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WEBINAR

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## Schizophrenic patient and nicotine addiction clinical observation in mental health psychiatry outpatient clinics

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**Background:** Mild schizophrenia patient with nicotine addiction may have benefit from alternative therapy such as cognitive behavioral therapy added to nicotine replacement therapy compared to other substance abuse, but patient with severe schizophrenia a token economic therapy is best chose.

**Objective:** To decrease risk of cardiovascular and pulmonary compaction and early death.

**Methods:** Clinical observation with schizophrenic patients and nicotine addiction.

**Result:** Patients referred to psychotherapy in addition to nicotine replacement for better outcome.

**Conclusion:** In agreement with literature mild schizophrenia get benefit from cognitive behavioral therapy than sever schizophrenic patients.