Elevated Pressure Aqueous Hemostasis: Experimental and Mathematical Modeling

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Abstract

Elevated Pressure Aqueous Hemostasis is defined as the use of hydrostatic pressure via an isotonic liquid medium in a closed surgical field to control bleeding. It is an effective yet under-characterized means of achieving hemostasis; however, compromised perfusion is a potential complication. Therefore, the objective of this study was to determine the optimal range of extravascular pressure that both limits hemorrhage and allows antegrade flow. A steady-state experimental flow system was employed to simulate series arterial and venous hemodynamics, venous collapse, and arterial hemorrhage. A corresponding lumped-parameter mathematical model, calibrated to experimental data, was then used to extrapolate to conditions of hypotension, normotension, hypertension, limited venous collapse, venous hemorrhage, and simultaneous arterial and venous hemorrhages. Experiments with an elastomeric phantom vessel showed that hemorrhage from a stab incision was diminished with increasing extravascular pressure but was accompanied by decreased antegrade flow due to venous collapse. Above arterial pressure, flow ceased. Hence, a preferred pressure domain for aqueous hemostasis was defined to be greater than venous pressure to reduce bleeding and at least ten mmHg below arterial pressure to allow antegrade flow. Results from the lumped-parameter model suggest that i) a tethered vein may permit more antegrade flow for a given extravascular pressure; and ii) an elevated extravascular pressure in the presence of a venous rent may cause intravasation. A set of indices of perfusion and hemostasis were introduced to generalize these results and suggest guidelines for clinical practice.

Keywords: Mathematical modeling; Elevated pressure; Hemostasis; Lumped-parameter modeling

Introduction

Minimally invasive surgical techniques are increasingly becoming a preferred alternative to open procedures [1]. Many closed procedures utilize CO₂ insufflation to distend the operative space [2]; however, isotonic solutions are also used. Examples are found in urology [3-6], gynecology [7,8], orthopedics [9,10], and neurosurgery [11-18] in which visualization is facilitated by resectoscope, hysteroscope, arthroscope, and ventriculoscope, respectively. An aqueous environment distends the operative field [6,9], allows for hemostasis [4,5,9,10], and improves visual clarity via irrigation [3,6,9,11,15-18]. An additional benefit of an aqueous versus gaseous medium is the eliminated risk of air embolism [3].

Titled here as Elevated Pressure Aqueous Hemostasis (EPAH), the purposeful introduction of a pressurized aqueous environment into a closed surgical field to control hemorrhage has been demonstrated to staunch the egress of blood from open vessels [4,5,9,10]. However, an inevitable effect of an aqueous procedure is the application of elevated hydrostatic pressure throughout the surgical field, which may cause vascular collapse. These secondary effects have not heretofore been studied, and consequently there are no standard guidelines for regulating the aqueous pressure.

Therefore, the purpose of the present study was to characterize the balance between the beneficial effect of limiting hemorrhage and the potentially harmful effect of inhibiting antegrade flow. An ultimate objective is to define an optimal range of elevated extravascular pressure that may provide efficacy without introducing unacceptable risk.

Methods

This study involved complementary experimental and theoretical components. Experiments were performed to calibrate and validate a lumped-parameter model. Both the fluid circuit and electrical analog correspond to a simplified series arteriovenous circulation under steady flow conditions. Table 1 is a guide of the variables used throughout this study.

Experiments

A study was conducted that utilized a simplified model of EPAH, comprised of an elastomeric mock artery and vein within a sealed, rigid enclosure (Figure 1). The diameter, thickness, and durometer of the tubes were chosen to match those of the abdominal aorta and inferior vena cava [19] with considerations for fluid dynamic scaling [20] and prior studies of collapsible tubes [21-23]. The arterial side featured a thick-walled latex rubber tube (1/2" ID and 5/8" OD; 5234K261; Bard Medical Division; Covington, GA) 5/8" in diameter and cut to the same length. The tubes were oriented horizontally and connected to 1/2" barbs (A-387; Watts Regulatory Company; North Andover, MA) secured by cable ties with silicone rubber jackets at each junction to prevent leakage. The tubing barbs transversed the lateral walls of the chamber by sealed bulkhead connectors. The chamber was constructed from 3/8" thick acrylic to minimize bowing and was sized in an 11" × 11" × 4" (L × W × H) configuration, and a removable upper cover (attached with 22 machine screws) allowed access for exchanging tubes. A rigid septal wall was introduced to provide further support with 2" x 1" (L x H) cutouts in each corner to allow pressure equilibrium.

The external fluid circuit consisted of three reservoirs suspended at different heights corresponding to arterial, venous, and extravascular pressures and connected to one end of the mock artery, vein, and...
extravascular pressure ports, respectively. The artery and vein were connected in series through a variable fluidic resistor (46425K14; McMaster-Carr; Robbinsville, NJ). A centrifugal pump (4E-34NR; Little Giant Pump Company; Oklahoma City, OK) continuously recirculated fluid from the venous to the arterial reservoir. A check valve (RetroGuard; QUEST® Medical Incorporated; Allen, TX) was interposed between the reservoir and chamber on the arterial side to prevent retrograde flow. Ball valves (R661; Homeworks Worldwide; Wheeling, IL) were provided in each of the supply lines to isolate the chamber.

The extravascular fluid was standard tap water while the circulating fluid was a blood analog fluid consisting of an approximately 60:40 mixture of tap water and glycerin (Fisher Acros Organics; Somerville, NJ). The viscosity was titrated to 3.5 ± 0.1cP and confirmed via capillary viscometer (C497; Cannon Instrument Company; State College, PA). To prevent microbial growth, a fungicide (Aquacie; Aquacie Waterbed and Spa Accessories; Auburn, CA) was introduced to the intravascular fluid at a concentration of approximately 1mL/L.

Three turbine flow sensors (FT-110 173931-C; Gems Sensors and Controls; Palenville, CT) were located distal to the arterial tube (Qₐ), between the arterial and venous tubes (Qᵥ), and distal to the venous tube (Qᵥ) and connected to respective flow meters (PAX-1/8 DIN Digital Input Meter; Red Lion Controls; York, PA) equipped with digital-analog boards (PAXCDL - Analog Output Plug-In Card; Red Lion Controls; York, PA). Data were recorded by PC equipped with a data acquisition board (NI cRIO-9073, NI 9215, and NI 9237; National Instruments Corporation, Austin, TX) running acquisition software (LabVIEW 8.6.1; National Instruments Corporation; Austin, TX).

Five dedicated pressure transducers (TruWave; Edwards Lifesciences; Irvine, CA) were used to record pressure at the vessel inlets (Pₒ,i and Pᵥ,i), outlets (Pₒ,o and Pᵥ,o), and extravascular space (Pₑ). These sensors were connected directly to the acquisition board although the PEV signal was amplified by a patient monitor (871 Monitor; Dataprobe Corporation; MAQUET Incorporated; Bridgewater, NJ). All eight signals were recorded at 10Hz throughout the course of each experiment.

Prior to each series of experiments, the chamber and intravascular system were primed and evacuated of air. The arterial inlet and venous outlet pressures (Pₒ,i and Pᵥ,o, respectively) were prescribed (100 and 10 mmHg, respectively) by individually adjusting the height of the corresponding reservoirs. The baseline hemodynamics were established with the PEV signal was amplified by a patient monitor (871 Monitor; Dataprobe Corporation; MAQUET Incorporated; Bridgewater, NJ). All eight signals were recorded at 10Hz throughout the course of each experiment.

Table 1: Legend of variables and their corresponding descriptions. Not presented in the table are the subscripts 0 and P, which denote the baseline condition (Pₑ=0mmHg) and the elevated extravascular pressure level, respectively.

<table>
<thead>
<tr>
<th>Variable</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>Pₒ,i</td>
<td>Arterial Inlet Pressure</td>
</tr>
<tr>
<td>Pᵥ,i</td>
<td>Venous Inlet Pressure</td>
</tr>
<tr>
<td>Pₒ,o</td>
<td>Arterial Outlet Pressure</td>
</tr>
<tr>
<td>Pᵥ,o</td>
<td>Venous Outlet Pressure</td>
</tr>
<tr>
<td>Pₑ</td>
<td>Extravascular Pressure</td>
</tr>
<tr>
<td>Pₑₐ</td>
<td>Arterial Transmural Pressure</td>
</tr>
<tr>
<td>Pₑᵥ</td>
<td>Venous Transmural Pressure</td>
</tr>
<tr>
<td>Qₒ,i</td>
<td>ArterioVenous Flow</td>
</tr>
<tr>
<td>Qᵥ</td>
<td>Venous Flow</td>
</tr>
<tr>
<td>Qₒ,o</td>
<td>ArterioVenous Flow</td>
</tr>
<tr>
<td>Rₒ,i</td>
<td>Inlet Resistance</td>
</tr>
<tr>
<td>Rᵥ,i</td>
<td>Arterial Resistance</td>
</tr>
<tr>
<td>Rₒ,o</td>
<td>Arterial Rent Resistance</td>
</tr>
<tr>
<td>Rᵥ,o</td>
<td>Venous Resistance</td>
</tr>
<tr>
<td>Rᵥ,i</td>
<td>ArterioVenous Resistance</td>
</tr>
<tr>
<td>Rᵥ,o</td>
<td>Venous Rent Resistance</td>
</tr>
<tr>
<td>Hₒ,i</td>
<td>Hemorrhage Index</td>
</tr>
<tr>
<td>Cl</td>
<td>Circulation Index</td>
</tr>
<tr>
<td>AHl</td>
<td>Aqueous Hemostasis Index</td>
</tr>
</tbody>
</table>

Figure 1: Schematic of the experiment including: arterial and venous conduits, chamber, arteriovenous resistor, reservoirs, recirculation pump, valves, three flow sensors (Qₒ,i, Qᵥ,i, and Qᵥ,o), and five pressure transducers (Pₒ,i, Pᵥ,i, Pₒ,o, Pᵥ,o, and Pₑ)
The hydraulic resistance elements of the lumped-parameter model are determined from experimental data and presented as mean ± standard deviation.

Table 3: Measured pressures at each node from the control (left) and hemorrhage (right) experiments as a function of extravascular pressure. Data presented as mean ± standard deviation.

<table>
<thead>
<tr>
<th>Resistance</th>
<th>Value [mmHg/(L.min)]</th>
</tr>
</thead>
<tbody>
<tr>
<td>( R_C )</td>
<td>29 ± 1.9</td>
</tr>
<tr>
<td>( R_{ar} )</td>
<td>0.94 ± 0.53</td>
</tr>
<tr>
<td>( R_{ar} )</td>
<td>100 (Not Empirical)</td>
</tr>
</tbody>
</table>

The governing equations representing the network in Figure 2 were derived using classical circuit theory, provided in the Appendix. These simultaneous equations were solved using MathCAD software then evaluated using Microsoft Excel.

**Characteristic Indices**

The effectiveness of EPAH was evaluated using relationships that quantify: 1) decreased hemorrhage rate, and 2) maintenance of antegrade flow. The Hemorrhage Index is defined as the percent reduction of hemorrhage flow rate due to elevated extravascular pressure:

\[
HI_P = \frac{Q_{H,P}}{Q_{H,0}} \times 100
\]

where, \( Q_{H,P} \) is the hemorrhage flow rate, the subscript 0 refers to the baseline condition (\( P_{EV}=0 \) mmHg) corresponding to maximal hemorrhage (HI=100), and the subscript P denotes the elevated extravascular pressure level.

Similarly, the Circulation Index is defined as the percent reduction of continued antegrade flow caused by extravascular pressure:

\[
CI_P = \frac{Q_{A,P}}{Q_{A,0}} \times 100
\]

where, \( Q_A \) is the venous flow (distal to an injury). A value of CI equal to 100 corresponds to the baseline hemorrhage condition at \( P_{EV}=0 \) mmHg.
CI equal to 0 corresponds to cessation of antegrade flow.

The difference between CI and HI was introduced to reflect the relative effect of extravascular pressure on circulation versus hemorrhage, termed the Aqueous Hemostasis Index:

$$AHI_P = CI_P - HI_P$$  \hspace{1cm} (5)

where a value of 0 indicates equal percent reduction in hemorrhage and circulation. A value of 100 would reflect complete cessation of hemorrhage without any reduction of circulation, and -100 would reflect the worst case scenario in which circulation was completely interrupted without any effect on hemorrhage. Resistances are presented as mean ± standard deviation. Indice values are presented as mean ± propagated error as determined via arithmetic error propagation functions [25].

Results

Experiments

Flow data from both the control and the hemorrhage experiments are presented in Figure 4. For both experiments, the arteriovenous and venous flows were equal ($Q_{AV}=Q_V$) within measurement error (data not presented). With regard to control data, the flow rate remained at baseline level until venous collapse was initiated at 20 mmHg (Figure 4a). Above 20 mmHg, flows decreased monotonically up to 100 mmHg. For the hemorrhage experiment, antegrade flow (taken as $Q_V$) was nearly constant until extravascular pressure reached 50 mmHg (Figure 4b). Between 50 and 100 mmHg, antegrade flow decreased monotonically to approximately 0.0L/min. Hemorrhage flow decreased in a similar manner over the full pressure range from 0 to 100 mmHg. At approximately 0.2L/min when the extravascular pressure was 90 mmHg, the flow was divided approximately equally between $Q_A$ and $Q_H$. For both experimental conditions, the antegrade flow was completely interrupted when extravascular pressure exceeded arterial pressure.

The Circulation Index increased above baseline from $P_{EV}=0$ mmHg to 10 mmHg where the extravascular pressure was insufficient to initiate venous collapse (Figure 5). Throughout the remainder of the extravascular pressure range, hemorrhage was suppressed while antegrade circulation was diminished but sustained. The Aqueous Hemostasis Index increased above baseline corresponding to suppressed hemorrhage with sustained circulation less than $P_{EV}=90$ mmHg. At this level and above, the Aqueous Hemostasis Index values were below zero.

Lumped-Parameter Modeling

The hemodynamic conditions from the experiment were reproduced with the lumped-parameter model (Figures 4 and 6). Experimental and modeled flows closely correspond as indicated by mean squared error values of $1.31 \times 10^{-1}$ and $1.28 \times 10^{-1}$ for the control and hemorrhage models, respectively. For the control conditions, the model underestimated flow when $P_{EV} \geq 20$ mmHg whereas with hemorrhage, the model underestimated flows throughout the range of extravascular pressure.
Discussion

The EPAH technique is anticipated to be useful for particularly bloody procedures such as those for trauma, aneurysm repair, arteriovenous malformation removal, or tumor resection. Use of this technique would provide the surgeon with more time to devote to the technical aspects of the procedure by reducing or eliminating the need for vascular clipping, cautery, and suturing to control bleeding. Also, a more attentive surgeon and shorter operating times would likely improve patient outcomes.

Although the suppression of hemorrhage with elevated extravascular aqueous pressure has been reported in the clinical literature [4,5,9,10], the studies here are the first to quantify this capability. Iglesias et al. [4,5] observed that during transurethral resection of the prostate, intravesicoprostatic pressures higher than 10 mmHg distorted the normal anatomy of vascular structures, which is consistent with the finding here that elevated extravascular pressure above venous pressure causes venous collapse. During the procedure, “hydraulic hemostasis” was achieved with a pressure of 90 cm H2O (66 mmHg) although the technique was complicated by the absorption of electrolyte-free irrigant via the open, cut vessels. In the venous bleed and simultaneous arterial and venous bleed models presented here, intravasation of fluid was predicted and contributed to antegrade flow as indicated by Circulation Indices greater than baseline for 10 ≤ PEV ≤ 40 mmHg. Jensen et al. [10] also demonstrated clinically that a pressure of 55 mmHg could be applied during shoulder surgery without detriment while facilitating visualization and the control of bleeding. Also during arthroscopic shoulder surgery, Morrison et al. [9] showed that pressurization of the subacromial space below systolic blood pressure by 49 mmHg was sufficient to arrest arteriolar and capillary bleeding. This was deemed significant because of the theoretical relationship to blood pressure and critical closing pressure.

The experimental system is a collapsible tube model that has been well-characterized [26,27]. Further, the experiment involved collapsible tubes connected in series, which is a configuration that has also been studied in great detail [28,29]. However, the control experiments were unique in their use of simultaneously prescribed arterial and venous hemodynamics. Consistent with reports from the literature (e.g. [30]), self-excited oscillations (flutter) in the venous tube were occasionally observed during the control experiment when the extravascular pressure was in the domains of 30 and 40 mmHg. Flutter was not observed during the hemorrhage experiments.

The experiments also demonstrated that the venous critical closing pressure determines cessation of antegrade flow, and there is not a benefit to increasing extravascular pressure beyond arterial pressure. Therefore, arterial collapse is an unimportant consideration for EPAH. Nevertheless, data showed that an arterial hemorrhage could not be completely suppressed while antegrade flow was sustained. Therefore, the use of EPAH to arrest arterial bleeding will likely cause venous collapse in the immediate vicinity. However, this does not negate the possibility of intermittent EPAH at arterial pressure for short periods of time. As extreme examples, highly metabolic organs such as the brain and heart are able to tolerate circulatory shock for up to 5 and 20 minutes, respectively, without permanent damage [31]. This would likely be enough time for the surgeon to emergently arrest bleeding with EPAH, clear the visual field, and repair the injury before lowering the pressure to allow reperfusion. Hence, the clinical implementation of EPAH could involve an intermittent extravascular pressure profile that is determined by the metabolic demands of the surrounding tissues.

For the limited venous collapse model, Circulation Indices were greater at all extravascular pressure steps compared to the normotension model. Further, for the venous bleed and simultaneous arterial and venous bleed models, the Circulation Indices were predicted to increase above baseline up to PEV<50 mmHg. For these models, Aqueous Hemostasis Index values remained above zero until the extravascular pressure step corresponding to complete venous collapse. For the hypo- and hypertension models, Hemostasis Indices were comparable to results for the other models while the Aqueous Hemostasis Indices reduced to zero above 80 mmHg and less than 70 mmHg, respectively. Circulation Indices for the hypotension case did not follow a consistent trend with increasing extravascular pressure. (Hypo- and hypertension data not shown)
With particular regard to cranial EPAH, a sustained antegrade flow reduction to approximately 25% of normal was shown to be necessary to cause hypoxia [32]. However, thresholds of cerebral ischemia (e.g. [33,34]) and normal cerebral blood flows (e.g. [35]) vary depending on the method of measurement.

A fortuitous observation from the experiments is the remarkable effect of merely 10 mmHg extravascular pressure for both diminishing hemorrhage and increasing antegrade flow. Further observations include that increasing extravascular pressure to 80 mmHg corresponded to a Hemorrhage Index of 46% and a Circulation Index of 52%. Also, the Aqueous Hemostasis Index became less than zero and the Circulation Index dropped below the threshold of 25% at 90 mmHg. Therefore, it would be reasonable to define an optimal (safe and effective) domain of continuous extravascular pressure from 10 to less than 90 mmHg, albeit for this particular set of conditions. Extending this observation to other situations may be performed ad-hoc, in which the indices of hemostasis and perfusion are used to define upper and lower bounds of EPAH pressure.

As demonstrated via the experiments, the Aqueous Hemostasis Index simultaneously captured changes in hemorrhage and antegrade flow. For the normotension, limited venous collapse, venous hemorrhage, and simultaneous arterial and venous hemorrhage models, a transition in this index from positive to negative values closely corresponded to safe and effective pressure domains identified using the aforementioned rationale. Hence, the Aqueous Hemostasis Index may serve as a concise means of determining boundaries of EPAH pressure. Nonetheless, difficulties in accurately modeling hypo- and hypertension suggest that additional experiments would be necessary to accurately calibrate these altered loading conditions. Ideally, a tube law would be utilized to model the resistance of venous collapse. It may seem counterintuitive to rely on an empirical relationship for the current lumped-parameter models in light of the numerous mathematical models that already exist for tube collapse. However, this was found to be necessary because inlet and outlet pressure were both dependent variables in these studies whereas tube laws assume a known transmural pressure (e.g. [36,37]).

Several simplifications were made for this study including time invariance, unsupported vessels, and an idealized rent. Although pulsatility is a significant feature of blood flow in large vessels, time invariance was chosen to quantify EPAH without the confounding effects of compliance and inertance. However, dynamic similarity was maintained such that the Reynolds numbers of the arterial and venous conduits were comparable to those of the abdominal aorta and inferior vena cava (for the control experiment with PEV=0 mmHg) [20]. Additionally, the vessels of the experiments were suspended in an aqueous medium without tethering along their length. In most circumstances, unless the vessel has been completely dissected, surrounding tissue will provide additional stress shielding against collapse. That is, deep vessels may not be affected by elevated superficial pressure. In addition to collateral circulation, this stress shielding may ameliorate the adverse effects of localized hemostatic pressure. Results of the limited venous collapse model suggest that a tethered vessel may permit more antegrade flow for a given extravascular pressure. Further, the punched circular hole does not necessarily represent a generic vascular wound. Instead, the independent variable of interest for this study was its hemodynamic resistance, irrespective of geometry.

Further investigations may include improved physiologically-based lumped- parameter models that feature pulsatility and autoregulation (e.g. [38]). Finite element models would be insightful for studying the effect of EPAH on compression of underlying vasculature embedded in tissue. Ultimately, in-vivo models would be required to definitively assess histopathologic damage from sustained elevated extravascular aqueous pressure. Such studies would incorporate physiologic characteristics that were not replicated by the experiments including pulsatility, a capillary network, collateral flow, autoregulation, and metabolism – all relevant to the safety and efficacy of EPAH.

Conclusions

Experiments were performed with arterial and venous pressure set at 100 and 10 mmHg, respectively. Relative to these prescribed conditions, experiments showed that hemorrhage could be diminished with increasing steps of extravascular pressure although above 40 mmHg, antegrade flow decreased due to venous collapse. At an extravascular pressure of 10 mmHg, the hemorrhage was decreased while antegrade flow was fully maintained. Above 80 mmHg, antegrade flow dropped below a threshold of 25% of normal. Above arterial pressure, flow ceased. Therefore, for the hemodynamic conditions prescribed in the experiments, it would be reasonable to define an optimal (safe and effective) domain of continuous extravascular to be from 10 to less than 90 mmHg.

Utilizing an electric analog of the experimental circuit, lumped-parameter models of normotension, limited venous collapse, venous hemorrhage, and simultaneous arterial and venous hemorrhages were established. For these models, a transition in the Aqueous Hemostasis Index from positive to negative values closely corresponded to safe and effective pressure domains identified using the aforementioned rationale. Hence, the Aqueous Hemostasis Index may serve as a more concise means of determining boundaries of EPAH pressure. Further, the limited venous collapse model indicates that a tethered vein may permit more antegrade flow for a given extravascular pressure. Also, the venous bleed and simultaneous arterial and venous bleed models suggest that elevated extravascular pressure may cause venous intravasation. Finally, additional experiments would be necessary to accurately calibrate the altered loading conditions of hypo- and hypertension.

Lumped-Parameter Model

The governing relationships involved in the resistive model are analogs of Ohm’s and Kirchoff’s laws: \( \Delta P=QR \) and \( \Sigma Q=0 \), respectively. When combined, those mathematical definitions specific to Nodes A, A′, V, and V′ of the experiment respectively yield:

\[
\frac{P_A - P_{A'}}{R_A} - \frac{P_A - P_{AA}}{R_{AA}} = 0 \tag{6}
\]

\[
\frac{P_{A'}}{R_A} - \frac{P_{A'}}{R_{AB}} \frac{P_{A'}}{R_{AB}} - \frac{P_{AA} - P_{A'}}{R_{AB}} = 0 \tag{7}
\]

\[
\frac{P_{A'}}{R_{AV}} \frac{P_{A'}}{R_{AV}} - \frac{P_{A'}}{R_{AV}} \frac{P_{A'}}{R_{AV}} - \frac{P_{A'}}{R_{AV}} = 0 \tag{8}
\]

and

\[
\frac{P_{A'}}{R_{V'}} - \frac{P_{A'}}{R_{V'}} \frac{P_{A'}}{R_{V'}} = 0 \tag{9}
\]

where pressures and resistances were previously defined, and \( P_{AA}, P_{A'}, P_{V}, \) and \( P_{V'} \) were the unknowns in the system.
Acknowledgements

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References


