

# 9<sup>th</sup> International Conference on Palliative Care, Hospice, and Wellness

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### The Power of Frequency Therapy in Modern Healthcare

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Frequency therapy is emerging as a groundbreaking approach in healthcare, offering non-invasive and drug-free solutions for a variety of health conditions. By utilizing specific vibrational frequencies, this therapy can support the body's natural healing processes, improve cellular function, and restore balance. Visionaries like Nikola Tesla, Dr. Royal Rife, and Albert Einstein suggested decades ago that frequency play a fundamental role in human health. Today, scientific advancements validate their predictions, making frequency therapy an essential tool for integrative healthcare, including palliative care, hospice services, and holistic wellness.

#### Scientific Background and Research

Research has demonstrated that electromagnetic and bioresonance frequencies can positively influence cellular activity. Studies published in the Journal of Alternative and Complementary Medicine have shown that targeted frequencies can enhance mitochondrial function, reduce inflammation, and support immune responses. Additionally, NASA has explored the effects of frequency-based therapies on astronauts to counteract bone density loss, muscle atrophy, and overall cellular regeneration in microgravity environments. Their studies on pulsed electromagnetic fields (PEMF) and low-level light therapy (LLLT) further confirm the efficacy of frequency-based interventions.

The Role of Frequency Therapy in Healthcare: Cellular Regeneration, Pain Management, Mental & Emotional Well-Being, Detoxification & Immune Support, Neurological Health

In palliative care, where comfort and quality of life are paramount, frequency therapy presents an innovative, gentle, and effective complementary treatment. Patients with chronic pain, fatigue, anxiety, and degenerative illnesses can experience symptom relief and improved well-being through targeted frequencies that support relaxation, reduce pain perception, and promote cellular healing.

#### Biography

Yvonne Schimmel is a dedicated holistic therapist, orthomolecular nutritionist, and author with a passion for health and well-being. She began working with frequency therapy in 2013 and is schooled in medical basic knowledge, allowing her to integrate advanced healing techniques with nutritional expertise. Yvonne has worked with clients across the Netherlands, Germany, Spain, the UK, and Mexico, helping over 5,000 individuals regain balance and vitality.

As an author, she shares her knowledge in *Eat Well, Uncover True Health*, a book focused on nutrition, and has co-authored *Global Conscious Entrepreneurs: Entrepreneurs Leading the World* and *The Art of Connection: 365 Days of Abundance Quotes*. Through her work, Yvonne empowers others to take charge of their health using holistic approaches. Her dedication to natural healing and global experience make her a sought-after expert in the field of wellness and frequency-based therapies

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