

Evaluate the efficacy of *Darvyadi lauha*(A herbo mineral compound) in the management of hepatocellular jaundice(Kamala) and hepato-protective activity in paracetamol induced hepatotoxicity- A randomised controlled clinical'

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Abstract

Statement Introduction: Liver diseases cause significant mortality and morbidity not only in Indian population but also in world. Due to the changing lifestyle the liver is affected even in early adolescence itself, so an excellent *Yakrut uthejaka dravyas* (hepato-protective drugs) are need of the hour. It was observed in some cases that the liver injury even with herbal preparations. 2017 world journal of hepatology had published Ayurveda drug induced liver injury. The title of the study is to 'Evaluate the efficacy of *Darvyadi lauha* in the management of hepatocellular jaundice (*Kamala*) and hepatoprotective activity in paracetamol induced hepatotoxicity- a randomised controlled clinical.'**Methodology:**A combination of experimental and clinical study. In primary study efficacy of *Darvyadi lauha* as a hepatoprotective drug explored in the paracetamol induced Wistar rats.30 rats were classified under five groups. After assessment liver parameters, antioxidant potential and hepatocyte structures found significant changes in *Darvyadi lauha* treated group. Clinical study conducted in hepato- cellular jaundice patients **Results;** *Darvyadi lauha* at 400mg/kg body weight have shown promising results hepatoprotective activity against Paracetamol induced hepatic damage. The drug is having significant antioxidant potential. 400mg/kg body weight drug group almost resolved paracetamol induced hepatic damage

Biography

Conscientious Ayurvedic Scholar with a reputation for motivating patients and facilitating quick recoveries. Offering expertise administering yoga therapies and helping patients with counselling. Interested in clinical research,Medical blogging,Article writing. • More than three Case series and articles are in peer reviewing process on pub med Scientific journals.

- Ayurvedic Management of Liver Diseases -Book Under writing process
- Best paper award received in National and International Levels
- Already in research of Ayurvedic management of Liver diseases

Publications

- 1)Three case reports of moderate COVID-19 infection managed through Ayurvedic approach
- 2) Efficacy of Ayurveda and Yoga in the management of SARS- CoV-2: Two case reports
- 3) Mental health effects of COVID -19

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