

The Importance of the Balance Regulation by the "COR-WAY" Thesis-Praxis at the "Heart-Brain-Axis" - in the Physiotherapy

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Introduction-Background:

The heart has a neuro-organ, means His Own Brain, excluding the Conductive System! Ca. 40000cells. By that, it is a Heart-Brain-Communicative -Axis-Coherence, which needs a balance between the two. We can find these intuitive at the Greek Culture, such as „Kalos Kagatos“. In healthy body, a healthy Soul! They communicate by a low frequency Gamma Waves /0,1 Hz/ harmonising the two organs into a so-called „Gamma State“.

Methods:

The unique. powerful „COR-WAY“ Method, based on that Coherence – by motivation awake or optimise at first the balance of the individuals walking movement, verbal and by a supporting tool, - as Mozes and Asclepius already had this supporting Staffs,- which tools in a „Crossing Form“ later helps to find the optimal rhythm or frequency/energy/ for the Soul as well

First Step:

To open and point on the critical actual disturbing points of the Axis Balance in life of the clients and in the Curriculum.

Second Step:

Find the exact Direction for Solutions of the Heart-Brain-Axis Coherence.

Third Step:

The COR-WAY Method“- has 8 definitive different supporting points to follow step by step – movement, meditation, cognitively and decision trainings, time managements, connection training and also a feeding program. It is a holistical art, Nature Based treatment!

Result and Conclusion:

The COR-WAY Method“ had till today over 7000 clients /mostly females/ in 57 different geographical places. The success or satisfaction rate by questionnaire tests was over 95 %.

Biography:

Ernő Remsey-Semme M.D., Royal Brompton-Hare field Hosp. NHS Foundation Trust. London, UK has completed his Research in the NHS Foundation Trust In the London city, [United kingdom](#). He is the director of Research in COR-WAY“ [Thesis-Praxis](#) at the "Heart-Brain-Axis. He has published more than 15 papers in [reputed journals](#). . The success or satisfaction rate by questionnaire tests was over 95 %.