



Protecting the World from Metabolic diseases- Metabolic Diseases Meet 2020

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Metabolic disease meet in Dubai is a prominent conference with its best scientific programs that includes Oral presentations, Poster presentations, Symposiums, Workshops, Exhibitions that helps to explain the latest advancements in the field of metabolic diseases and cancer to the audience. The conference is held to summarise the effects of metabolic diseases along with the effects of Liver cancer. The major tracks of this event are Liver diseases, metabolic syndrome, Hepatocellular Carcinoma, Pediatric Metabolic Disorders, Metabolic Reactions and Nutrition, Diabetes- a Common Entity, Obesity and Bariatric Surgery, emerging therapies for metabolic disorders, Gastroenterology, Healthcare Management - An Alternative Remedy, Types of metabolic diseases, Hepatitis B, Hepatitis C, and Next Generation Ideology towards [Metabolic Disorders](#).

Metabolic Diseases Conference Highlights of the theme "Focus on current Investigations, Treatment and Preventive Strategies for Diabetes & Metabolic Diseases" Which basically focus on the most recent advancements in aversion and treatment of different metabolic illnesses which might be because of diabetic and endocrine difficulties and gives strong talks on Novel techniques and procedures identified with analysis, prevention and the management of Diabetic and metabolic issue and as well as exploring new thoughts and ideas for treatment of Endocrine Complications. A number of people who are suffering from Diabetes disorders continue to rise per each year. As reported by the World Health Organization (WHO), on an average 1 out of every 13 people are diagnosed with Diabetes each year and assumes that diabetes will be the 7th leading cause of death in 2030. Around 60% of the populations affected with Diabetes are uncaring of the situation. The importance of both diabetes and their comorbidities will continue to increase as the population ages.

For the past 6.5 years (2012-2018), the author has made 179 trips by air which included 69 long-haul travels and 110 short-distance travels. The average trip was 14 days. This paper provides his experience on maintaining his health during travelling days. Prior to 2015, both of his daily average glucose and Metabolism Index (MI),



Which has a 73.5% break-even level, were high. After 2015, his glucose and MI levels improved to a healthy state; however, he did not meet his own targets- glucose 117 mg/dL and MI 59%. Nevertheless, by following the guidelines listed below from the period after 2015, the author had better results, said Gerald C Hsu in his Keynote speech under the topic Health-maintaining tips for diabetes travelers.

The elaborated information of the above topic had been discussed in International conference on Diabetes and Cholesterol Metabolism during October 15-17, 2018 at Dubai, UAE. We are excited to declare the Upcoming conference [2nd International Metabolic Diseases and Liver Cancer Conference](#) during December 07-08, 2020 at Dubai, UAE.

References:

1. Health-maintaining tips for diabetes travelers by Gerald C Hsu, USA

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