

## Comparison of New Generation Sequencing (NGS), nCounter and Quantitative PCR (qPCR) Technologies for the Detection of *MET* Exon 14 Skipping Mutations

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### Abstract

Alterations in the *MET* proto-oncogene, such as amplification or mutations causing exon 14 skipping, promote tumor growth, cellular transformation and invasion and are associated with poor prognosis in many types of cancers. There are several c-Met-targeted agents currently in clinical trials, highlighting the importance on developing accurate, efficient and sensitive technologies for the analysis. This short communication will provide an update on three of the most useful technologies for the detection of c-Met exon 14 skipping abnormalities, namely New Generation Sequencing (NGS), nCounter and qPCR.

**Keywords:** Oncogene; Glioblastoma; Gene mutation; Next-generation sequencing

### Introduction

The *MET* proto-oncogene is located in human chromosome 7 band 7q21-q31, includes 21 exons and 20 introns and encodes a tyrosine kinase receptor (RTK) [1]. The c-Met protein is mostly expressed by epithelial cells and binds with a high-affinity to its ligand, hepatocyte growth factor (HGF) [2,3]. HGF specific union to c-Met induces dimerization and autophosphorylation of the receptor, activating several downstream signalling pathways such as mitogen-activated protein kinase (MAPK), phosphatidylinositol 3-kinase (PI3K), V-Src avian sarcoma, viral oncogene homolog (Src), signal transducer and activator of transcription (STAT) and nuclear factor kappa-B (NFkB) [3,4]. Under normal physiological conditions, these pathways enhance tissue regeneration, wound healing, migration, invasion or apoptosis [4].

### Implication of c-Met in cancer

Aberrant c-Met signalling is related to the progression of a wide variety of cancers such as liver, colon, gastric, breast, ovarian, pancreatic, prostate and lung tumours as well as some nervous system malignancies in particular, glioblastoma [5-8]. In tumor cells, this abnormal activation, which is directly associated with *MET* gene mutation, high gene amplification or protein overexpression, stimulates the signalling pathways mentioned above, leading to invasion, anti-apoptosis, cell transformation and metastasis [6,7,9]. Consequently, c-Met alterations are associated with poor patient prognosis [7,9].

### *MET* exon 14 skipping

*MET* exon 14 encodes part of the juxta-membrane region of the receptor, including the Y1003 residue, which constitutes the E3 ubiquitin ligase casitas B-lineage lymphoma (CBL) binding site for c-Met degradation [9,10]. In the past ten years, several studies have reported somatic mutations around the splice donor or acceptor sites of *MET* exon 14, inducing exon 14 skipping during RNA processing and to the deletion of the juxta membrane domain in the c-Met receptor [1,11]. As a result, a c-Met protein with oncogenic potential is expressed, leading to increased activation of downstream signalling pathways (Figure 1) [12,13].

Currently, *MET* gene exon 14 skipping is considered as a potential driver mutation in a significant number of cancers, being lung adenocarcinomas (3-4%) and other lung neoplasms (2.3%) the most prevalent [10,13]. In addition, c-Met inhibitors such as crizotinib and cabozatinib have demonstrated clinical efficacy in patients with tumors harbouring *MET* skipping alterations. A better identification of these aberrations through emerging diagnostic tests may lead to a more precise selection of patients for c-Met targeted therapies [11,13].

### Methods for detecting *MET* mutations

The development of cancer therapies targeted to specific driver mutations has revolutionized the treatment of some malignancies, such as non-small cell lung cancer (NSCLC). This precision medicine is based on an accurate identification of the driver alterations in the tumor tissue or in liquid biopsies [3].

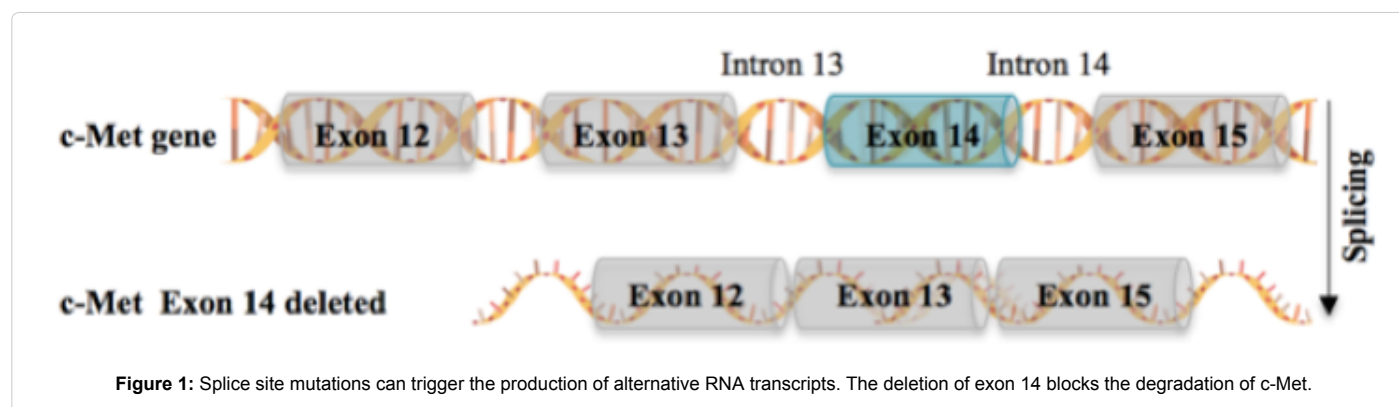
Traditionally, the detection and quantification of RNA has been done using retro-transcription quantitative PCR (RT-Q-PCR) as a gold standard [14]. However, NanoString nCounter system has emerged as a new approach due to its highly accuracy, sensitivity and specificity for clinical studies and shorter turnaround time [15]. nCounter enables for multiplexed RNA digital quantification through the use of color-coded molecular barcodes with less 100ng of total RNA and without amplification or generation of cDNA. More importantly, it can be used for the analysis of different types of samples even highly fragmented RNA from formalin-fixed paraffin-embedded tissue (FFPE). Moreover, nCounter allows the simultaneous evaluation of up 800 genes on total RNA. This platform is already in use in the clinical setting for

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Ref Gene	Func.ref Gene
NM_000245: exon14:c, G3028A: p,D1010N	Non-synonymous SNV, Splicing - Last position exon
NM_001127500: exon14: c, G3082A: p,D1028N	Non-synonymous SNV, Splicing - Last position exon
NM_000245: exon14: c,3028 + 2T > C	Splicing
NM_001127500: exon14: c,3028 + 2T > C	Splicing
NM_001324402: exon14: c,G1798T: p,D600Y	Non-synonymous SNV
NM_001324402: exon14: c,C1805T: p,S602F	Non-synonymous SNV
NM_001324402: exon14: c,1969 + 1G > A	Splicing

**Table 1:** Detection of exon 14 mutations in samples from NSCLC patients using NGS analysed by our laboratory.

identification of relevant driver alterations in cancer patients, including MET exon 14 skipping [12,16].

Currently, Q-PCR or PCR followed by Sanger sequencing is also a well-established analytical methodology for identification of clinical mutations, showing sensitivities of 1% and 10%, respectively [14]. Nevertheless, these two assays are target-specific, meaning that they can only detect the mutation they are designed for [14,17]. This is a disadvantage in the case of MET skipping, which can be originated by a variety of mutations on genomic DNA.

## Discussion

Next-generation sequencing (NGS) is a cost-effective and high-throughput technology that is already replacing PCR-based assays in many clinical laboratories [1,18]. NGS can detect common and uncommon alterations, being able to simultaneously screen multiple mutations in several genes. In addition, NGS can identify novel genomic alterations that have not been identified before by PCR-based tests [17,19]. However, it requires qualified personnel to avoid false negative or false positive samples, which may occur as a result of the poor-quality samples, wrongful post-analytical data interpretation or lack of experience [3,14].

In our laboratory, we have successfully used NGS for the detection of exon 14 abnormalities in clinical samples from NSCLC patients (Table 1). To be more precise, we generated our libraries with a great coverage using less than 10 ng of DNA.

## Conclusion

PCR-based techniques were initially used for the detection of MET exon 14 skipping alterations, but new multiplexed approaches such as nCounter and NGS are currently replacing them. In fact, despite its limitations, NGS is emerging as the new standard platform

for diagnostic testing in tumor samples. Further technological developments and new improvements in NGS analytical management will pave the way for a widespread use of NGS in the clinical setting.

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