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## The sources of moral distress in nursing academe

Saleem Al-rjoub

The Hashemite University, Jordan

Moral distress is a current challenge in the nursing profession, affecting nursing faculty within an academic institution. Many sources could cause a moral distress among nursing faculty, yet limited attention has been paid to these sources. Addressing these sources is now an important element in any academic setting.

The purpose of this study was to describe the lived experiences of nursing faculty in academe that have experienced moral distress in their role as an educator. Using a semi-structured interview guide, qualitative data was collected from ten faculty members in Oklahoma. Thematic analysis was utilized to aide in answering the research question. Results of the study indicate common themes as they pertain to sources of moral distress in academic setting.

There are five major themes in addressing the sources of moral distress among faculty in academic setting. These themes included the lack of administration support, faculty-administration relationship, feeling powerless, no involvement in decision making process, and working against the nursing value system. These themes address the sources of moral distress between the managers and faculty in universities.