

# Assessment of Premarital Sexual Initiation Practice and Associated Factors among Orthodox Sunday School Students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia, 2022

Trhas Tadesse Berhe<sup>1\*</sup>, Bekalu Abebe<sup>2</sup>, Yared Shiferaw<sup>3</sup>, Addisu Tadesse Sahile<sup>4</sup>, Getachew Woldeyohannes Tedla<sup>1</sup> and Binyam Gintamo<sup>6</sup>

<sup>1</sup>Department of Public Health, Yekatit 12 Hospital Medical College, Addis Ababa, Sidist Kilo, Addis Ababa, Ethiopia

<sup>2</sup>Department of Public Health, Addis Ababa Medical and Business College, Addis Ababa, 2QQ2+WGQ, A3, Addis Ababa, Ethiopia

<sup>3</sup>Department head of Maternity and child health, Eka Kotebe General Hospital, Addis Ababa, 2VQ3+J73, Addis Ababa, Ethiopia

<sup>4</sup>Department of Public health, Unity University Addis Ababa, 2R25+C4V, Addis Ababa, Ethiopia

<sup>5</sup>Department of Public health, Addis Ababa Medical and Business College Addis Ababa, 2QQ2+WGQ, A3, Addis Ababa, Ethiopia

## Abstract

**Background:** Youths' risky behavior is one of the public health issues which gained paramount importance in the developed as well as developing countries like. Therefore, this study investigated the prevalence of premarital sexual practice and associated factors among Orthodox Sunday School Students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia, 2022.

**Methods:** A quantitative institutional based cross-sectional study was employed. Using the single population proportion formula, 414 Orthodox Sunday School Students were randomly selected using simple random sampling technique based on their registration book. A structured and pretested self-administered questionnaire was used to collect the data and was analyzed using SPSS Version 25. Binary logistic regression was used to identify independent predictors of premarital sexual practices at 95% CI and P value less than 0.05.

**Result:** The prevalence of premarital sex was 46.3% (CI: 41.3, 51.3). The mean age of sexual initiation in the study population was 17±1.9 years for both sexes. Age between 21-24 years [AOR 7.134 (1.127, 45.154)], having pocket money [AOR 0.102(0.026, 0.394)], having girl/boyfriend [AOR 0.03(0.005, 0.013)] and watching sex video [AOR 0.157(0.54, 0.455)] were found to be significantly associated with premarital sex.

**Conclusion and recommendation:** The current study found that premarital sexual practice was high which was unplanned and unprotected. Since factors such as age range between 21-24, having pocket money, having boy/girlfriend, and watching sex video are significantly associated with premarital sexual practice, consistent Provision of information about adolescent reproductive health should be provided to Sunday school adolescents by the concerned governmental or non-governmental bodies.

**Keywords:** Monastery Church • Miskaye hizunan medhane alem • Premarital sexual initiation • Reproductive health • Sunday school students

## Introduction

Youths are undergoing a rapid shift in their physical and psychological makeup. They are curious and eager to try out novel experiences [1]. Despite this, young people experience a variety of situations, including anxieties, worries, and diverse wants. They sometimes feel embarrassed to ask their parents and other adults for help [2]. Youths and their communities need to be educated on reproductive health from a life cycle perspective so they can make responsible choices about their sexuality and reproductive health [3]. There is an increase in premarital sex everywhere. Premarital sex

is seen as dangerous if no action is taken since it puts young people at risk for risky sexual activity, which includes STIs, HIV, unwanted pregnancies, unsafe abortions, teenage pregnancies, childbearing, school dropout, and other problems, including death [4-7]. For example, globally, 35.3 million people live with HIV/AIDS of which 2.1 million are youths. Among 2.3 million new HIV infections, youths (15–24 years) account more than half [8]. Studies in Sub-Saharan African countries revealed that less than one-third of sexually active adolescent girls report using condom during their most recent sexual experience [4,9]. In Ethiopia, the prevalence of premarital sex is increasing [10]. A study conducted in Eastern part of Ethiopia and Lalibela Town reported that above one-fourth of the school youths were exposed to premarital sex [8]. Research finding indicated that premarital sexual practice among university students of Ethiopia have been increasing [2-10]. Although religious Sunday schools are institutions where premarital sexual practice is officially prohibited and formal educations are provided to youths, premarital sexual practice among Orthodox Sunday School Students is not sufficiently investigated. But if these students equip with right and sufficient information, they may be role model and turning agents for university students. Since one of the goals of national AYRH strategy of Ethiopia is to design and implement innovative and evidence based AYRH programs that are segmented and tailored to meet diverse needs of youth by marital status, age, school status, residence, and sex, including younger adolescents and marginalized and

**\*Address for Correspondence:** Trhas Tadesse Berhe, Department of Public Health, Yekatit 12 Hospital Medical College, Addis Ababa, Sidist Kilo, Addis Ababa, Ethiopia, Tel: +251912053189, E-mail: ttrhas@gmail.com

**Copyright:** © 2023 Berhe TT, et al. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

**Received:** 03 February, 2022; Manuscript No. APN-23-88609; **Editor Assigned:** 04 February, 2022; PreQC No. P-88609; **Reviewed:** 24 February, 2022; QC No. Q-88609; **Revised:** 01 March, 2022, Manuscript No. R-88609; **Published:** 08 March, 2022, DOI: 10.37421/2573-0347.2023.8.312

most vulnerable young people in the context of Ethiopian priorities and culture [11], the aim of this study was to investigate the prevalence and associated factors of premarital sexual practice among Orthodox Sunday School Students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia, 2022. So that this study may help policy makers and other concerned bodies in designing appropriate intervention.

## Methods and Materials

### Study area and period

The study was conducted to assess the prevalence of premarital sexual initiation practice and associated factors among Sunday School students, at Sunday school in Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia, 2022. Miskaye Hizunan Medhane Alem Monastery Church is one of the Ethiopian Orthodox Tewahedo Church which is located in Addis Ababa region, Ethiopia and it is one of the most famous Monastery churches in Ethiopia which is known for its training center for Priests, monks and Sunday school students. Currently, it has a large number of Sunday school students and is hosting 3,144 males and 9,096 Females (total 12,240) Sunday school adolescent and youth age group students. The study period was from March 30 to April 20, 2022.

### Study design

Quantitative institutional based cross-sectional study was employed among all Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa Sunday school students and the study population were the sampled students selected by simple random sampling technique and who fulfilled the inclusion criteria.

### Inclusion and exclusion criteria

All male and female Sunday school students who were in the age range of 13-24 and who accepted the assent/ consent for participation in the study were included. Those Sunday school students who were unable to speak, write, hear, see, who were married and absent during data collection period were excluded.

### Sample size determination

Sample size (n) was calculated based on single population proportion formula from previous study the prevalence of premarital sexual initiation (p) is 42.7% (12), z-value of 1.96 at 95% confidence interval (CI) and margin of error (d) is 5%. By adding 10% nonresponse rate, the final sample size was 414.

### Sampling procedure

A total of 414 from 12,240 students (males, 3,144 and females, 9,096). Assuming that sex difference affects their premarital sexual practice, Stratified sampling technique was applied. Based on proportion to size allocation, one hundred six male and three hundred eight female students were randomly selected.

### Variables

Premarital sexual initiation practice was dependent variable and Socio-demographic characteristics like; Age, Sex, Educational level, marital status, ethnicity, religion, pocket money, and Risky behavior and peer pressure like; chat chewing, drinking alcohol, cigarette smoking, sex film watching, Sexual status of peer and Parental socioeconomic status and discussion about sex matters like; Parental educational level, Parental occupational status, Sexual discussion with parents, Sexual discussion with peer were independent variables.

### Data collection tool, method and procedure

Data were collected using pretested structured, close ended and self-administered questionnaire adopted and adopted from different literatures

[12-18]. This self-administered questionnaire included four parts; the first section inquired about socio demographic data; the second part elicited parental socio-economic status; the third section inquired risky behavior and peer pressure for premarital sexual initiation and the fourth part explored history of premarital sexual initiation practices. To check the accuracy and its consistency, pretest was done on 5% of the total sample size of the participants in similar setting which was outside the study area before the actual study period and the questioner was modified accordingly. The data collectors and supervisors were recruited outside the study area including hospitals and health centers and who had an age of less than 30 years old and supervisors with MPH degree holders.

### Data quality assurance

Before data collection, a clear introduction explaining the purpose and objectives of the study to respondents was provided. Training was given to data collectors and supervisors on the objective, relevance of the study, confidentiality of information, respondent's right, and informed consent and assent. The principal investigator and the supervisor made frequent checks on the data collection process to ensure the completeness and consistency of the gathered information and errors found during the process was corrected. A close supervision, honest communication and on spot decision in the field work phase were implemented.

### Data processing and analysis

After checking the collected data for its completeness and accuracy code was given to the questionnaire, then the data were entered using EPI Data version 4.6 statistical software and analyzed using SPSS version 25 statistical package. Data cleaning were performed to check for accuracy, consistencies, missed values, and variables to fix errors. Binary Logistic regression was used to find out the association between the independent variable and premarital sexual practice. To control the confounders, multivariable logistic regressions were used to find out the association between dependent and independent variables, at 95% CI P-value <0.05 was considered as a statistically significant.

### Ethical consideration

Ethical clearance was obtained from the Institutional Review Board of Addis Ababa Medical and Business College (AAMBC/STU/4005/14) and from the church. Written permission letter was obtained from all concerned authorities. Written consents from parents of Sunday school youths were collected and verbal consent from each participant was obtained after explaining the purpose of the study. The objective and importance of the study was explained to the study participants then data were collected only after full informed verbal and written consent/assent was obtained. Confidentiality of the information was maintained by excluding names in the questionnaire.

### Operational definitions and its measurements

**Adolescents:** In this research, it is considered to be the period between age 13 to 24 [2].

**Premarital sex:** A penetrative vaginal penile sexual intercourse performed before marriage [2]. It was measured by the answers to the question: "Have you ever had sexual intercourse?" The youths were free to respond either "Yes" or "No". Those who responded "Yes" and were never married were considered as having premarital sexual practice.

**Premarital sex initiation:** starting of a penetrative vaginal penile sexual intercourse performed before marriage [8].

**Unsafe sex:** A penetrative vaginal penile sexual intercourse performed without using condom [13].

**Sexually active:** A student who had had premarital sex at least once prior to this study [8].

## Result

### Socio-demographic characteristics

Out of 414 respondents interviewed 400 interview tools were completed with response rate of 96.6%. Of the total respondents 302 (75.5%) were females. Majority of the study participants 312 (78.8%) were in the age group 17-20 years old with the mean age of 17 years. while the majority 170(47.8%) were in the age group 15-17 years old. The minimum and the maximum age were 14 and 23 respectively. The minimum and the maximum age were 14 and 23 respectively. More than half proportion (56.3%) of the participants was grade twelve and above students. Two hundred and four (51.0%) of the respondent reported that they had pocket money and 82.5% got the money from their both parents. About 78.3% attending religious services every day (Table 1).

### Parental educational and socio-economic status

Regarding parents' socio-economic status, 5(1.2%) and 29(7.2%) of the respondents reported that their mother and father were not alive respectively. About 97.5% of adolescents were living with their parents. Regarding parents' educational status 289(72.3%) mother and 209(56.3%) fathers were above grade 12th. Majority of the respondents' mother 156 (39.5%) were private employer whereas 172(46.4%) of the respondents' father were merchants. Respondents' self-rating of their family income shows that majority 233(58.3%) were middle income family (Table 2).

### Risky behavior and peer pressure for premarital sexual initiation

From a total of 400 respondents, Majority of the respondent 280(70.0%) had peer friends with 94(33.6%) of them discussed about sexual issue with their peer friends. Regarding risky behaviors, 3(0.8%) had ever chew chat and all of them chew every day. six (1.5%) of the respondent had ever drink alcohol. Six (1.7%) of the respondents' smoke cigarette. Sixty-two (15.5%) had watched sex film and 50(12.5%) visited Pubs or Bars. Regarding respondents' peer friend 62(15.5%) of the chew chat, 82(20.5%) drink alcohol, 59(14.8%) smoke cigarette and 59(14.8%) watch sex film. Fifty-

**Table 1.** Socio Demographic characteristics towards premarital sexual initiation among sunday school students at miskaye hizunan medhane alem monastery church, addis ababa, Ethiopia (n=400), from march 15-April 10,2022.

		Frequency	Percentage
Sex	Male	98	24.5
	Female	302	75.5
Age	13-16	46	11.5
	17-20	311	78.8
	21-24	43	10.7
Age of participant when they started grade one	6	107	27.0
	7	293	73.0
Ethnicity	Tigray	104	26
	Amhara	156	39
	Oromo	118	29.5
	Afar	22	5.5
Pocket money	Yes	204	51.0
	No	196	49.0
Source of money	From both parents	330	82.5
	From mother only	36	9.0
	From father only	29	7.25
	Others*	5	1.25
	Every day	313	78.3
Attending religious services	At least once a week	71	17.6
	At least once a month	10	2.5
	At least once a year	5	1.3
	Only during ceremony	1	0.3

From friends, relatives

eight (14.5%) of the respondents' peer friend influence the respondents to start sexual intercourse (Table 3).

**Table 2.** Description of parents of the study participants' educational and socio-economic status education among sunday school students at miskaye hizunan medhane alem monastery church, addis ababa, Ethiopia (n=400),2022.

Variable	Frequency	Percentage	
Is your mother alive	Yes	395	98.8
	No	5	1.2
Mothers' educational status(n=395)	Grade 5-8	32	8.1
	Grade 9-10	21	5.3
	Grade 11-12	29	7.3
	>12	289	73.2
Mothers' occupational status(n=395)	Housewife	25	6.3
	Civil servant employer	57	14.4
	Private employer	156	39.5
	Merchant	127	32.2
Sexual issue discussion with mother(n=395)	Yes	91	23.0
	No	304	77.0
	Others*	16	4.3
Is your father alive(n=400)	Yes	371	92.8
	No	29	7.2
Fathers' educational status(n=371)	Grade 1 – 4	21	5.7
	Grade 5-8	26	7.0
	Grade 9-10	41	11.1
	Grade 11-12	58	15.6
	≥12	209	56.3
	Civil servant employer	40	10.7
Fathers' occupational status(n=371)	Private employer	76	20.5
	Merchant	172	46.4
	Daily laborer	83	22.4
Sexual issue discussion with father(n=371)	Yes	92	24.8
	No	279	75.2
With whom you are living currently(n=400)	Both parents	368	92.0
	Others**	32	8.0

Unable to read and write, read and write, grade 1-4, \*\*Alone, mother only, father only, brother, sister.

**Table 3.** Description of risky behavior and peer pressure for premarital sexual initiation of among sunday school students at miskaye hizunan medhane alem monastery church, addis ababa, Ethiopia (n=400), 2022.

Variable	Frequency	Percentage	
Do you have peer friend(n=400)	Yes	280	70.0
	No	120	30.0
Discussion on sex issues with peer friend(n=280)	Yes	94	33.6
	No	186	66.4
Chat chewing	Yes	3	0.8
	No	397	99.2
Drink alcohol(N=400)	Yes	6	1.5
	No	394	98.5
Smoke cigarette(n=400)	Yes	3	.8
	No	397	99.3
Do you think that keeping virginity up to marriage is important(n=400)	Yes	398	99.5
	No	2	.5
Have you ever watched sex film(n=400)	Yes	62	15.5
	No	338	84.5
Peer chew chat(n=280)	Yes	62	22.1
	No	78	27.9
	Don't know	140	50.0

Peer drink alcohol(n=280)	Yes	82	29.3
	No	57	20.4
	Don't know	141	50.3
Peer smoke cigarette(n=280)	Yes	59	21.1
	No	65	23.2
	Don't know	156	55.7
Peer watch sex film(n=280)	Yes	59	21.1
	No	64	22.9
	Don't know	157	56.0
Peer initiated sexual intercourse(n=280)	Yes	58	20.7
	No	65	23.2
	Don't know	157	56.1

### History of premarital sexual initiation

From total of 400 respondents 142(35.5%) had boy/girlfriend and one hundred eighty-five (46.3%) of respondents reported that they had premarital sexual intercourse. The mean age at first sexual intercourse was 17 with the minimum and maximum age started sexual intercourse was 14 and 20 respectively. From the total of sexually active students, the majority 62(33.5%) had their first sexual intercourse were under 17 and below years old. Majority of the respondent 134 (72.4%) had their first sexual intercourse with their girl or boy friends. On the other hand, from the total of sexually active respondents, 178(96.2%) had one sexual partner in the past, 2 (1.1%) had two sexual partners and the rest, 7 (2.2%) had three and above partners (Table 4 and Figure 1).

Forty-six-point three percent of the respondents had generally premarital sexual initiation practice whereas fifty-three-point seven percent had not premarital sexual intercourse. The main reason for initiation of sexual intercourse were fell in love which accounts 93(23.3%) followed by desire to practice sex which accounts 77(19.5%) (Figures 2 and 3).

### Binary logistic regression analysis

The relationship between premarital sex and socio-demographic variables such as gender, age, religion, educational level etc. was tested in a binary logistic regression both univariate and multi-variate analysis was done. In univariate logistic regression, age greater than 16 years, educational level above grade 9th and having pocket money were found to be significantly associated with premarital sex. In multivariate logistic regression analysis was used to minimize the effect of other confounding variables and to identify the real factors contributing to premarital sex initiation. Among the socio-demographic variables, having pocket money were significantly associated with premarital sex [AOR 0.102 (0.026, 0.394)] (Table 5). Regarding respondent's behavior, peer pressure and parents' socio-economic status, both univariate and multivariate logistic regression analysis was done. In univariate logistic regression, having boy/girlfriend, respondent self-behavior like, watching sex film, peer behavior like peer watching sex film and Peer friend initiate sexual intercourse and having alive mother and parents' economic status were found to be positively and significantly associated with premarital sex (Table 5).

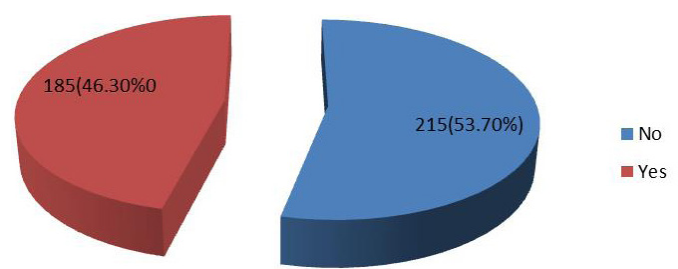
In multivariate logistic regression it was found out that having boy/girlfriend, and watching sex film, were significantly associated with premarital sex. Accordingly, those respondents who had boy or girl friend more likely to had premarital sex than those who did not have [AOR 0.03(0.005, 0.013)]. Those respondents who watch sex film were more likely to have premarital sex than those who did not watch [AOR 0.157(0.54, 0.455)].

## Discussion

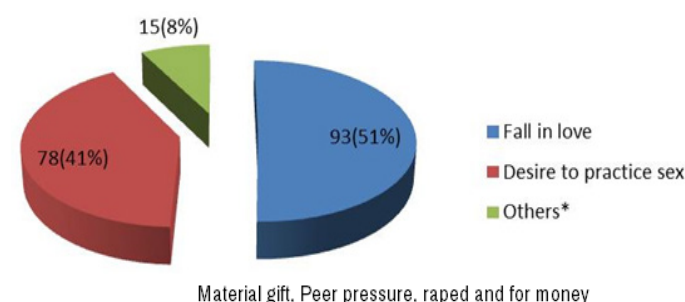
This study tried to assess the prevalence of premarital sexual initiation and associated factors among Sunday school students at Miskaye Hizunan Medhane Alem Monastery Church. Moreover, the study tried to see associations between premarital sex and socio-demographic variables, risky

**Table 4.** Description of history of premarital sexual practice among sunday school students at miskaye hizunan medhane alem monastery church, addis ababa, Ethiopia (n=400), 2022.

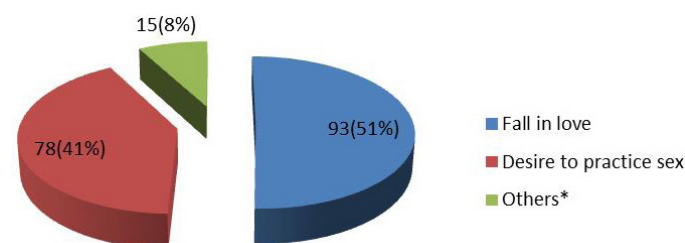
Variable	Frequency	Percentage
Boy or girl friend(n=400)	Yes	142 35.5
	No	258 64.5
Premarital sexual practice(n=400)	Yes	185 46.3
	No	215 53.7
At what age premarital sex did you start(n=185)	Fourteen	3 1.6
	Fifteen	19 10.3
	Sixteen	32 17.3
	Seventeen	62 33.5
	Eighteen	61 33.0
	Nineteen	7 3.8
	Twenty	1 0.5
With whom you had first sexual intercourse(n=185)	Girl/ boy friends	134 72.4
	Friends	45 24.3
	Relative	6 3.3
Ever been pregnant(n=143)	Yes	3 2.1
	No	140 97.9
Ever made pregnant(n=42)	Yes	2 4.8
	No	38 90.4
	I don't know	2 4.8
Sexual intercourse at the last 6 month(n=185)	Yes	20 10.8
	No	165 89.2
Number of sexual partners(n=185)	One	178 96.2
	Two	7 3.8



**Figure 1.** Premarital sex practice among sunday school students at miskaye hizunan medhane alem monastery church, addis ababa, Ethiopia (n=400), 2022.



**Figure 2.** Premarital sex among Sunday school students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia (n=400), 2022.



**Figure 3.** Reason to start premarital sex among sunday school students at miskaye hizunan medhane alem monastery church, Addis Ababa, Ethiopia (n=400), 2022.



**Table 5.** Association; pre-marital sex with selected variables among Sunday school students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia (n=400), 2022.

Variable	Premarital sexual practice		OR(95%CI)		
	Category	Yes	No	COR(95%CI)	AOR(95%CI)
Age	13-16	8(17.4%)	38(82.6%)	1.00	1.00
	17-20	144(46.3%)	167(53.7%)	0.244(0.110,0.540)	9.970(0.791,125.539)
	21-24	33(76.7%)	10(23.3%)	0.064(0.023,0.181)	7.134(1.127,45.154)*
Level of education	Grade 9 <sup>th</sup>	1(50.0%)	1(50.0%)	1.00	1.00
	Grade10 <sup>th</sup>	16(21.9%)	57(78.1%)	3.562(0.211,60.171)	
	Grade11 <sup>th</sup>	107(48.2%)	115(51.8%)	1.075(0.066,17.3.99)	
	12 <sup>th</sup> and above	61(59.2%)	215(53.8%)	0.689(0.42,11.317)	
Pocket money	Yes	82(40.2%)	122(59.8%)	1.00	1.00
	No	103(52.6%)	93(47.4%)	0.607(0.408,0.92)	0.102(0.026,0.394)*
Boy/Girl friend	Yes	144(98.6%)	2(1.4%)	0.023(0.004,0.113)	0.03(0.005,0.013)*
	No	45(17.4%)	213(82.6%)	1.0	1.0
Watching sex film	Yes	41(66.1%)	21(33.9%)	0.380(0.215,0.671)	0.157(0.54,0.455)*
	No	144(42.6%)	194(57.4%)	1.00	1.00
Peer friend initiated sexual intercourse	Yes	38(65.5%)	20(34.5%)	1.0	1.0
	No	39(60.0%)	26(49.0%)	1.267(0.608,2.640)	1.418(0.328,6.136)
	Don't know	73(46.5%)	84(53.5%)	2.186(1.169,4.087)	1.691(0.604,4.733)
Mother alive	Yes	164(44.2%)	207(55.8%)	1.00	1.00
	No	21(72.4%)	8(27.6%)	0.302(0.130,0.699)	1.619(0.01,3.134,)
Parent economic status	Poor	35(57.4%)	26(42.6%)	1.00	1.00
	medium	108(46.4%)	125(53.6%)	0.488(0.257,0.924)	0.597(0.172,2.072)
	Rich	42(39.6%)	62(60.4%)	0.760(0.476,1.211)	1.023(0.419,2.496)

\*Indicates significant association, OR-Odd ratio, COR-Crude odds Ratio, AOR-Adjusted Odds Ratio, CI-Confidence Interval.

behavior, peer pressure, and parental socio-economic status. From the total respondents, the overall prevalence of premarital sex was 46.3% (CI: 41.3, 51.3) which is much higher than other similar studies done in Ethiopia [5-17]. In our societies where premarital sex is not culturally or religiously accepted, this result is quite high. The cultural taboos of society, the close and strong supervision of families prevent the young adolescent from engaging in sexual relations before marriage. This finding revealed that there is a high level of sexual practice in the study area. It has been reported that sexual activity among young people is on the rise worldwide. Several studies in sub-Saharan Africa have also documented high and increasing levels of premarital sexual activity among adolescents [18]. The higher finding in this study may be related to low supervision, and control from their family. The mean age of sexual initiation in the study population was 17±1.9 for years for both sexes. From the total of respondents who had history of premarital sex majority of the respondents (78.8%) were in the age 17-20 years; however significant number of respondents also started sex below age 16 which accounts 11.5%. A study done in Uganda also showed that adolescent start sex as early as 10-15 years [19]. This shows that the training of young people in the field of this study with similar age diagrams begin with that of other regions of Ethiopia, although it is higher than the study carried out in Uganda. In this study, it was also found that the risk of an advanced sex increases with the increase in age. The main reason claimed by school adolescents to start sex includes falling in love 93 (23.3%), 77(19.3%) desire practice sex, 5(1.3%) to get money, peer pressure 4(1.0%) and the same as 4(1.0%) by material gift, and 2(0.5%) raped or forced by opposite sex. The other similar study conducted in East Wollega in the city of Nekemte reported a similar reason for starting premarital sex. Even if the human physical maturity of reproduction at the onset of puberty, he/she qualifies for mating and reproduction can be much later after the age of 18 or 20. Most of them too society, including the Ethiopian, insists that any sexual practice outside of marriage is inappropriate. However, in this finding most of Sunday school adolescents 312(78.0%) start sex below age 18 and they proposed the above reasons to start sex. It is true that sex is not wrong in any age; But pre -marital sex can damage the mental development of adults in different forms. Primary sexual experiences lead many times to the wrong idea that sex should be enjoyed in any way. Forced pre -marital sex will lead to mental depression and dilemma. Another danger is possible to exchange diseases;

since the pre-marital partners may not be aware of the diseases that spread through interviews. Obtain Preliminary sex pregnancy is another disaster. Emotional imbalances and guilt could be the result of most premarital sex. In this study, age between 21-24 years old, having pocket money were found to be positively and significantly associated with premarital sex in the study area. In these findings, sexual activity prior to marriage started as early as age less than 16 years; however age between 21-20 years old had significant association with premarital sex. [COR 0.064 (0.023, 0.181) and AOR 7.134(1.127, 45.154)]. Similarly work to earn money was found to be positively associated with premarital sex in this study [COR 0.607 (0.408, 0.92) and AOR 0.102(0.026, 0.394)]. Similar studies done in Debre Markos Town reported the same result [2]. Regarding self-risky behavior and peer pressure for premarital sexual initiation, having boy/girlfriend, and watching sex films were significantly associated with premarital sexual practice. 142 respondents (35.5%) had boy/girlfriends and those who have a boyfriend or girlfriend Sunday school students were more likely to have premarital sexual intercourse than those who don't [COR 0.032 (0.004,0.113) and AOR 0,03(0.005,0.013)]. This could be due to the pressure from their boy/girl friend to have sexual practice. Students who watched pornographic films were more likely to have premarital sex than those who did not. Something similar can be found in Northern Ethiopia. The possible reason could be pornography film leads youth's physiological and psychological motive for sexual intercourse.

## Limitation

In addition, as this study used only quantitative data, the behavioral related information might be missed.

## Conclusion

This study showed that early premarital sexual initiation was high. Age between 21 and 24 years old, having pocket money, having a boyfriend/girlfriend, watching pornographic films were identified as factors and found to be positively and significantly associated with premarital sex. And that Sunday school youth started having sex at an early age. So, the Sunday

school community and respective health sector need to establish and strengthen school health program about identified risks of premarital sex. Family should supervise their children in addition to link to religious education in parallel to formal school education. Researchers should conduct further researches to investigate, why early sexual initiation is still a challenge in Ethiopia especially among Sunday school students in the other religious schools like protestant, Islamic etc.

## Acknowledgments

We would like to thank Addis Ababa Medical and business College for funding to conduct this study. We also would like to also thank the study participants and data collectors' facilitators for their willingness to take part in this study.

## Conflict of Interests

The authors affirm that there is no conflict of interest concerning the publication of this manuscript.

## Authors' Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis, and interpretation, or in all these areas; took part in drafting, revising, or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

## Funding

This research is funded by Addis Ababa Medical and Business College but they had no other role in the manuscript.

## References

1. <https://teachersinstitute.yale.edu/curriculum/units/1991/5/91.05.07.x.html>
2. Arega, Wondmnew Lakew, Taye Abuhay Zewale and Kassawmar Angaw Bogale. "Premarital sexual practice and associated factors among high school youths in debretabor town, south Gondar zone, north west Ethiopia, 2017." *BMC Res* 12 (2019): 1-7.
3. Brown, AnnDenise, Shireen J. Jejeebhoy, Iqbal Shah and Kathryn M. Yount. "Sexual relations among young people in developing countries: Evidence from WHO case studies." *Occasional Paper 4* (2001).
4. Gage, Anastasia J and Dominique Meekers. "Sexual activity before marriage in sub-Saharan africa." *Soc Biol* 41 (1994): 44-60.
5. Ayele, Anteneh Melesse. "Reproductive health risk and sexual behavior among school adolescents in moja preparatory and high school, in moja town, East Shewa, Oromia region." PhD diss Addis Ababa University, 2008.
6. <https://www.prb.org/national-reproductive-health-strategy-2006-2015-Ethiopia>
7. Jaramillo Mejía, Marta Cecilia and Dov Chernichovsky. "Gravidez precoce na adolescência na colômbia: Tendências temporais e consequências." *Cad Saude Publica* 35 (2019).
8. Bogale, Alemayehu and Assefa Seme. "Premarital sexual practices and its predictors among in-school youths of shendi town, west gojjam zone, north western Ethiopia." *Reprod Health* 11 (2014): 1-9.
9. Guta, D B D M G and Bayisa Mekuanint Yeshambel. "Assessment of early sexual initiation and associated factors among ambo university undergraduate students, ambo, Ethiopia." *Assessment* 25 (2016): 35-40.
10. Mulugeta, Yeshalem and Yemane Berhane. "Factors associated with pre-marital sexual debut among unmarried high school female students in bahir dar town, Ethiopia: Cross-sectional study." *Reprod Health* 11(2014): 1-6.
11. Kassie, Getnet M, Damen H. Mariam and Amy O. Tsui. "Patterns of knowledge and condom use among population groups: Results from the 2005 Ethiopian behavioral surveillance surveys on HIV." *BMC Public Health* 8 (2008): 1-14.
12. Teferra, Tomas Benti, Asfew Negaro Erena and Anteneh Kebede. "Prevalence of premarital sexual practice and associated factors among undergraduate health science students of madawalabu university, bale goba, south east Ethiopia: Institution based cross sectional study." *Pan Afr Med* 20 (2015).
13. Bizuayehu, Habtamu Mellie, Direslgne Misker Abyu and Hailu Fekadu Demessie. "Assessment of time of sexual initiation and its associated factors among students in northwest Ethiopia." *Sci J Public Health* 3 (2015): 10-8.
14. Seme, Assefa and Dessalegn Wirtu. "Premarital sexual practice among school adolescents in Nekemte Town, East Wollega." *Ethiop J Health Dev* 22 (2008): 167-173.
15. <http://thesisbank.jhia.ac.ke/7631/>
16. Taye, Bekele, and Tsion Nurie. "Assessment of premarital sexual practices and associated factors among private college regular students in Bahir dar city, northwest Ethiopia: A cross-sectional study." *Int J Hort Agric Food Sci* 1 (2017): 60-7.
17. Woldekiros, Abebaw Eshete. "Assessment of premarital sexual practice and associated factors among yekatit 12 preparatory school adolescents in Addis Ababa." In *28th Annu Confer*, (2016).
18. Taffa, Negussie, Johanne Sundby, Carol Holm Hansen and Gunnar Bjune. "HIV prevalence and socio-cultural contexts of sexuality among youth in addis ababa, Ethiopia." *Ethiop J Health Dev* 16 (2002): 139-145.
19. Logie, Carmen, Moses Okumu, Robert Hakiza and Daniel Kibuuka Musoke, et al. "Mobile health-supported HIV self-testing strategy among urban refugee and displaced youth in Kampala, Uganda: Protocol for a cluster randomized trial (tushirikiane, supporting each other)." *JMIR Res. Protoc* 10 (2021): e26192.

**How to cite this article:** Berhe, Trhas Tadesse, Bekalu Abebe, Yared Shiferaw and Addisu Tadesse Sahile, et al. "Assessment of Premarital Sexual Initiation Practice and Associated Factors among Orthodox Sunday School Students at Miskaye Hizunan Medhane Alem Monastery Church, Addis Ababa, Ethiopia, 2022." *J Adv Practice Nurs* 8 (2023): 312.