



Evaluation Of Behaviour Modification And Social Adjustment Among Breast Cancer Survivors Attending Follow Up Clinic In Fmc Owo Nigeria Ayeni Adebunola Raphel

Achievers University Owo, Department of Nursing Science, CONAS Ondo State, Nigeria

Abstract: Breast cancer is a highly prevalent medical problem with current data suggesting that more than 1 in 8 women will develop breast cancer within their lifetime. A devastating disease affects thousands of women and men (rarely) every year. It had impacted on their mental health and psychological wellbeing when diagnosed. However, because of advances in early detection and medical treatment of cancer in the past three decades as well as the increasingly higher expectancy of the population, the survivor tends to live longer than usual mostly when behaviour is modify and psychosocial adjustment is made. Due to dearth information on lifestyles modification, this study tends to evaluate different behaviour modification and social adjustment; and knowledge of behaviour modification and social adjustment among respondents at Federal Medical Centre, Owo, Ondo State, Nigeria.



Publications :

- 1) Abbas S, Ihle P, Koster I & Schubert I (2012) Prevalence and Incidence of diagnosed endometriosis and risk of endometriosis in patients with endometriosis related symptoms: findings from a statutory health insurance-based cohort in Germany. *Eur J Obstet Gynecol Reprod Biol*; 160: 79-83
- 2) Adamson, G.D., Kennedy, S. & Jummelshoj, L. (2010). Creating solutions in endometriosis: global collaboration through the World Endometriosis Research Foundation. *Journal of Endometriosis*; 2(1):3-6.
- 3) Aerts L, Grangier L, Streuli I, Dällenbach P, Marci R, Wenger J.M & Pluchino N. (2018) Psychosocial impact of endometriosis: From co-morbidity to intervention. *Best Pract Res Clin Obstet Gynaecol.*; 50:2-10. doi: 10.1016/j.bpobgyn.2018.01.008.

Biography: Ayeni Adebunola Raphel Achievers University
· Nursing Science

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