The conference "3rd International Conference on Hypertension and Health" hosted by the Conference Series was held during August 24-25, 2018 in Tokyo, Japan, was successfully completed which offered a unique opportunity for investigators across the globe to meet, network, and perceive new scientific innovations. Benevolent response and active participation was received from the scientists, doctors, professors, nursing lecturers, nurses, pharmaceutical industries, healthcare industries, researchers and students from the fields of cardiology, those who involved in this successful event. The conference was initiated with the honorable presence of the Keynote forum. The list includes:

- **Title:** Problems Associated with Currently Used Hypertension Treatment and Their Potential Improvements of Excessive Blood Pressure, Blood Glucose and Body Weight by the Individualized Optimal Dose of Each Medication Plus Addition of Optimal Dose of Vitamin D3 Using Its Unique 7 beneficial effects.
  Yoshiaki O’Mara, International College of Acupuncture & Electro-Therapeutics, USA

- **Title:** EFdA: An Extremely Excellent Anti-HIV Nucleoside from Design to the Current Clinical Trials Results.
  Hiroshi Ohri, Yokohama University of Pharmacy, Japan

Conference Series is organizing "4TH International conference on Hypertension and Cardiac Health" which is going to be held on March 25-26, 2020 at Tokyo, Japan. Hypertension is the condition where the blood pressure in the arteries is persistently elevated at a constant rate. This is also called as called as high blood pressure or high vital sign or blood vessel cardiovascular disease .This session principally covers the various sorts of cardiovascular disease and their assessment. There are two major categories of cardiovascular disease; the primary disease and the secondary disease. Almost 90-95% of cases are primary and the main reason behind is the unhealthy lifestyles they follow which includes excess consumption of alcohol, salt, body weight etc. The theme of the conference is "Exploring the New Horizons to Cure Hypertension & Cardiac diseases". The conference will cover the field related to Hypertension and Cardiac Health.

**Key Highlights of the conference:**

- Hypertension 2020 provides the opportunity to connect cross-disciplinary researchers and experts from all-round the globe.
- Interactive sessions will help the young investigators to interact with experts
- Networking opportunities during sessions of Hypertension 2020 to promote collaborative research
- Multiple awards at Hypertension 2020 Congress: Best Research paper Awards, Young Researcher Awards, Best poster Award etc.
- Vendors/ solutions providers will have the opportunity to interact with end users and decision makers
- Upgrade your knowledge with new innovations and upcoming treatment strategies for Hypertension and Cardiac Health.

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**Glimpses of previous Conferences:**