Hilaris: Sports Medicine & Doping Studies Journal has been started in the year 2011 and it released its first volume in the same year. Till now, the journal has released 9 volumes by the end of 2019 and is successfully running its 10th Volume.

Journal of Sports Medicine & Doping Studies has emerged as an important discipline of science which is multidisciplinary in nature. Different subjects such as Exercise and Health, General Sports Physiology, Neuromuscular Physiology, Common Sport Injuries, Joint and Muscular Injury and their respective therapeutics, Related Surgical Issues, Doping Substances and their social aspects, Clinical Sports Medicine, Sports Doping, Sports Biomechanics, Sports Physiotherapy, Sports Orthopaedics, Sports Injury, Rehabilitation, Pain Mechanisms, Sports Podiatry, Physical Activity, Sports Health, Fitness, Sports Nutrition and related content fields are involved to develop this subject as a unique discipline.

Journal of Sports Medicine & Doping Studies is the best open access journal that aims to publish most complete and reliable source of information on the discoveries and advanced developments in this field in the form of original articles, review articles, case reports, short communications, etc. and provide free online access to it without any restrictions or any other subscriptions to researchers worldwide. This peer reviewed journal is proficiently supported by universally prominent Editorial Board members.

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During the year 2019, the Journal has released nearly 10 articles. During May, Hilaris Group has acquired this journal from Omics group and from then on, all rights has been taken by the Hilaris Group only.

Some of the articles released in 2019 are as follows:

1. Muscle Work in Different Groups of Lower Limb Muscles While Running
2. A Posture Perfecting Activewear for Daily Wellness
3. The Relationship between Anthropometric Features and Dynamical-Statical Balance
4. Functional Outcome of Percutaneous Needling Tenotomy with Autologous Platelet Rich Plasma Injection in Recalcitrant Tendinopathies
5. Arthroscopic Treatment of Synovial Subacromial Chondromatosis: A Case Report
6. Attitudes toward Anti-Doping Education among Coaches of Youth Athletes
7. Hand, Finger and Wrist Injuries may be Creating Post Retirement Headaches in Australian Football League Players
8. A Systematic Review on the Effectiveness of Different Functional Treatments for Acute Ankle Sprains
9. Iselin’s Disease: Case Study and Literature Review
10. Renal Artery Thrombosis in a Bodybuilder using Anabolic Steroid - Case Report

In the same way, the Journal expects to cover all the above classification topics for the year 2020 along with the present research in this field along with the current situation prevailing in globally i.e., COVID19.

Social media/digital marketing

The journal always was in contact with the scientific group of the world through its mails, social media networks and its digital platforms. Some of the best ways to be in contact with the audiences are:

1. Twitter postings: Regularly posting the articles, trends, updates of the journal. They can be visible at: @JSMDS_omics.
2. Posting Google Analytics data in the website.
3. Using LinkedIn and Facebook for regular updates.

4. Regularly being in contact not only through mails but also through WhatsApp.

The complete details about the journal can be seen at: https://www.hilarispublisher.com/sports-medicine-doping-studies.html For contacting us, mail us or WhatsApp us.

Lastly, Sports Medicine & Doping Studies Journal is nothing without the continuous support of the Editorial Board Members especially our Editor-in-Chief Julien Baker, Howe Liu and Lorraine R. Brilla. The Editorial Board members are the back bone of the journal. Along with them, authors and reviewers play a very significant role in building this journal. So, as an Editorial Co-ordinator I invite all the extended dignitaries in this field to submit their articles for bringing this research/expertise to the global scientific community.

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