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Respiratory Diseases and nursing care in Pediatric age at the Pediatric hospital at QSUT. Albania

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Purpose .One of the main focuses of this strategy is that on children, as the most vulnerable group to environmental pollution, while the strategy relies on five key elements. For this reason, four priorities of health effects on children have been specified

Methods: Our study included only 100 children, out of 500 cases hospitalized in the pediatric ward, Octobre 2019_ February 2020. Environmental pollution in the capital is the cause that 57% of children living in Tirana suffer from respiratory infections. According to the study, 26% of children suffer from upper and lower respiratory tract infections, while about 11% of children have difficulty breathing, and about 20% of them are affected by these allergies. The data obtained were: age of the child, hospitalization diagnosis, oxygen saturation SatO2, the need for mechanical ventilation, days spent in mechanical ventilation, etc.

Results: We divided the children into age groups to see if there was a connection between the diagnosis and the other components. Birthplace and place of residence of children separated in town / village. Environmental pollution in the capital is the cause that 57% of children living in Tirana suffer from respiratory infections. The impact of humidity on the recommended norms, increases the possibility of developing respiratory diseases.

Biography

Mrs. Denisa Veseli(BEGO) is a Lecturer in Nursing, since 2004 at the University of Medicine, Tirana. In 2016 she won her Doctorate in Nursing Sciences, Tirana, Albania. She has published various articles in the field of nursing care.