

Book Review Open Access

Effective Health Communication

Ugbah Igbal*

Faculty of Social Sciences and Humanities, National University of Malaysia, Banqi Selangor, Malaysia

Book Review

Written by Mohd. Jamil Yaacob, this book takes a long time to complete because the author has to collect and deploy every second experience with the patient especially that involves interaction and communication to be recorded and processed in specific titles to be easy to read and understand. As a work written out of experience, the author understands he is vulnerable. Her experience may be isolated and not tested. Hence he welcomes readers' feedback so that future printouts contain more material from various sources and experiences. This book is addressed to medical and health science students. It exposes from a nurse's perspective on how effective communication styles are performed in ensuring the continuity of the treatment. Some of the communication techniques used as the latest treatment is described as guidelines in solving the patient's problems. In addition, this book can also be used by the recipient in understanding what the nurse wants. The author is very pleased if this book can be used as a guide in communication skills modules organized by local colleges and universities.

The guiding task is a shared responsibility as everyone has a role to play in the task of advising each other in the quest for happiness and success. There are many ways to help and guide people. Among them are advice, guidance, counselling and possibly through psychotherapy. These guiding concepts are understandable because of their understanding; counsellors can play a role either as counsellors, mentors or counsellors based on their respective capabilities. Advice is a good teaching, guidance or suggestion that aims to help individuals solve problems or improve themselves. The process of giving advice or guidance involves the development and development of individual

psychology. Appropriate advice or guidance can develop good traits in individuals to carry out various social roles either in the family, in the local community and in the workplace. Dewan Bahasa dan Pustaka Dictionary (2004) defines guidance as guiding, pointing and description actions.

In scientific terms, guidance is a discipline often coupled with counselling. Guidance and Counselling Services was introduced in the school system in Malaysia in 1960. This was followed by a circular issued $by the \, Ministry \, of Education \, Malaysia \, which \, emphasized \, the \, importance$ of vocational guidance and the need to have a career teacher in school. The Cabinet Committee Report Reviewing the Implementation of the Education Policy (1979) emphasizes the importance of enhanced counselling services in schools as stated in Certificate 79. As a policy, the Ministry of Education embarked on mentoring at school in 1964. In disciplinary counselling and counselling, kind of guidance or the advice given is related to the individual psychology aspect and its relationship with others. Guidance and counselling are based in Malaysia through educational institutions, particularly in schools. The aim of counselling and counselling services in schools is the nourishment and styling of all aspects of student self, prevention of misconduct, the recovery of troubled students and providing crisis counselling. The field of health is a service-oriented area to the public. Praise or pursuit is usually closely related to perception. Positive perception is derived from effective communication and vice versa. The nurse needs to explain clearly and give an understanding of what the patient needs to know. Failure to do so can lead to failure in treatment. This is acknowledged by all successful doctors and medical professors around the world.

*Corresponding author: Uqbah Iqbal, History Programme, Faculty of Social Sciences and Humanities, National University of Malaysia, UKM 43650, Bangi Selangor, Malaysia, Tel: 60389215555; E-mail: uqbah@siswa.ukm.edu.my

Received August 24, 2017; Accepted August 28, 2017; Published August 31, 2017

Citation: Iqbal U (2017) Effective Health Communication. Int J Pub Health Safe 2: 134

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