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Self esteem of the patients with substance use disorder attending the DDTC Unit, PGIMER, Chandigarh

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Addiction influences performance of an individual as well as viability of his life and also intensifies the problems both physically and psychologically. From psychological perspective, the devastating influence of substance addiction is exceptionally significant as the major consequences not only cuddle the individual but also ruin the personality facets, social functioning, neighbouring environment, family, friends and overall quality of life. The objective of the study was to assess self esteem of the patients attending the DDTC unit of PGIMER, Chandigarh

The descriptive study included 60 males aged between 18-50 years based on Consecutive sampling technique. The self esteem of the patients was assessed by using the Rosenberg self esteem scale. Data was collected between July to October, 2018 in the DDTC unit, PGIMER, Chandigarh.

The result depicted that the mean age of the participants was 30.45±8.59 whereas the age range of participants was 18-50. Around 50% participants had started abusing substances before 19 years. The mean age for starting substance abuse is 22.98±6.04 and range varies from 12 years to 40 years. Majority of the participants (73%) had moderate self esteem. The mean self esteem of the participants was 22.17±4.49 with a range of 11-34.

The incidence of substance abuse is increasing day by day. Adolescents are more vulnerable for initiation for substance abuse whereas substance dependence leading to substance use disorder is most commonly seen in young adults.

Biography

Dr. Karobi Das has completed her PhD in 1993 from Postgraduate Institute of Medical Education and Research, Chandigarh India. She has worked as a Play Therapist in the Department of Psychiatry, PGIMER, Chandigarh from 1993-1997. Since then, she is working as Lecturer in Clinical Psychology at National Institute of Nursing Education (NINE), PGIMER, Chandigarh. She has published more than 75 papers in reputed journals. She also serves as Acting/Officiating Principal in the absence of the regular Principal.

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