

Chakras and Energy Imbalances in Patients with Urinary Incontinence and Sexual Dysfunction after Prostate Cancer Surgery

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Abstract

Statement of the Problem: Urinary incontinence, or the loss of the ability to control urination, is common in men who have had surgery or radiation for prostate cancer. In Traditional Chinese Medicine (TCM), urinary incontinence and sexual dysfunction are caused by Kidney energy deficiency.

Introduction: Urinary incontinence (UI), otherwise called automatic pee, is any uncontrolled spillage of pee. It is a typical and troubling issue, which may largely affect nature of life.[1] It has been recognized as a significant issue in geriatric wellbeing care.[2] The term enuresis is frequently used to allude to urinary incontinence essentially in youngsters, for example, nighttime enuresis (bed wetting).[3]

Pelvic medical procedure, pregnancy, labor, and menopause are significant hazard factors.[4] Urinary incontinence is frequently an aftereffect of a fundamental ailment however is under-answered to clinical practitioners.[5] There are four primary sorts of incontinence:[6]

Urge incontinence because of an overactive bladder

Stress incontinence because of helpless conclusion of the bladder

Flood incontinence because of either helpless bladder constriction or blockage of the urethra

Blended incontinence include highlights of various different sorts

Medicines incorporate pelvic floor muscle preparing, bladder preparing, medical procedure, and electrical stimulation.[7] Behavioral treatment for the most part works superior to prescription for stress and inclination incontinence.[8] The advantage of meds is little and long haul wellbeing is unclear.[7] Urinary incontinence is progressively basic in more seasoned women.[9]

Review

Urinary incontinence happens when you lose control of your bladder. Now and again, you may discharge your bladder's substance totally. In different cases, you may encounter just minor spillage. The condition might be impermanent or

ceaseless, contingent upon its motivation.

As per the Urology Care Foundation, a huge number of grown-ups in the United States experience urinary incontinence. As per Johns Hopkins Medicine, it's increasingly basic among ladies over the age of 50. In any case, this condition can influence anybody. As you age, the muscles supporting your bladder will in general debilitate, which can prompt urinary incontinence. A wide range of medical issues can likewise cause the condition. Side effects can run from gentle to serious and can be an indication of malignant growth, kidney stones, disease, or an amplified prostate. On the off chance that you experience urinary incontinence, make a meeting with your social insurance supplier. Urinary incontinence can meddle with your every day life and lead to likely mishaps. Your human services supplier can likewise decide whether an increasingly genuine ailment is the reason.

Sorts of urinary incontinence

Urinary incontinence is partitioned into three general sorts. You can possibly encounter more than one sort simultaneously.

Stress incontinence

Stress incontinence is activated by particular kinds of physical movement.

For instance, you may lose control of your bladder when you're: working out, hacking, sniffing, giggling

Such exercises put weight on the sphincter muscle that holds pee in your bladder. The additional pressure can make the muscle discharge pee.

Urge incontinence

Urge incontinence happens when you lose control of your bladder in the wake of encountering an abrupt and compelling impulse to pee. When that urge hits, you will most likely be unable to make it to the restroom in.

Flood incontinence

Flood incontinence can happen on the off chance that you don't totally discharge your bladder when you pee. Afterward, a portion of the rest of the pee may spill from your bladder. This sort of incontinence is now and then called "spilling."

Reasons for urinary incontinence:

There are numerous possible reasons for urinary incontinence.

Models include:

Debilitated bladder muscles, coming about because of maturing

Physical harm to your pelvic floor muscles

Extended prostate

Disease

A portion of these conditions are effectively treatable and just motivation impermanent urinary issues. Others are increasingly genuine and constant.

Maturing

As you get more established, the muscles supporting your bladder normally become more vulnerable, which raises your hazard for incontinence.

To keep up solid muscles and a sound bladder, it's imperative to rehearse solid way of life propensities. The more beneficial you are, the better your odds of evading incontinence as you age.

Harm

Your pelvic floor muscles bolster your bladder. Harm to these muscles can cause incontinence. It very well may be brought about by specific kinds of medical procedure, for example, a hysterectomy. It's likewise a typical aftereffect of pregnancy and labor.

Expanded prostate

In case you're male, your prostate organ encompasses the neck of your bladder. This organ discharges liquid that secures and feeds your sperm. It will in general extend with age. It's normal for guys to encounter some incontinence thus.

Disease

Prostate or bladder disease can cause incontinence. Sometimes, medicines for malignant growth can likewise make it harder for you to control your bladder. Indeed, even generous tumors can cause incontinence by obstructing your progression of pee.

Other expected reasons for incontinence include:

Stoppage

Urinary tract diseases (utis)

Kidney or bladder stones

Prostatitis, or irritation of your prostate

Interstitial cystitis, or a ceaseless condition that causes irritation inside your bladder

Reactions from specific meds, for example, circulatory strain drugs, muscle relaxants, tranquilizers, and some heart prescriptions

Some way of life components can likewise cause brief episodes of incontinence. For instance, drinking a lot of liquor, charged refreshments, or different liquids can make you briefly lose control of your bladder.

Purpose: To demonstrate which are the energy imbalances linked to urinary incontinence and sexual dysfunction after prostate cancer surgery and how can we treat it clinically.

Methods: One case report. 68-year-old male patient. Started treatment for urinary incontinence and sexual dysfunction, after being submitted to a prostatectomy due to prostate cancer. He was also using medications for control the prostate cancer (anti masculine hormones). The patient had to use special diapers on the penis to contain urine. As the patient was not satisfied with the standard treatment he was receiving in Western Medicine, he searched for a TCM based treatment. He was diagnosed with Kidney-*Yang* deficiency. Treatment was started with Chinese dietary counselling, auricular acupuncture associated with apex ear bloodletting and moxibustion. It was performed measurement of the chakras, which resulted in no energy in any of the patients chakras (considering a scale of 1 to 8 in energy, all chakras were measured in 1). To replenish the energy of the chakras, it was started the use of crystal-based medications and homeopathy according to the *Constitutional Homeopathy of the Five Elements based on TCM* theory, developed by the author.

Results: With the instituted treatment, the patient recovered the ability to control urine and sexual function.

Discussions: There are energy alterations related to patients with urinary incontinence and sexual dysfunction after prostate cancer and are usually related to kidney energy deficiencies.

Conclusion: The corrections of these energies, as well as the replenishment of the chakras energy is important to recover normal function on this kind of patient.

Biography

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she works with the approach

and treatment of all chronic diseases in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

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