

# ADCs: New Hope for HER2-Negative Breast Cancer

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## Introduction

Antibody-drug conjugates (ADCs) represent a significant advancement in treating HER2-negative breast cancer, marking a new horizon in targeted therapy [1]. These innovative agents skillfully combine the precise targeting capabilities of antibodies to identify and bind to tumor cells with the potent cytotoxic effects of small molecule drugs, thereby substantially minimizing systemic toxicity. Historically, the therapeutic landscape for ADCs was predominantly focused on HER2-positive breast cancer; however, recent groundbreaking developments are actively expanding their clinical utility to various HER2-negative subtypes, particularly those exhibiting specific targetable antigens or distinct resistance mechanisms [1]. The efficacy of ADCs in the context of HER2-negative breast cancer is frequently determined by the judicious selection of appropriate antibody targets and their associated payloads [2]. Considerable research efforts are currently directed towards identifying novel antigens that are overexpressed in HER2-negative tumors and subsequently developing ADCs with demonstrably improved therapeutic indices [2]. Furthermore, the meticulous optimization of payloads, including the strategic implementation of bystander effects, is recognized as a critical factor for effectively overcoming tumor heterogeneity, a common challenge in cancer treatment [2]. Significant hurdles exist in the development of ADCs specifically for HER2-negative breast cancer, notably the identification of suitable targets that possess adequate tumor selectivity and robust antigen expression levels [3]. Moreover, a profound understanding and effective strategies for overcoming resistance mechanisms to ADCs, such as target downregulation or alterations in drug efflux pumps, are paramount for their successful clinical implementation and widespread adoption [3]. The integration of ADCs into established treatment paradigms for HER2-negative breast cancer, especially in advanced or metastatic settings, represents an evolving and dynamic area of clinical oncology [4]. Current clinical trials are actively exploring the potential of combining ADCs with other established therapeutic modalities, including immunotherapy or conventional chemotherapy, with the overarching goal of enhancing anti-tumor responses and ultimately improving patient outcomes [4]. The critical role of biomarker development cannot be overstated in identifying patients with HER2-negative breast cancer who are most likely to derive substantial benefit from ADC therapy [5]. Predictive biomarkers, such as precise measurements of specific target antigen expression levels, are absolutely essential for accurate patient stratification and for maximizing the therapeutic benefit derived from these sophisticated agents [5]. The overall clinical success of ADCs in the challenging domain of HER2-negative breast cancer is fundamentally dependent on meticulous patient selection, rigorous target validation, and the continuous refinement of ADC design and manufacturing processes [6]. Ongoing research is actively investigating a range of novel antibody targets and payloads with the explicit aim of broadening the applicability of ADCs to a more diverse spectrum of HER2-negative subtypes [6]. The pharmacokinetics and pharmacodynamics of ADCs are fundamental determinants of their therapeutic ef-

ficacy and overall safety profile [7]. A comprehensive understanding of how these complex molecular entities are absorbed, distributed, metabolized, and excreted by the body is absolutely essential for optimizing dosing strategies and effectively managing potential toxicities in patients undergoing treatment for HER2-negative breast cancer [7]. The development of antibody-drug conjugates for the treatment of HER2-negative breast cancer stands as a highly active and dynamic area of scientific inquiry, primarily driven by the persistent unmet need for more effective and considerably less toxic therapeutic options [8]. This burgeoning field is characterized by a rapid pace of innovation across multiple fronts, including advancements in antibody engineering, sophisticated linker technologies, and the development of novel and potent payloads [8]. The application of ADCs to the treatment of HER2-negative breast cancer mandates a deep and nuanced understanding of tumor biology, coupled with the precise identification of specific molecular vulnerabilities within cancer cells [9]. Current research is actively exploring ADCs that target antigens exhibiting differential expression patterns across various subtypes of HER2-negative disease, with a particular focus on challenging entities like triple-negative breast cancer [9]. The precise positioning of ADCs within the established treatment algorithm for HER2-negative breast cancer remains an area under active investigation and definition [10]. Early-stage clinical trials are diligently exploring the potential utility of ADCs in both neoadjuvant and adjuvant settings, as well as in patients presenting with relapsed or refractory disease, all with the ultimate aim of improving long-term survival rates and substantially reducing the incidence of disease recurrence [10].

## Description

Antibody-drug conjugates (ADCs) represent a significant advancement in treating HER2-negative breast cancer, marking a new horizon in targeted therapy [1]. These innovative agents skillfully combine the precise targeting capabilities of antibodies to identify and bind to tumor cells with the potent cytotoxic effects of small molecule drugs, thereby substantially minimizing systemic toxicity. Historically, the therapeutic landscape for ADCs was predominantly focused on HER2-positive breast cancer; however, recent groundbreaking developments are actively expanding their clinical utility to various HER2-negative subtypes, particularly those exhibiting specific targetable antigens or distinct resistance mechanisms [1]. The efficacy of ADCs in the context of HER2-negative breast cancer is frequently determined by the judicious selection of appropriate antibody targets and their associated payloads [2]. Considerable research efforts are currently directed towards identifying novel antigens that are overexpressed in HER2-negative tumors and subsequently developing ADCs with demonstrably improved therapeutic indices. Furthermore, the meticulous optimization of payloads, including the strategic implementation of bystander effects, is recognized as a critical factor for effectively overcoming tumor heterogeneity, a common challenge in cancer treatment [2]. Significant hurdles exist in the development of ADCs specifically for HER2-

negative breast cancer, notably the identification of suitable targets that possess adequate tumor selectivity and robust antigen expression levels [3]. Moreover, a profound understanding and effective strategies for overcoming resistance mechanisms to ADCs, such as target downregulation or alterations in drug efflux pumps, are paramount for their successful clinical implementation and widespread adoption. The integration of ADCs into established treatment paradigms for HER2-negative breast cancer, especially in advanced or metastatic settings, represents an evolving and dynamic area of clinical oncology [4]. Current clinical trials are actively exploring the potential of combining ADCs with other established therapeutic modalities, including immunotherapy or conventional chemotherapy, with the overarching goal of enhancing anti-tumor responses and ultimately improving patient outcomes. The critical role of biomarker development cannot be overstated in identifying patients with HER2-negative breast cancer who are most likely to derive substantial benefit from ADC therapy [5]. Predictive biomarkers, such as precise measurements of specific target antigen expression levels, are absolutely essential for accurate patient stratification and for maximizing the therapeutic benefit derived from these sophisticated agents. The overall clinical success of ADCs in the challenging domain of HER2-negative breast cancer is fundamentally dependent on meticulous patient selection, rigorous target validation, and the continuous refinement of ADC design and manufacturing processes [6]. Ongoing research is actively investigating a range of novel antibody targets and payloads with the explicit aim of broadening the applicability of ADCs to a more diverse spectrum of HER2-negative subtypes. The pharmacokinetics and pharmacodynamics of ADCs are fundamental determinants of their therapeutic efficacy and overall safety profile [7]. A comprehensive understanding of how these complex molecular entities are absorbed, distributed, metabolized, and excreted by the body is absolutely essential for optimizing dosing strategies and effectively managing potential toxicities in patients undergoing treatment for HER2-negative breast cancer. The development of antibody-drug conjugates for the treatment of HER2-negative breast cancer stands as a highly active and dynamic area of scientific inquiry, primarily driven by the persistent unmet need for more effective and considerably less toxic therapeutic options [8]. This burgeoning field is characterized by a rapid pace of innovation across multiple fronts, including advancements in antibody engineering, sophisticated linker technologies, and the development of novel and potent payloads. The application of ADCs to the treatment of HER2-negative breast cancer mandates a deep and nuanced understanding of tumor biology, coupled with the precise identification of specific molecular vulnerabilities within cancer cells [9]. Current research is actively exploring ADCs that target antigens exhibiting differential expression patterns across various subtypes of HER2-negative disease, with a particular focus on challenging entities like triple-negative breast cancer. The precise positioning of ADCs within the established treatment algorithm for HER2-negative breast cancer remains an area under active investigation and definition [10]. Early-stage clinical trials are diligently exploring the potential utility of ADCs in both neoadjuvant and adjuvant settings, as well as in patients presenting with relapsed or refractory disease, all with the ultimate aim of improving long-term survival rates and substantially reducing the incidence of disease recurrence.

## Conclusion

Antibody-drug conjugates (ADCs) are emerging as a significant therapeutic option for HER2-negative breast cancer, moving beyond their traditional role in HER2-positive disease. Their efficacy relies on precise targeting of tumor-specific antigens and the judicious selection of potent cytotoxic payloads, with ongoing re-

search focused on identifying novel targets and optimizing drug delivery to overcome resistance and heterogeneity. Challenges include finding suitable targets with adequate selectivity and understanding resistance mechanisms. ADCs are also being explored in combination therapies and in earlier treatment settings like neoadjuvant and adjuvant therapy to improve patient outcomes. Biomarker development is crucial for patient selection, ensuring those most likely to benefit receive treatment. Research continues to advance ADC design, including antibody engineering, linker technology, and payload development, to broaden their application to various HER2-negative subtypes, including triple-negative breast cancer. Pharmacokinetic and pharmacodynamic studies are vital for optimizing treatment strategies and managing toxicity.

## Acknowledgement

None.

## Conflict of Interest

None.

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