evaluation of HIV-1/HIV-2 coinfection in febrile patients visiting health centers

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### Abstract

Acute febrile illnesses consistent with malaria are the most common presentation at health clinics in sub-Saharan Africa, accounting for 30–50% of outpatient visits. The symptoms of acute human immunodeficiency virus (HIV) infection can mimic acute malaria. Therefore it is necessary to evaluate patients presenting with malaria symptoms for HIV infection. Similarly, in order to ascertain the burden of HIV-2 in Nigeria, prevalence of HIV-1/HIV-2 co-infection was also evaluated among the cohort of febrile patients attending selected health centers in Lagos.

Cross-sectional study of 310 patients referred for malaria blood smears at each of four government health centers namely: Lagos Island general hospital, Shomolu health center, Orile Agege general hospital and Randle general hospital, Surulere were screened for HIV. The cohorts were 108 (34.8%) males and 202 (65.2%) females, patients ranged in age from 1 to 84 years.

HIV rapid antigen testing was performed on plasma samples of the febrile patients using a combination of Determine and Unigold kits. Tests were performed serially and confirmed by a third rapid diagnostic kit (SD-Bioline) that differentiates into HIV-1, HIV-2 or HIV-1/HIV-2.

Of the 310 patients evaluated, 9 (2.90%) had test results indicating HIV-1 infection, out of which 5(55.5%) were females and 4(44.4%) were males. There was no HIV-2 and neither was there any HIV-1/HIV-2 co-infection detected in this study.

These findings provide insights into a major opportunity for expanding recognition of early HIV infection in Nigeria. At multiple sites in Lagos, Nigeria, 1–3% of patients with suspected malaria had HIV infection.

anti-env reactivities and a discrimination assay positive only for HIV-2; the two remaining sera (from patients C and F) showed typical dual reactivities for HIV-1 and HIV-2 infections, with positive patterns of HIV-1 and HIV-2 Western blots and a discrimination test positive for both viruses. As a whole, six (4.1%) of 147 HIV-positive sera showed either HIV-2 infection alone (n = 4) or dual reactivity. Of those, four were from Gabonese patients B, C, D, and E, and two were from immigrants from West Africa (patient A from Mali and patient F from Nigeria); two were female patients B and E. Among Gabonese patients, only one (patient E) had traveled to West Africa; the remaining three had never visited any neighboring country. However, one Gabonese man (patient C) lived in Port-Gentil, which has many West African immigrants. For all patients, the most likely risk factor for HIV was a heterosexual relationship with an unknown HIV-infected person. In three asymptomatic patients (A, B, and C) the HIV-2 serostatus was unexpected; in contrast, the three other patients had AIDS-related symptoms. Patients D and E had an HIV-2 Western blot pattern showing a marked decrease in anti-gag and pol reactivities compatible with their advanced stage of HIV-2 disease. The case of a 55-year-old exclusively heterosexual asymptomatic woman (patient B) suggests the possibility of a specific variant of HIV-2 in Central Africa (2). The high frequency in primates in Gabon of natural infection with simian immunodeficiency retroviruses, which show a high degree of genetic relatedness to HIV-2 (3), could support such a hypothesis. Two patients had typical dual reactivities to HIV-1 and HIV-2 antigens. To our knowledge, such dual reactivities have never been reported in Gabon (4). In the patient from Nigeria

(patient F), the serologic pattern was typical of that usually observed in West Africa (5). Dual reactivity can result from genuine mixed infections and from serologic cross-reactivity in HIV-1 and HIV-2 infection alone; theoretically, it could also represent infection with a different, cross-reacting recombinant strain (5). HIV-2 infection in Gabon is epidemiologically related to West Africa, because of cultural and, above all, economic ties. However, HIV-2 is not limited to immigrant populations from West Africa or to Gabonese citizens traveling in this area; it has also reached the indigenous Gabonese time. A seroepidemiologic study was performed to determine whether the increase in cases was due to an increase in incidence or to an improvement in diagnosis. All paired samples of sera (acute-phase and convalescent-phase) from patients sent to the arbovirus laboratory for diagnosis of dengue infection from January 1, 1992, to December 31, 1996, were tested for antibodies to *C. burnetii* by immunofluorescence. All positive samples were also tested for immunoglobulin (IgM) by the same method; the IgG and IgM titers were determined by using a serial twofold dilution. A diagnosis of Q fever was made when there was a seroconversion from negative to positive or a twofold increase in IgG titer associated with the presence of IgM in the second sample. One hundred and fifty-one of 426 paired sera collected between 1992 and 1996 were from patients recently infected with dengue fever. Twenty-five (9.1%) of 275 remaining sera were from Q fever patients. Significant differences were observed in the rates of Q fever in different years ( $p < 0.01$ ); one (1.9%) of 53 was positive in 1992, five (9.1%) of 55 in 1993, five (8.6%) of 58 in 1994, three (4.8%) of 63 in 1995; a large increase was observed in 1996 (11 [23.9%] of 46). Differences by residence were also assessed. Rates of infection were higher in Cayenne (21 [13.0%] of 161) than in rural areas (4 [3.5%] of 114) ( $p < 0.01$ ). This study shows that cases of Q fever have occurred in French Guiana in recent years and that a significant increase in the incidence rate

occurred in 1996. The reasons for this increase are unclear, and further studies of the epidemiology of Q fever in French Guiana are necessary. The epidemiology of Q fever is unusual in French Guiana because the rates of infection are much higher in Cayenne, the capital city, than in rural areas. No link with classical sources of infection (cattle, sheep, or goat birth products, or work in a slaughterhouse) was found. Indeed, Cayenne, with 80,000 inhabitants, is located near the Atlantic Ocean, and the prevailing winds blow from the sea. Airborne contamination from rural areas is therefore impossible. Furthermore, no large farm is in the immediate vicinity of the city. For identical reasons, contamination from the abattoirs is not likely; they are located on the west side of the city, near the Cayenne River, and the winds blow from the east. In our study, cases were almost equally distributed

#### Biography

Akinnusi Ololade is an assistant lecturer in the Department of Microbiology, University of Lagos, Nigeria. He recently concluded his masters and finished top of his class graduating in distinction with 4.58/5.0 CGPA. He is currently undergoing his PhD study in the University of Lagos, Department of Microbiology, research interests include virology, immunology and host-pathogen interaction.

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