35th European Neurology Congress

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Webinar

J Neurol Disord 2021

Public speaking for cowards - Gaining confidence and power

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USA

Presentations, Webinars, Impromptu speaking - How would you like to speak with authority, confidence, capture the attention of your audience and maybe even learn how to add humor. NO, you don't imagine the audience in their underwear! Instead, get to the root cause that creates fear. After growing up shy and introverted, your speaker will share how he turned his life around to become a professional speaker, and how you can learn quick strategies to be fearless and speak with confidence.

Learning Objectives/Outcomes:

- 1. Learn to speak with Kick A** Confidence
- 2. Identify the fear that holds you back
- 3. Learn strategies to overcome nervousness

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