

# Antimicrobial Activity in the Marine Cheilostome Bryozoan *Cryptosula zavjalovensis* Kubanin, 1976

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#### Abstract

**Objectives:** The ecological function and the antibacterial activity of the marine Bryozoan (*Cryptosula zavjalovensis*) from the north Pacific have remained unknown. *C. zavjalovensis* produced a strong odor when it alive and can survive on the upper side of substrates, implying strong competition ability as well as the presence of possible antibacterial activity. The aim of the study is to investigate the antibacterial activity of the *C. zavjalovensis* on 11 laboratory pathogenic (Gram positive and Gram negative) bacteria.

**Methods:** To investigate the antibacterial activity, specimens were collected at Akkeshi (Japan) was used to obtain water and methanol extracts which were then tested against 11 laboratory stoke bacterial strains. The presence of biological activity in the extracts was detected through the agar well diffusion method by measuring the zone of inhibition (ZOI) on the tested microorganisms.

**Results:** Results from the bioassays reveal that both extracts exhibited relatively strong antibacterial activity against most of the bacterial strains tested. This is the first test for antibacterial activity done with the Bryozoan *C. zavjalovensis*. The broad spectrum of antibacterial activity detected in the study shows that the active metabolites of this organism could potentially be used against common bacteria such as (*Bacillus spp.*) and (*Enterobacter spp.*) which cause several food borne diseases and can develop resistant spores.

**Conclusion:** Thus, *C. zavjalovensis* could be a source of important compounds targeting pathogenic organisms. However, before any possible practical testing including possibly clinical trials, it is necessary to isolate the bioactive substance and determine its exact mechanism of action.

**Keywords:** Anti-fouling; Antibacterial; Chemical defenses; Mechanism of action; Metabolites; Bioactive compounds

#### Introduction

In the marine environment, most of the surfaces of marine animals are usually colonized by sessile organisms (epibionts) such as diatoms, bacteria, protozoa, algae and other invertebrates, which cause fouling [1]. However the surfaces of many of these animals remain free of those epibionts or surface microorganisms are inhibited by secondary metabolites produced by the animal due to adaptation to prevent fouling. Possible antifouling mechanisms include mechanical, physical and chemical defenses. Bioactive compounds are often used alone or combined to inhibit bacterial growth and as such they could eventually be exploited in pharmacology [2].

Bryozoans are a phylum of aquatic, colonial sessile, filter-feeding marine invertebrates that frequently host communities of microorganisms and small invertebrates within their colony structures and may produce active substances used as chemical protection against possible harmful epibionts [3-9]. Although the phylum Bryozoan contains several thousand species, studies on natural products and its

use as chemical defenses have focused only on a few of them and Bryozoan metabolites account only for about 1% of marine natural products, according to recent reviews [10,11].

*C. zavjalovensis* Kubanin 1976 is a marine cheilostome Bryozoan widely distributed and patchily abundant intertidally on rocky shores around the North Pacific rim, from Ketchikan in southeastern Alaska to northern Honshu in Japan [12-14]. It is bright yellow to orange in color and produces a strong, pungent odor when alive (Figure 1) [12]. Whereas most rocky-intertidal Bryozoans inhabit cryptic microhabitats under boulders and in crevices, *C. zavjalovensis* frequently encrusts exposed hard substrates, and its colonies are often scarcely fouled leading to speculation that the odor-producing compound (or some other substance) might inhibit larvae from other organisms from settling on the colony and/or by interfering with the surficial bacterial film that is, might have antibacterial activity.

In this study, we investigated the antibacterial activity of water and methanol extracts from C. zavjalovensis against a diverse array of bacterial strains from laboratory culture collections on the basis of their field observation.





**Figure 1:** A) *Cryptosula zavjalovensis* field picture. B) Scanning electron microscope photograph of *C. zavjalovensis*. C) Agar plate showing the zone of inhibition of methanol extracts in a *Klebsiella spp*. SqK01 culture well. D) Agar plate showing the zone of inhibition of water extracts in a *Klebsiella spp*. SqK01 culture well. (In C and D panels: B=well with the tested microorganisms and the ryozoan extract; C=well used as control).

## **Materials and Methods**

#### Specimen collection and processing

*C. zavjalovensis* was collected by hand in the intertidal zone at low tide in June 2016 from the pier and rock of the Akkeshi Marine Biological Station (43°01.03'N, 144°50.26'E), eastern Hokkaido of Japan. Five replicate samples were taken each one consisting of parts of one or more colonies scraped from rocks or concrete substrates. Samples were transported to the Akkeshi Marine station where they were kept in running seawater at ambient temperature until they were processed. Colonies were identified under a stereomicroscope and then cleaned with distilled water before further processing [12].

# Preparation of water and methanol extraction for antibacterial activity assessments

Fresh colonies were pulverized with a mortar and 135 ml deionized water were mixed with 15 g of each pulverized sample, which is considered as the water extracts (9: 1 weight ratio) in this study. For the methanol extracts, samples were preserved in ethanol after rinsing with distilled water. To obtain a crude extract, the samples were first homogenized and dried and the dried extract added to a mixture of water and ethyl acetate. The soluble components in the crude extract were dissolved into the organic (ethyl acetate) and aqueous phases,

which were then separated by using solid phase extraction methods, and then dried to obtain the ethyl acetate and water fractions. The water fraction was separated from the methanol one and the liquid phase of methanol was used for antibacterial activity testing [15].

#### Assay for antimicrobial activity

Pulverized whole colonies (water extracts) and methanol extracts of *C. zavjalovensis* were assessed for antimicrobial activity using the agarwell diffusion method and the following bacterial strains: *Shigella spp.* SkS01, *E. coli* SkE01, *Salmonella spp.* SkS02, *Xanthomonas spp.* A9, *Klebsiella spp.* SqK01, *Bacillus spp.* A10, *Enterobacteria spp.* A27, *Pseudomonas spp.* A30, *Actinobacter spp.* A37, *Staphylococcus spp.* SkS02, and *Vibrio spp.* SkV01 [16]. For each strain a pure laboratory culture was used to inoculate 2 ml of Mueller Hinton broth medium (Oxford Ltd., Basingstoke, Hampshire, England) and the culture incubated for 24 hours at 37°C.

All sterile broth bacterial suspensions were adjusted to a density of 106 cfu/ml<sup>-1</sup> (colony forming units per ml) equivalent to the turbidity of a 0.5 McFarland standard. For each microorganism, one sterile cotton swab was used to obtain an amount of the bacterial broth suspension that was then spread onto a plastic 8 cm Petri dish containing Mueller-Hinton agar medium to provide a bacterial lawn and allowed to dry for 10 minutes.

After the bacterial lawn was fully absorbed, two wells (diameter 6 mm and volume 8 mm<sup>3</sup>) spaced 2.6 cm apart were prepared by using a sterile pipette separately for each, one for the Bryozoan extract to be tested and the other for the negative control. For each assay, 100  $\mu$ L of each extract was pipetted into the test well, and 100  $\mu$ L of distilled water (for assays of water extracts) or 100  $\mu$ L of 30% methanol in distilled water (for assays of methanol extracts) into the control well. After absorption of the test and control volumes into the wells, plates were incubated for 24 hours at 37°C.

After incubation, the diameter of the clear zone surrounding each well (zone of inhibition, or ZOI), including the diameter of the well, was measured as the degree of bacterial inhibition, or antimicrobial activity. Experiments of whole pulverized colonies (Water extracts) were done in five replicates and experiments of methanol extracts were done in fifteen replicates. Mean ZOIs greater than 15 mm were considered as having strong antimicrobial activity as in previous studies [17-19].

#### Statistical analysis

All measurements were entered in Excel and then a single factorial analysis of variance (ANOVA) was used to test the two types of extracts (water and methanol) against specific bacterial strains. Values of P<0.05 were taken as significant [20].

#### Results

Antimicrobial activity was tested against 11 bacterial strains using water and methanol extracts from *C. zavjalovensis* collected at Akkeshi Marine Biological Station.

The zones of inhibition (ZOI) for both extracts against the tested organisms are given in Table 1.

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Name of bacterial strain	Water extract ZOI (n=5) in mm			Methanol extract ZOI (n=5) in mm			Single factor ANOVA F value
	Mean ± SD	Minimum	Maximum	Mean ± SD	Minimum	Maximum	
Staphylococcus spp. SkS02	15.31 ± 0.31	15.29	15.34	16.92 ± 2.65	12.95	19.47	0.19748
Actinobacter spp. A37	18.13 ± 0.36	18.11	18.16	14.23 ± 1.66	12.87	16.98	0.00007*
Bacillus spp. A10	15.13 ± 0.22	15.11	15.16	20.83 ± 1.35	19.35	22.89	0.00113*
Klebsiella spp. SqK01	14.70 ± 0.58	14.68	14.73	17.15 ± 1.39	15	18.27	0.00113*
Xanthomonas spp. A9	12.70 ± 0.26	12.68	12.73	16.18 ± 2.03	13.64	18.48	0.00144*
Shigella spp. SkS01	18.40 ± 0.15	18.38	18.43	18.70 ± 1.21	16.9	20.24	0.59033
Enterobacteria spp. A27	14.82 ± 1.31	14.8	14.85	20.26 ± 1.36	18.25	21.45	0.00006*
Pseudomonas spp. A30	16.17 ± 0.75	16.15	16.2	18.63 ± 0.73	17.83	19.88	0.01345*
E. coli SkE01	16.17 ± 0.95	18.31	18.6	14.95 ± 2.71	11.1	18	0.01345*
Salmonella spp. SkS02	19.80 ± 0.86	19.78	19.83	14.69 ± 0.74	13.81	15.66	0.00001**
Vibrio spp. SkV01	16.25 ± 0.711	16.23	16.28	19.31 ± 1.15	17.79	20.77	0.00001
*Denotes the non-significant P value							

**Table 1:** Mean, minimum and maximum value of the zone of inhibition (ZOI) of *Cryptosula zavjalovensis* on 11 tested bacterial strains using the whole colonies pulverized in deionized water (water extracts) and methanol extracts. The single factor ANOVA presents the significant differences between water and methanol extracts (P<0.05).

The highest zone of inhibition for the water extract tests was found against *Salmonella spp.* SkS02 (ZOI=19.80 mm) and the lowest (ZOI=12.70 mm) for *Xanthomonas spp.* A9 (Table 1). Except in tests of *Enterobacteria spp.* A27, *Xanthomonas spp.* A9, *Klebsiella spp.* SqK01, all other zones of inhibition were >15 mm (Table 1). On the other hand, among the methanol extract probes the highest zone of inhibition (ZOI=20.83 mm) was found against *Bacillus spp.* A10 and the lowest (ZOI=14.23 mm) against *Actinobacter spp.* A37. Except for *Actinobacter spp.* A37, *E. coli* SkE01 and *Salmonella spp.* SkS02, all zones of inhibition were >15 mm (Table 1). None of the control wells in any of the assays showed signs of a zone of inhibition (no clear zone around the well could be observed). Among all, the ZOI between two extracts against *Shigella spp.* SkS01 (0.59033) and *Staphylococcus spp.* SkS02 (0.19748) were not significantly different at P<0.05.

#### Conclusion

The bioassay results revealed that both extracts exhibited strong antimicrobial activity showing zones of inhibition >15 mm in most of the tests. Nevertheless, in all cases the zones of inhibition for both extracts varied significantly (Table 1) which could be due to the solubility of the possible bioactive compounds in the different solvents used.

Significant discussions exist about the use of zones of inhibition and what size can be considered representative. Bergquist and Bedford ignored all zones of inhibition less than 1 mm wide, whereas Lippert et al. regarded extracts as possessing antibacterial activity or strong inhibition if the ZOI was >7-15 mm [21,18]. Other authors have considered any zone of inhibition as an indication of antimicrobial activity independently of its size [17,22]. The present study considers ZOI of any size as positive since the diameter of the zone is partially related to the ability of metabolites to diffuse through the agar, and

lipid-soluble compounds will often diffuse less well than more polar ones [9]. However, these matters have to be considered with more concern since the diffusion rate of some antibacterial compounds could probably affect the size of the inhibition zone too. Besides, physical and chemical characteristics of the extracts such as viscosity or pH could inhibit the growth of bacteria and primary metabolites could even exhibit weak inhibitory effects when tested at high concentrations [23,24]. In this study, both extracts exhibited clear inhibition zones against all tested bacterial strains (Table 1). To our knowledge, this is the first time that antibacterial activity is reported for *C. zavjalovensis*.

The present study was conducted with specimens collected from Akkeshi, Hokkaido, Japan. In order to make definitive conclusions about the ecological function of these metabolites it is necessary to test specimens from other areas of the species distribution. Differences in antimicrobial activity within populations of the same species have been shown previously [18]. In one study, it was reported that (*Flustra foliacea*) from the North Sea produced flustramine E 68 with antimicrobial activity against *Bacillus subtilis*, while *F foliacea* from a different area (Canada) did not show any antibacterial activity [17]. Besides, the presence of chemicals can vary with different depths. For example, two distinct chemo types have been found within *Bugula neritina* populations at the same location but at different depths [25].

Bacteria used for this experiment were collected from laboratory stock cultures. Different strains of these same bacterial groups can come into contact with *C. zavjalovensis* in nature. Unfortunately, little is known about this Bryozoan ecology, so field tests are needed to see how the same bacterial groups affect the Bryozoan in natural conditions and how its metabolites eventually are used for defense in order to better understand the obtained laboratory results. Besides, it has been shown that antibacterial activity against non-marine

pathogenic bacteria does not necessarily indicate the same activity exists against marine bacteria [21]. As discussed by Jenkins et al. ecologically sensible bioassays have to involve the use of microorganisms that interact with the investigated organism in nature. This study's aim was to test the existence of antibacterial activity of *C. zavjalovensis* using laboratory grown microorganisms and its possible use by the organisms. Further tests should be done in the field to confirm the results.

An important point to take into attention is that in some cases the metabolites isolated from Bryozoans are not actually Bryozoan in origin. Such is the case of bryostatin, important bioactive compounds produced by symbiotic bacteria associated with the Bryozoan *Bugula neritina* [25]. It is worth pointing out that we cannot exclude the possibility of symbiotic microorganisms being the source of the active compound observed in our tests. So, future studies of *C. zavjalovensis* metabolites also need to verify which organism produces it, the Bryozoan or an associated symbiont. In addition, the different responses of the studied microorganisms towards methanol and the water extracts might be due to other reasons such as the different concentrations of water and methanol used and that could explain some of the differences between the zones of inhibition found.

#### Conclusion

Nowadays, antibiotic resistance is becoming one of the major problems in medicine. The increase of pathogenic microbes with multiple resistance mechanisms considerably reduced the effectiveness of conventional commercial drugs. Hence, there is a constant need for new drugs with novel mechanisms of action. The evolution of antibiotic-resistant bacteria has also stimulated the search for potential antibacterial agents from natural sources [26-28]. The antibacterial activity detected in this Bryozoan could potentially be used against common bacteria such as *Bacillus spp*. and *Enterobacter spp*. which cause several food borne diseases and can develop resistant spores [29,30]. Thus, *C. zavjalovensis* could be a source of important antibacterial compounds. However, before any possible practical testing, it is necessary to determine the exact mechanism of action, isolate the compounds and then follow with practical tests.

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