

Circular Economy: Diverse Waste Streams, Smart Solutions

Rosa Mendes*

Department of Epidemiology, University of Lisbon, Lisbon, Portugal

Introduction

This systematic review explores the evolving landscape of circular economy principles applied to waste management, focusing on sustainable resource utilization, reduced waste generation, and economic value. It pinpoints progress, implementation challenges, and offers future directions for a truly circular system for waste[1].

This review delves into challenges in global plastic waste management, discussing environmental ramifications and evaluating current disposal/recycling methods. It proposes innovative solutions like advanced recycling technologies, bioplastics development, and policy interventions to mitigate plastic waste effectively[2].

The article examines electronic waste (e-waste) management within a circular economy, identifying hazards and reviewing collection/recycling infrastructure. It highlights opportunities for material recovery and reuse, emphasizing policy and technological innovations for a sustainable model[3].

This global review scrutinizes food waste management policies and practices, providing an overview of reduction, redistribution, and recycling strategies. It assesses effectiveness, societal impact, and critical challenges such as consumer behavior, offering future perspectives for sustainable management[4].

The systematic review addresses challenges in medical waste management during the COVID-19 pandemic, detailing the surge in infectious waste and infrastructure strain. It synthesizes solutions and best practices globally, offering insights for resilient strategies in future health crises[5].

This review provides an in-depth look at textile waste management, encompassing disposal practices, environmental ramifications, and circular economy opportunities. It discusses innovative recycling technologies, material recovery, and design for longevity, advocating shifts for resource efficiency[6].

This comprehensive review explores sustainable hazardous waste management, covering practices and trends. It outlines complexities, regulatory frameworks, environmental risks, and emphasizes advanced treatment, waste minimization, and policy for responsible disposal and recycling[7].

This paper investigates construction and demolition (C&D) waste management in a circular economy, assessing generation, disposal, and its environmental footprint. It focuses on waste reduction, material reuse, recycling, and future perspectives on policy and technology for a resource-efficient construction sector[8].

The article reviews agricultural waste valorization for sustainable resource management, examining methods to convert byproducts into valuable resources like biofuels and biochemicals. These insights underscore potential to mitigate pollu-

tion, enhance rural economies, and contribute to circular economy principles[9].

This review explores smart technologies in urban waste management, covering IoT sensors, Artificial Intelligence (AI)-driven sorting, and intelligent logistics. These enhance efficiency and sustainability in collection, processing, and recycling, identifying challenges and opportunities for digital transformation[10].

Description

The evolving landscape of circular economy principles applied to waste management emphasizes sustainable resource utilization, reduced waste generation, and economic value extraction. This involves pinpointing progress areas, addressing implementation challenges, and proposing future directions for research and policy to accelerate a truly circular system[1]. Global plastic waste management presents pervasive challenges, including severe environmental ramifications from widespread pollution. It's crucial to evaluate current disposal and recycling methods while proposing innovative solutions such as advanced recycling technologies, bioplastics development, and strategic policy interventions to effectively mitigate plastic waste[2]. Critical aspects of electronic waste (e-waste) management are also examined within a circular economy framework, highlighting significant environmental and health hazards. This includes reviewing existing collection and recycling infrastructure to identify opportunities for material recovery and reuse, ultimately emphasizing policy implications and technological innovations necessary for transitioning from linear disposal to a more sustainable circular model[3].

Global food waste management policies and practices are scrutinized, providing a comprehensive overview of reduction, redistribution, and recycling strategies. Assessing their effectiveness and societal impact is key, alongside outlining critical challenges such as consumer behavior and logistical hurdles, and offering future perspectives to enhance sustainable management locally and internationally[4]. The COVID-19 pandemic brought unprecedented challenges to medical waste management, detailing a surge in infectious waste generation and immense strains on existing waste infrastructure. This increased the associated environmental and health risks, leading to a synthesis of various solutions and best practices adopted globally, offering valuable insights for developing resilient and effective medical waste management strategies during future health crises[5]. Moreover, textile waste management is reviewed in depth, encompassing current disposal practices, their environmental ramifications, and the burgeoning opportunities presented by the circular economy. Discussions include innovative recycling technologies, material recovery techniques, and the importance of design for longevity, advocating for strategic shifts in the textile industry to minimize waste

and maximize resource efficiency[6].

Sustainable approaches to hazardous waste management are explored, covering current practices and emerging trends. This outlines the complexities of handling various types of hazardous waste, the regulatory frameworks in place, and the environmental and health risks involved. There's an emphasis on advanced treatment technologies, waste minimization strategies, and the pivotal role of policy in fostering more environmentally responsible disposal and recycling methods[7]. Similarly, construction and demolition (C&D) waste management is investigated within the circular economy paradigm. This assesses the current state of C&D waste generation and disposal, highlighting its significant environmental footprint. The review focuses on strategies for waste reduction, reuse of materials, and recycling, alongside future perspectives on policy integration and technological advancements to foster a more resource-efficient construction sector[8]. A key strategy for sustainable resource management is the valorization of agricultural waste. The article examines various methods for converting agricultural byproducts into valuable resources like biofuels, biofertilizers, and biochemicals. These insights underscore the potential to mitigate environmental pollution, enhance rural economies, and contribute significantly to circular economy principles by transforming waste into productive assets[9].

The application of smart technologies in waste management is explored within the context of smart cities. This covers various technological innovations, including IoT sensors, Artificial Intelligence (AI)-driven sorting, and intelligent logistics, which enhance efficiency and sustainability in waste collection, processing, and recycling. The article identifies current challenges in implementation and highlights opportunities for improving urban waste systems through digital transformation[10]. Collectively, these comprehensive reviews highlight the urgent need for integrated and innovative strategies, supported by robust policy development, to address diverse waste streams and accelerate the global transition towards a truly sustainable and circular economy.

Conclusion

This collection of reviews examines diverse facets of waste management, emphasizing the transition towards circular economy principles across various waste streams. It highlights systematic approaches to reduce waste generation, foster sustainable resource utilization, and drive economic value from waste. Specific challenges and opportunities are explored in plastic waste, covering environmental impacts and innovative solutions like advanced recycling and bioplastics. Electronic waste (e-waste) management is discussed within a circular framework, addressing hazards, recycling infrastructure, and policy needs for material recovery. Food waste management is scrutinized globally, assessing strategies for reduction, redistribution, and recycling, while acknowledging challenges in consumer behavior and logistics. The unprecedented surge in medical waste during the COVID-19 pandemic is addressed, detailing its impact on infrastructure and offering insights for future health crises. Textile waste management reviews current practices, environmental effects, and circular economy opportunities through recycling technologies and design for longevity. Sustainable hazardous waste management is covered, outlining complexities, regulatory frameworks, and advanced treatment methods. Construction and demolition (C&D) waste is analyzed in the context of the circular economy, focusing on waste reduction, material reuse, and recycling. Agricultural waste valorization is presented as a strategy for converting byproducts into valuable resources like biofuels and biofertilizers, mitigating pollution, and boosting rural economies. Finally, the application of smart technologies, including IoT sensors and AI-driven sorting, in urban waste management for smart cities is reviewed, identifying challenges and opportunities for digital trans-

formation. These papers collectively underscore the urgent need for integrated, innovative, and policy-driven approaches to achieve sustainable and circular waste management systems globally.

Acknowledgement

None.

Conflict of Interest

None.

References

1. Muhammad Irfan, Maaz Khan, Muhammad Asif, Farwa Batool, Muhammad Naeem, Muhammad Awais. "A systematic review on circular economy and waste management: Progress, challenges, and future directions." *J. Cleaner Prod.* 429 (2023):139268.
2. Ali T. Al-Ghamdi, Sultan H. Al-Malki, Hamoud M. Al-Otaibi, Ahmad M. Al-Ghamdi. "Global challenges in plastic waste management: a review." *Environ. Sci. Pollut. Res.* 30 (2023):105527-105542.
3. S M Saadi, R N Al-Zahrani, N B Al-Sufyani, A A Al-Qahtani. "E-waste management in the circular economy: a review of challenges and opportunities." *J. Environ. Manage.* 320 (2022):115933.
4. S. K. Gupta, S. Kumar, A. K. Singh, V. K. Singh. "Food waste management policies and practices: A global review and future perspectives." *Renew. Sustain. Energy Rev.* 151 (2021):111586.
5. S. S. Shinde, S. D. Salunke, P. M. Dhokne, A. R. Patil. "Challenges and solutions for medical waste management during COVID-19 pandemic: A systematic review." *Environ. Sci. Pollut. Res.* 29 (2022):31087-31102.
6. Ana C. O. Silva, Joana L. Silva, Tiago L. Silva, Carlos A. P. L. Oliveira. "Textile waste management: A review of current practices, environmental impacts, and circular economy opportunities." *J. Cleaner Prod.* 377 (2022):134371.
7. P. K. Sharma, A. Kumar, R. K. Singh, S. Prakash. "Sustainable management of hazardous waste: A comprehensive review of current practices and future trends." *Waste Manage.* 161 (2023):106-121.
8. M. R. Karim, M. M. Rahman, M. A. Hasan, S. Islam. "Construction and demolition waste management in the circular economy: Current status and future perspectives." *Resour. Conserv. Recycl.* 173 (2021):105716.
9. R. S. Das, S. K. Patel, P. R. Mohanty, A. K. Jena. "Valorization of agricultural waste for sustainable resource management: A review." *Environ. Res.* 213 (2022):113645.
10. A. K. Pandey, A. K. Singh, R. Singh, S. Kumar. "Smart waste management in smart cities: A review of technologies, challenges, and opportunities." *J. Cleaner Prod.* 412 (2023):137452.

How to cite this article: Mendes, Rosa. "Circular Economy: Diverse Waste Streams, Smart Solutions." *Int J Pub Health Safe* 10 (2025):476.

***Address for Correspondence:** Rosa, Mendes, Department of Epidemiology, University of Lisbon, Lisbon, Portugal, E-mail: rosa@mendes.pt

Copyright: © 2025 Mendes R. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution and reproduction in any medium, provided the original author and source are credited.

Received: 01-Nov-2025, Manuscript No. IJPHS-25-175382; **Editor assigned:** 03-Nov-2025, PreQC No. P-175382; **Reviewed:** 17-Nov-2025, QC No. Q-175382; **Revised:** 24-Nov-2025, Manuscript No. R-175382; **Published:** 01-Dec-2025, DOI: 10.37421/2157-7587.2025.10.476
