



90 Second SMILE Program Improving Patient Outcomes with Integrated Oral Health in Primary Care Susan Stukes

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Abstract: The integration of oral health in primary health care offers affordable and accessible health care to underserved populations. Underserved populations include not just individuals below the poverty level. Oral health is one the most unmet health needs for many people, including seniors, pregnant women, working poor, and the middle class. So many have at some time in their lives had difficulty accessing oral health care. Oral health may improve patient outcomes and management of diabetes, cardiovascular disease, nutrition, mental health. For these reasons, it's imperative that health practitioners feel comfortable providing patients with basic oral health guidance. The 90 Second SMILE program was developed by Dr. Susan Stukes, who has been a dentist for over 35 years. The purpose of the 90 Second SMILE program is to teach and empower practitioners how to quickly assess the oral health of their patients, recognize red flags, provide guidance, and properly refer to dental professionals, which provides more holistic care for patients.

Biography: Dr. Stukes works in Philadelphia, PA and 6 other locations and specializes in General Dentistry.



Publications :

(1) "Knowledge of Health literacy" had six items rated on 7 points ranging from "strongly disagree" to "strongly agree".

(2) "Health Literacy Attitude" had four items rated on 7 points ranging from "strongly disagree" to "strongly agree". This scale was based on the Health Literacy Strategies Behavioural Intention Questionnaire (HLSBI), with a calculated Cronbach's alpha of 0.76 (reliability is adequate).

(3) "Self-efficacy" to apply consultation skills had 9 items rated on 5 points ranging from "not at all confident" to "very confident".

(4) "Health literacy consultation skills" had 16 items with questions on four different skills rated on 7 points ranging from "never" to "every time": "gathering information" (4 items) [17, "providing information" (5 items), "shared decision-making" (4 items), and enabling self-management" (3 items).

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